DISCOVERING
A NEW
WORLD
76

Railsplitter

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Gradually, we have discovered that the earth is not one but many worlds. Each is separate from, but dependent upon the others. Each is influenced by the successes and failures of surrounding worlds. But most importantly, each new world is the result of the past.

We, the People, of Lincoln High School, have attempted to form a more perfect union by growing both emotionally and intellectually, and therefore, winning freedom. Through these critical years, we have proved that we can be successful. Our job is finished; we are now declaring independence.

When we entered Lincoln, we discovered that we were in a new world. Like our country's founders, we decided to stay to work and build upon it. Through our efforts, we developed pride and spirit. For us, 1976 has been a prosperous year. We watched as our athletes strove to better their performances. We saw our musical groups, once again, prove themselves invincible. We joined clubs and organizations to help make our school one of the finest in the state. It is this common pride and spirit that binds us together and allows us to work with one another. It also links us with our nation's founders. We have worked to build and perfect an institution.

The long awaited year of 1976 has finally arrived. With it, comes the barrage of the grand "Bicentennial". It was found an obvious event to capitalize upon. At Lincoln, we chose to skip over the trinkets, the songs, and the red, white, and blue, and look, instead, at the deeper significance of the bicentennial. We are paying a tribute to the monumental decisions, documents, and accomplishments made by people throughout our country's history. We are taking this opportunity to realize the effect the past will have upon our future.

We The People...

Sophomores face new Lincoln life

Orientation, August 28, brought 772 new sophomores to Lineoln. The addition of these sophomores brought Lineoln's total enrollment up to 1,989. The auditorium was full of sophomores with bewildered faees, wondering what was going on. First, they were read the school policies, and then shown to their homerooms. Afterwards they were found exploring the hallways with the aid of a map, published by the journalism classes. Many seniors and juniors assisted the sophomores on the first day. Along with the new sophomores, the first day brought the opening of a new parking lot and additional rooms.

Sophomores (far above) listen attentively at a sophomore assembly. Sophomores (above) focus their full attention on a sophomore football game.

Sophomores (left) abandon their shyness, and cheer at a Pep Assembly. The sophomore class has shown much spirit this year. Sophomores (above) get down to work in a math class.

Sophomores Janet Tucker and Jack Rush (left) perform a well known Lincoln tradition. Rubbing Abe's nose is supposed to bring good luck. Sophomores (above) gather in the halls for a laugh between classes.

Homecoming reflects senior spirit

Homecoming started the year off with a great show of school spirit. The traditional Powder Puff game was played between Pep Club and the Cheerleaders, Drill, Flags, and Baton teams. Pep Club won 24-6. Halftime entertainment was provided by the Flagettes, led by Co-captains Chris Kern and Dennis Livingston.

Friday morning, following long hours of hard work, the senior sign was escorted to Lincoln. Basing the sign on the bicentennial, the theme was "Spirit of '76."

The Coronation Assembly created spirit for the game to come with new skits, the annual pie throwing contest, and the crowning of the king and queen.

The annual Homecoming game brought a 27-7 victory to spirited onlookers. Halftime entertainment provided by the Band, Flags, Batons, and Drill Team included the presentation of the Homecoming king and queen and their court.

The Homecoming Dance brought an end to festivities on October 4. Music was provided by Antelon.

Senior Sign Officers Bruce Staples, Pam Cross, Michelle Brown, Peggy Houghtaling and Sponsor Mr. Jerry Chiaramonte proudly await the transport of the sign.

(Above) Andy Leto runs to gain yardage, but is stopped by Drill Team defender Wendy Jones. (Above right) "It's 5:30 a.m.," mumbles Mark Morgan, captain of the football team, and Powder Puff coach, to girls who are kidnapping him for a breakfast prior to the annual Powder Puff game. (Right) Drill Team, Cheerleaders, Flags, and Batons fire up for the big game. Working hard are the senior coaches Mark Morgan, Jeff Ball, Earl Agan, Rick Kaili, and Roger Hart.

Seniors gather on the front lawn to display the hard work done on the 1976 Homecoming Senior Sign: "Spirit of '76." The Pep Club Powder Puff team, with Senior Coaches Chuck Agan, Jim Bell, Jon Stapes, and Jan Enslow proudly pose before their third consecutive Powder Puff victory. Teachers Mrs. Barbara Shepherd, Mrs. Leigh Lussie, and Mrs. Gelene Baldis (below left) appear nervous before presenting their Homecoming skit. Seniors Michelle Brown, Pam Cross, Kathy Felice, and Peggy Houghtaling (below) add finishing touches to meet the deadline for the Senior Sign.

Queen Elizabeth, King Christopher reign

The crowd grew quiet as the Homecoming King and Queen were about to be announced at the coronation assembly on October 3. Afterwards, instead of the traditional walk, King Chris Kern and Queen Liz Harbert were moved around the gym on a small platform with wheels. This was the first year for such a thing at Lincoln.

The Homecoming Court consisted of king candidates Jon Stapes, Chuck Agan, Graig Brown, and Dennis Livingston. The queen candidates included Laura Blunck, Tammy Huggins, Tracy Umdenstock, and Nancy Link. The first runner-up couple in the court was Jon Stapes and Laura Blunck.

Swing Choir, under the direction of Carol Stewart, performed as students, faculty, and distinguished alumni observed the coronation.

Chris Kern and Liz Harbert (right), display mixed emotions as they are crowned the 1975 Homecoming King and Queen. They were also presented during halftime of the Homecoming game and presided over festivities at the homecoming dance.

(Above): The 1975 Homecoming Court consists of Nancy Link, Jon Stapes, Tammy Huggins, Chuck Agan, Tracy Umdenstock, King Chris Kern, Laura Blunk, Dennis Livingston, Graig Brown, and Queen Liz Harbert.

(Above left) Homecoming attendants Tammy Huggins and Chuck Agan are introduced in the Coronation assembly. (Left) Tracy Umdenstock excitedly clings to Graig Brown's arm. (Above) First runner-up Laura Blunck and Jon Stapes proudly walk down the aisle.

(Left) Nancy Link and Dennis Livingston stroll proudly past the coronation crowd. (Above) Queen Liz Harbert and attendants Tracy Umdenstock, Nancy Link and Tammy Huggins observe activities at the Homecoming game.

Pep Club reflects spirit

During the 75-76 school year, Pep Club attended football and basketball games bringing along their enthusiasm and school spirit.

Pep Club was led by President Amy Amend, Vice-president Stephanie Wedemeir, Secretary Sherri Volz, and Treasurer Diane Steele. The club was sponsored by Mr. Van Tuyl.

Pep Club organized buses to some of the out-of-town games. As a group, they provided much encouragement and enthusiasm, plus a background of school colors by sporting new gold sweatshirts during the football season. They are led, in the cheers by the cheerleaders and show their support to the athletes, as well as to the speetators.

Pep Club officers this year are Sherri Volz, secretary; Diane Steele, treasurer; Amy Amend, president; Stephanie Wedemeir, vice-president.

Pep Club (above right) chants, "We're No. 1" at the Lincoln-Hoover game. Pep Club (right) sings the fight song while the Lincoln basketball team warms up on the floor. Rowdies (above) add spirit to the Pep Club this year.

Lincoln Pep Club (above) is disinterested as the Hoover players are announced. Pep Club (below) shows enthusiasm in a "minute of madness."

Cheerleaders focus on enthusiasm

The 1975-76 Varsity Cheerleading Squads were divided in two groups of eight to support designated sports. The Football Squad cheered for varsity football, wrestling, girl's swimming, and girl's basketball. The Basketball Squad cheered for boy's varsity basketball, cross country, and boy's swimming.

This year two alternate cheerleaders were added to fill in for absenees. The two squads purchased new uniforms to add sparkle at the sport events and at traditional pep assemblies.

The majority of the girls attended a summer NCA Cheerleading Camp held at Lake Okoboji. New cheers and modern pom pom routines were learned and performed at school events. Also, during the summer, the varsity and sophomore squads worked together, four days a week to practice for upcoming seasons. Money raising projects consisted of selling Lincoln hats, bake sales, and a jewelry sale.

Liz Harbert, Jean Tursi, and Jean Trafford (above), yell encouragement to a Lincoln wrestler.

Vicki VanCleve, Linda Groves, and Diane Seeber (above), await the start of a Cross Country meet. The football squad (right) includes: (first row) Michelle Gasperi, Kym Erickson, Captain Tammy Huggins, Jean Trafford, and Jean Tursi. (Second row) Paula Turisi, Liz Harbert, and Debi Carle.

Cheerleading alternates Janice Walker and Cathy Sagrillo (above) lead cheers at a Pep Assembly. Nancy Link, Tracy Umdenstock, Vicki VanCleve and Linda Groves (right) display a creative mount during a timeout!

Displaying support to the Girl's Basketball players are (above) Liz Harbert, Kym Erickson, Jean Tursi, Jean Trafford and Tammy Huggins. The basketball squad (right) includes: first row; Lesley Seibert, Nancy Link, Captain Tracy Umdenstock, Pam Rizzuti, and Diane Seeber. Second row: Linda Groves, Vicki VanCleave and Lesley Benda.

Sophs spark new spirit

Spreading spirit at the sophomore aetivities was the major goal of the Sophomore Cheerleaders. The Cheerleaders were chosen from various southside junior highs, last spring.

During the summer they attended praetiees and learned traditional Lineoln eheers, taught by the Varsity squad. Under the aid of eaptain Betty Koeppl, the girls attended wrestling meets, and football and basketball games, throughout the 75-76 school year. By eheering at these aetivities, they helped baek their sophomore team to a sueeessful season.

Sophomore cheerleaders pictured (above) are, first row: Karen Docken, Debbie Seeber, Kelly Carle. Second row: Debbie Judish, Lynn Webb, Kay Gable, Betty Koeppl, Doreen O'Hara.

Lynn Webb, Doreen O'Hara, Kelly Carle, and Debbie Seeber (above) mount during quarters at the Lincoln vs. Tech game. Sophomore cheerleaders (right) arouse spirit at a sophomore football game.

Matmaids cheer wrestlers on

Matmaids (first row) Linda Hutt, Chris Masiello, Diane Maxwell. (second row) Nancy Smith, Marsh Reynolds, Kathy Stover, Kelly Kramer.

Matmaids have been busy this past year. The group consisted of seven members.

They provided our wrestlers with tags before each meet. Before the meet the girls passed out programs and handed out the rosters. During the meets, they provided the wrestlers with orange slices, along with keeping score and announcing. They sold key chains as a fund raising project.

At the Lincoln Invitational they decorated the locker room for a change of pace.

The group is led by Captain Marsh Reynolds and Co-Captain Linda Hutt; other members include Seniors Nancy Smith and Kelly Kramer; Juniors Kathy Stover and Diane Maxwell; Sophomore Chris Masiello.

Matmaids Marsh Reynolds and Linda Hutt (above) pin candy tags on patient wrestlers. Putting up the scores (left) at the Lincoln-Tech wrestling meet are Nancy Smith and Chris Masiello.

Drill Team involves dance, imagination

The 1975-76 Drill Team began performances early by marching at the Shriners bowl game and parade. They also helped at the Jerry Lewis Telethon.

To help raise money for the trip to Florida with the marching band, the Drill Team had many fund raising projects which included selling candles, a bake sale, and a car wash.

The squad was led by co-captains NorRae Merkel, and Jill Stanley.

New dance steps and a Bicentennial touch were added to many routines during the basketball season. The girls added spirit to Lincoln by making tags, decorating locker rooms, and cheering through the halls on game mornings.

Captains NorRae Merkel and Jill Stanley display the school banner as marching band performs in the background.

First row: Cindy Osborn, Radona Watrous, Mary Davis, Michelle Berard, Patty Shelton, Ingrid Stundins, Melody Knauer, Sarah Clark, Diane Heggen, Debbie Proudfit. Second row: Susan Lang, Becky Schmaltz, Shelly Woods, Linda Close, NorRae Merkel, Jill Stanley, Bonnie Erickson, Wendy Jones, Teri Harper, LeAnn DeRus. Third row: Pam Cross, Carol Kent, Julie Guess, Tracy Elder, Cindy Brokens, Dianne Moore, Peggy Houghtaling, Gale Sage, Patty Watson, Vicky Holman, Anna Bridgford, Tarcie Mehl, Ann Weberg, not pictured Belinda Sly.

Senior Shelly Woods holding the American flag, hows to the National Anthem.

Senior Cindy Brokens leads cheering Drill Team down the halls on a Friday morning.

Drill Team members Patty Watson, LeAnn DeRus, and Diane Heggen (ahove right) entertain the student body at the pep assembly. Seniors Bonnie Erickson, Linda Close, and LeAnn DeRus (above) perform at the Ambassadors Club chicken dinner. Ingrid Stundins, Belinda Sly, Debbie Proudfit, and Radona Watrous perform with marching band at the homecoming halftime in honor of the Homecoming court.

Flags brighten athletic events

The Lincoln High Flag twirlers, under the leadership of Captain Sheila Griffin, Co-Captain Sheryl Caudill, Secretary-Treasurer Vicki Woods and Sponsors Cathy Myers and Sally Fisher had a very successful and fun filled year. The twirlers practiced during the summer months and at 7:00 each morning to become well prepared for performing at football and basketball halftimes, as well as in some parades. A Florida trip was well deserved after the girls raised money through candy and jewelry sales.

Further activities included a Christmas party and Teepeeing during Homecoming at various players' houses.

Flag Twirlers practice at Hutchens Field for an upcoming performance (right). (Below) Cindra Machir concentrates on marching at a football game.

The Flag Twirlers: (first row) Cindra Machir, Sheila Griffin, Kim Kramer, Sheryl Caudill, and Risa LuEllen. (Second row) Jeri Jorgenson, Linda Schweiger, Liz Hall, Joan Paulson, and Vicki Woods.

Baton Corps proclaim spirit

The new five-member Baton Corps, under the direction of Captain Jeri Balducki, performed with the marching band. The members, Julie Poore, Sue Marshall, Rhonda Rice, and Sue Byers chose new uniforms for the 1975-76 year.

The highlight of the year for members of the marching band, including the Baton Corps, was a trip to Florida in December. The girls sold candy to earn money for the trip.

Baton Twirlers (above, first row) Julie Poore, Sue Byers. (second row) Rhonda Rice, Captain Jeri Balducki, and Sue Marshall. (right) Sue Marshall pauses during a half time routine.

(Above) Baton Twirlers Sue Marshall, Jeri Balucki, Rhonda Rice, and Sue Byers perform during a pre game presentation. (left) Baton Twirlers, Jeri Balucki, Sue Marshall, and Julie Poore, skim through a routine.

Marching Band adds bicentennial flavor

The Marching Band, under the direction of Dennis Dowell, went to Jacksonville, Florida this year. Approximately 115 band members, along with members of the Drill Team, Flags, and Batons played at the Gator Bowl football game on December 29. To raise money for this trip, the band sold three pound boxes of cheese, conducted a paper drive, and worked on the BLH drive.

The band was rated number two on a standardized test for marching bands. The Marching Band, striving towards perfection, had early morning and midday practices every day.

The band also traveled to Iowa City to march in the University of Iowa's Homecoming Parade.

Piccolo player Rondelle Klimowski (above) concentrates on halftime performance.

The Marching Band (upper right) forms diagonal lines at the halftime of the Lincoln-Dowling game. The performance was of bicentennial flavor. After a spectacular performance (above) the Marching Band relaxes with enjoyment.

Members of the Concert and Marching Band: (first row) L. Reihsen, K. Carle, S. McMurray, P. Thompson, J. Whitfield, D. Fisher, E. Albright, R. Klimowski, S. Fennell, S. Roth, K. Caluzzi, M. Davis, D. Cross, K. Ashbaugh; (second row) V. Stuck, N. Price, L. Ruble, S. Hessong, B. Fredrick, T. Mehl, J. Stanley, K. Burnett, R. Scott, P. McVey, L. Derus, L. Dobbins, W. Jones; (third row) C. Fraser, K. Sarasio, C. Krieg, L. Schroder, T. Mack, L. Stundins, D. Draper, P. Shaw, R. Meyrat, M. Knauer, D. Crapser; (fourth row) J. Burns, L. Trullinger, S. Fisher, K. Dickerson, P. Melcher, R. Smith, B. Burson, D. Backstroms, T. Jones, J. Proudfoot, T. Heggen, E. Russo; (fifth row) M. Squire, M. Brightman, R. Winship, R. Soroka, C. McBee, D. Spencer, J. O'Donnell, J. Tew, M. Monroe, J. Stevens, J. Pulliam; (sixth row) D. Crise, R. Stotts, C. Hanson, F. Montanaro, S. Isaacson, R. Conkling, B. Anthony, K. Parker, R. Hart, J. Crouch, S. Kuntz, D. Phillips; (seventh row) G. McDonough, T. Sawyer, P. Thurmond, J. Martinez, P. Lockwood, M. Clark, S. Hall, T. Olson, S. Snook, D. Knight, P. Crum, L. Castellano; (eighth row) Mr. D. Dowell, R. Armel, J. Cole, M. Beauchamp, G. Shipman, K. Egenberger, R. Baber, R. Reed, C. Connor, J. Hansen, G. Johnson, R. Powell.

Drum major Ray Smith (above left) prepares to perform. Band Director Mr. Dennis Dowell (above center) looks pleased after a fine halftime performance. Ray Armel (above right) gets the band in line for a parade in Iowa City.

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Jazz Band, Orchestra have active year

Jazz Band and Orchestra have grown in numbers this year. Both had many performanees throughout the year, which meant extra practiee.

Participating in various festivals, the Jazz Band was very active this year. They studied the different aspeets of playing jazz music, and performed at speeial benefits, and listened to many other eoncerts. The Jazz Band was under the direetion of Mr. Dennis Dowell.

The Orchestra, direeted by Sandra Tatge, worked hard this year. They spent many hours practicing for their performanees. The group eheeked out music from the libraries for practiee, and learned to like eultural music.

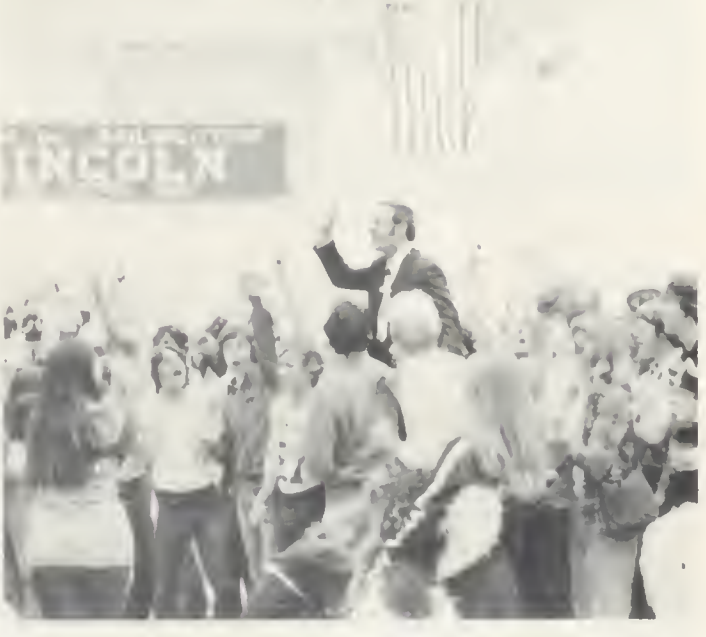
Jazz Band members (first row) G. Johnson, P. Thurmond, J. Crouch, Mr. Dennis Dowell, J. Burns, T. Heggen, R. Smith, (second row) R. Soroka, S. Kuntz, D. Phillips, E. Albright, S. Fennell, C. Mcbee, R. Hart, S. Hall, (third row) S. Fisher, B. Anthony, R. Armel, R. Reed, J. Cole, G. Shipman, C. Hanson, R. Baber, R. Stotts.

Seniors Ray Smith and Roger Hart (above) practice for a performance. A jazz band is not a real jazz band unless it has a whole row of saxaphones (right).

Melody Knauer, Andrew Leong, and Shari Hutchinson (left) practice for an upcoming concert. Orchestra members this year (seated) Mark Squire, Melody Knauer. (standing) Mrs. Sandra Tatge, Shari Hutchinson, Teresa Miller, Rebecca White, Andrew Leong.

Members of the wind ensemble this year are (first row) R. Scott, P. McVey, P. Thurmond, L. Schroder, C. Fraser, R. Klimowski, T. Mack, L. Dobbins. (second row) J. Whitfield, L. Ruble, M. Brightman, R. Winship, R. Hart, S. Kuntz, R. Soroka, S. Fisher, K. Sarasio, R. Armel. (third row) S. Snook, R. Stotts, T. Heggen, R. Smith, S. Hall, R. Baber, G. Shipman, R. Reed, M. Clark. (standing) D. Dowell, M. Squire, D. Phillips, J. Crouch, J. Burns, C. McBee, P. Crum.

Roger Hart takes time out during a band rehearsal.



(Above left): Lincoln's student body displays enthusiasm for the boy's football team. (Above right): Senior Michelle Brown "creams" Junior Nevin Bruce at the assembly for SAT sales. (Above): The football team is shown encouragement by several supportive senior boys. (Above center right) Coach Rhoads is lifted above the crowd as overwhelming spirit is ignited. (Right): Cheerleaders (left to right) Jean Trafford, Jean Tursi, Debbie Carle, Vicki VanCleve, Kym Erickson, Leslie Benda, Lesley Siebert and Paula Tursi present a skit on school spirit.

Pep assemblies ignite spirit

The student body of Lincoln showed its number one spirit throughout the enthusiasm of our pep assemblies. Excitement and pride were always elements. The pep assembly preceding the last football game of the season, played against Dowling, ignited much spirit throughout the gym. The enthusiasm spilled onto the floor. A large group of students participated in expressing so much spirit, that they were late returning to their classes.

At most of our pep assemblies we expressed our excitement through a "Minute of Madness," a carry over from last year, everyone simply goes "bananas." At the Christmas assembly, put on by the Creative Writing Class, carols were sung, poems were read and Santa Claus was brought to life. The Concert Choir helped out with the singing of carols.

At each of the assemblies, recognition was given to all of the minor sports. Members of these sports expressed the importance of spectators, in hopes of drawing a larger crowd.

(Left) The junior class proudly shouts their "battle cry." (below) Drill Team Captains NorRae Merkel and Jill Stanley are presented an award by the Shriners.

At an assembly during the basketball season, the cheerleaders captured the images of our basketball players. Above is Cathy Sagrillo with spaghetti in hand, imitating Mike Caliguri.

Mimes prove "Silence is Golden"

The Mimes, probably the quietest group at Lincoln, came alive as they gave their annual performance on November 6 and 7. Keeping with the "Spirit of '76," the Mimes based their show on a bicentennial theme. Under the direction of Miss Carol Harms and student directors Jon Zarley and Nate Runkel, the Mimes performed to a full house both nights. The publicity involved in the show, including many posters and promotions, encouraged the good turnout. The mimists also gave performances at grade level, promotional assemblies and at many southside junior highs.

Above: Mimists Connie Newton, Troy Arrandale, Mark Morrison, Jack Pulliam, and Mike Erickson perform in the pantomime "War," symbolizing the advancement of war from prehistoric methods to nuclear bombing.

Jack Pulliam and Jeff Gabler (above) take their positions for the black light mime, "Freedom." Senior mimist Nate Runkel (right) prepares for a loud explosion from the "Firecracker," composed of other mimists.

Lisa Hollet, Bob Larson, Liz Heller, Jeff Gabler, Jon Zarley, Mike Erickson, Nate Runkel, Laura Schissel, and Jack Pulliam march into place during a bicentennial finale.

Pilots Liz Heller and Jon Zarley (above) parachute down with "Hijacker" Mary Blaisdell hanging on. Above right: Jim Hanson, the invisible man, attempts to arouse the attention of Mark Morrison and Troy Arrandale.

'Charley's Aunt'...a comical experience

"Charley's Aunt" was presented Feb. 9 and 10. Directed by Carol Harms and student director Nate Runkel, the play was the high point of the year for the drama students involved.

The ten member cast worked hard preparing for the comedy. Taking place in England in the 1800's, the play was a comedy situation involving the substitution of a young college man, well disguised, for a matronly lady chaperone, Charley's aunt. The play brought laughter to the crowd both nights, and proved to be very successful.

Much of the drama department was involved in the production of the play.

Madam Donna Lucia D'Alvadorez (Laura Schissel), (right) sobs at the thought of a lost flame, while Ela Delahay (Judy Macasa), trys to console her.

Disguised as Charley's Aunt (Jon Zarley), entertains Jack Chesney (Jeff Gabler), Charley Wykeham (Phil Yetter), and Amy Spettigue (Ann Clark).

Stephen Spettigue (Mark Morrison), (above left) is applauded by the appearance of Charley's Aunt. Charley's Aunt (above) consoles Kitty Verdun (Chris Heck) and Amy Spettigue.

Jack Chesney (left) is overjoyed at receiving money from his father Frank Chesney (Dennis Jantz). Brasset (Dave Mills) (above) chuckles at the situation his employers are in.

Swing Choir proves invincible

The Swing Choir, under the direction of Mrs. Carol Stewart, held up their three-year winning tradition this year. Winning first place in both the Cedar Rapids Kennedy competition, and the Mid-America Jazz festival in Omaha, completed three years of undefeated competition.

In addition to competition the Swing Choir also gave many special "gigs," the most honored of these being a show given for the Governor of Iowa and Japanese Governors. Another fun day saw the choir entertaining the Vietnamese Refugees for their first Christmas party in Iowa.

The Choir also held two programs in November and April. To prepare for all of these activities the choir practiced every morning between 7 and 7:30 a.m. Under the leadership of President Russ Morris and Vice President Nate Runkel, the group had a very successful, fun-filled year.

Swing Choir Band and soloist Kim Minard perform, "I've Got the Music in Me," at a promotion assembly at Brody Jr. High.

The Swing Choir (above) includes: (first row) Jon Zarley, Roger Parlee, Nate Runkle, Kay Andrews, Wendy Morton, Phil Yetter, Kathy Felice, Kim Minard, Bruce Staples, Dave Jones, Jim Griffith. (second row) Karla Burnett, Renee Birdsall, Mark Morrison, Mary Read, Dave McCleary, Cathy Wheeler, Mike Montis, Carla Brown, Mari Albright, Russ Morris, Gayle Garnett, Emi Albright, Scott Bittick, Chris Riccelli, Director Carol Stewart. (third row) Dean Zenor, Laura Douglas, Kathy Walsmith, Karol Kratz, Kelsey Koons, Dena Wilson. (fourth row) Sheila Cherry, John Benton, Cindy Timmons, Pat Craig, Tracy Carroll, Robin Hochstatter, Peter Brown, Joe Joyce, Greg Chamberlain, Mary Walker, Dennis Jantz, Becky Freeman, Jack Pulliam, Todd Taylor.

Jon Zarley and Mark Morrison (the fig), (left) perform their comedy bit in the fall Swing Choir show, "'75 Up and Away." Soloist Karol Kratz (above) holds the crowd's attention as she sings "Listen." Karol composed the song herself.

Members of the Swing Choir (above) perform a choreographed number to "Nothing Can Stop Me Now." Director Mrs. Carol Stewart (right) directs the choir at Brody Jr. High. The choir gave promotional assemblies at all of the southside junior highs during the course of the year.

Concert Choir strives for perfection

Many changes were made in the Concert Choir over '75-76. With the enlargement of the choir to 130, more complicated, double choir music was accomplished. The choir was split into two groups meeting first and second hours. Sporting new custom-made gold robes, the choir performed three major concerts throughout the year. Plans for a spring choir tour began early in the year along with fund raising projects to finance the tour. Some of these projects included BLH, a paper drive, a leaf rake, popcorn and sock sales, jewelry sales, and a mixer.

The Concert Choir was also involved in the making of a bicentennial album. Chosen as one of three choirs from Iowa, the choir taped a record including many favorite American songs. Many hours of hard work went into the album taped on March 22.

Concert Choir performs at a Lincoln High music concert.

Mrs. Carol Stewart (right) conducts the Concert Choir during an evening practice. Concert Choir (above) performs at the Christmas assembly.

First row: M. Albright, M. Billings, C. Riccelli, C. Noble, W. Morton, K. Kratz, D. Wilson, C. Fitzgerald, L. Huggins, C. Brown, P. Cross, R. Lewellen, L. Douglass, D. Maxwell, M. Read. Second row: S. Richards, G. Garnett, L. Hunt, D. Breheny, M. Reynolds, J. Lohr, M. Rios, S. Hickle, T. Heathcote, K. Palis, C. Bullington, K. Andrews, M. Knauer, T. Cronin. Third row: I. Stundins, D. Daley, D. Griffiths, L. Hollett, E. Albright, K. Felice, K. Koons, C. Hoff, K. Walsmith, S. Voltz, D. Lujan, J. Ryerson, C. Timmons, D. Baker, A. Amend. Fourth row: S. McCollough, T. Miller, M. Davis, K. Stover, J. Stanley, D. Proudfit, S. Wedemeir, M. Walker, K. Burnett, M. Guthrie, S. Ridenour, D. Kirshbaum, K. Marvin, J. Potycki, J. Way. Fifth row: F. Brockett, B. Freeman, C. Thoermer, J. Zarley, L. Bruner, R. Morris, J. Benton, C. Weeks, R. Cole, R. Smith, P. Yetter, S. Siepmann, S. Barfield, J. Stump, Director; Carol Stewart. Sixth row: C. Wheeler, J. Balducki, J. Vandeverlde, B. Hild, D. Drew, C. Howard, K. Fleming, S. Bittick, N. Runkel, T. Carroll, M. Morrison, G. Riordan, S. Midgordan, R. Rice. Seventh row: M. Wyant, M. Gruis, D. Harrison, C. Matzke, M. Beauchamp, B. Staples, S. Conner, G. Chamberlin, D. McCleary, J. Bixler, D. Zenor, K. Ketzler, S. Cherry, R. Birdsall. Eighth row: K. Culp, K. Hammer, S. Tillinghast, M. Montis, P. Brown, J. Pulliam, J. Joyce, C. Osborn, J. Griffith, P. Craig, T. Taylor, D. Jantz, R. Craig, R. Hochstatter, C. Tibboel.

The Concert Choir (left) performs "Domine" by Vivaldi. With the enlargement of the choir, double choir songs were accomplished. This number is performed with full orchestral accompaniment.

Prep Choir prepares for future performances

"The Prep Choir has been extremely active this year, more so than in other years," said director and new music teacher Richard Baber. "The main purpose of Prep Choir is to teach students the basic fundamentals of music."

Prep Choir put on three major concerts, assisted Concert Choir in the recording of their album, competed in the State-Large Group contest, and participated in the All-City Festival.

The group rehearses in two sections. One section rehearses on Mondays and Wednesdays, while the other group rehearses on Tuesdays and Thursday.

Four members auditioned for and made the All-State Choir, one of the highest honors bestowed on high school students.

Prep Choir practicing on the day before, giving a performance.

(Row 1) Regina Zavalla, Karla Foust, Kim Kroll, Sheryl Baker, Terri Cannon, Tammy Cosner, Jean Briley, Michelle Erickson, Mary Marturello, Debbie Cross, Ann Clark, Sue Mullins, Lauri Bahl, Cheryl Moore. (Row 2) Lana Salyers, Becky Smith, Connie Newton, Tina Galvan, Billie Daggett, Joni Izzolena, Cathy Drew, Karen Dyer, Vangie Stuck, Trina Meyer, Donna Heiderscheidt, Deanne Mohr, Cindy Jones, Tami Miller, Debbie Fisher. (Row 3) Sue Meredith, Sherri Fennell, Kay Kissell, Cindy Hinkle, Tammie Clark, Brian Carroll, Steve Howlett, Brian Purcell, Tim Dailey, Craig Hanson, Kim Heaberlin, Julie Staecker, Amy Aller, Mary Molka, Marsha Gillum, Mr. Baber. (Row 4) Denise Nation, Deb Conlin, Kelly Lundgrin, Judy Thacker, Julie Stanley, Dan Reeves, Dave Jones, Brian Wright, Greg Guy, Rick Douglas, Mark Baltzly, Mary Stumpenhorst, Beth Thornton, Lee Benshoof, Kim Volz. (Not Pictured) Craig Umphfleet, Diane Ewing.

Girls Glee Glows

Girls Glee participated in various programs, including winter and spring concerts. There is an equal number of each grade represented in this year's group. The group has been preparing for the spring state large group contest. When the girls aren't singing they are learning the fundamentals of music and to read notes. "Girls Glee works better as a group this year," said Mr. Baber, assistant vocal music director.

Girls Glee members (first row) V. VanCleave, D. Seeber, C. Enslow, C. Beardsley, T. White, B. Koeppl, V. Felice, T. McCormick, J. McKern, T. Burns. (second row) M. McDanel, P. Routh, T. Clifford, D. Davis, T. McNish, T. Brauer, D. Crapser, D. Miller, Mr. Baber. (third row) K. Jones, T. Walker, S. Heas, M. Neff, T. Hutchinson, C. Sannsen, S. Ellingson, T. Wallace. Not pictured, S. Lane, J. Harkness, D. Lacey, P. McGragy, L. Patten, C. Swartz, and L. Webb.

Girls Glee (above) practices in band room sixth hour. Girls Glee (right) prepares for a performance.

Swing II prepares for higher goals

"Stresses Choreography" deseribes the newest singing group, Swing Choir II, at Lineoln. This group eonsists of 30 members, the majority being sophomores, and a band of five.

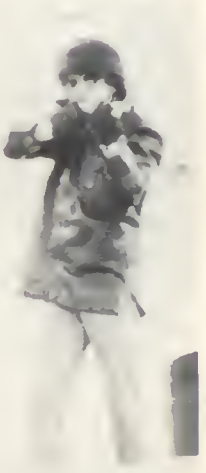
The group was organized beeause there were too many talented students for one group. Open auditions took plaee in the fall for all ehoir members from Prep, Coneert, and Girls Glee.

In their new matehing light blue outfits they have performed at eonventions, school eoneerts, and partieipated in eompetition at Midland Jazz Festival in Fremont, Nebraska.

Direetor Riehard Baber feels this is going to be a very strong program to help prepare students and strengthen Swing Choir I.

Swing Choir II members (first row) S. Baker, B. Carroll, T. Cannon, B. Wright, T. Cosner, M. Baltzley, M. Hudson, S. Summy, D. Cross, B. Pursell. (second row) D. Lange, C. Taylor, E. McClure, J. Briley, E. Eidbo, G. Sears, J. Hanson, S. Wedemeier, R. Douglas, Mr. Baber, (third row) J. Vanande, K. Haskin, M. Clark, J. Staecker, Chris, V. Stuck, C. Hanson, K. Heaberlin, D. Reeves, M. Stark. (fourth row) J. Stevens, S. Fennell, G. Kline, H. Bell, M. Squire, C. Krieg, M. Beauchamp, L. Whitehead, C. Hotchkiss, S. Tillinhast, R. Reed. (not pictured) Ronni Scott.

Swing Choir II (right and below right) perform at a Lincoln High music concert. Swing Choir II will have experience to contribute to Swing Choir I.



the RAILSPLITTER

Co-editor Marc Ward (above) works on news story for the upcoming issue. Shelly Woods and Photographer Paul Pasutti (right) discuss picture orders.

The Railsplitter staff spent many hours in the production of their bi-weekly publication. Led by "Co-editors in Chief" Bruce Staples and Marc Ward, the staff successfully covered all aspects of student life.

The Railsplitter received a first class rating from the National Scholastic Press Association, with a mark of distinction for page make-up.

Page editors were Phil Yetter, editorials; Kelsey Koons, features; Chris Kern and Randy Johnson, sports. Pam Cross handled advertising, while Theresa Filippelli and Dave Mills handled circulation. The photography staff included Cris Conner, Garry Hagar, and Paul Pasutti. Cartoons were by Scott Parks.

Some staff members and volunteers include: P. Cross, K. Koon, M. Ward, B. Staples. (second row) D. Smith, S. Cherry, M. Billings, C. Riccelli, T. Punelli, P. Craig. (third row) C. Connors, P. Yetter, S. Richards, R. King.

Newspaper advisor, Mrs. Diane Weir (above) leads the bus to Ames for a journalism convention. Editorial Page Editor Phil Yetter (above right) concentrates on the phone.

Sports Editor Randy Johnson works on layout for the newspaper.

Teresa Heathcote (above) concentrates on writing newspaper copy. Phil Yetter, Michelle Berard, and Jon Zarley (below) get a little dramatic for "Something Completely Different" column picture.

Yearbook meets problems, finds solutions

Co-editors-in-chief Cindi Nevins and Larry Toomey, directed a yearbook staff of creative, hard-working journalists.

After considerable deliberation, the final theme for the '76 yearbook emerged as "Discovering a New World." Its originator Angie Klier states, "I feel honored that my theme was selected. It makes me feel that I have made a large contribution to my class."

Senior Scott Parks once again created the cover design, surpassing even last year's cover.

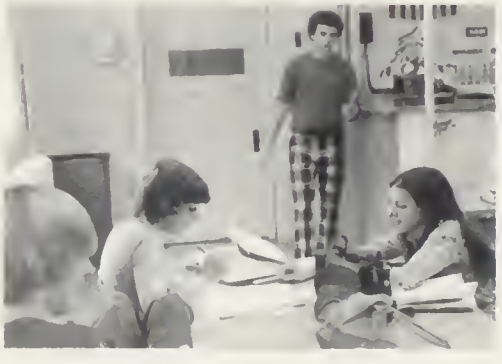
Some of the students attended summer workshops at Ames. They learned the fundamentals of yearbook layout design, copywriting, and basic graphics.

Beginning in September working through April hundreds of pictures were studied and printed by the photographers. Correct spelling of names was checked and double checked again and again. Brainstorming for headlines and information for copy proved a good way to get fresh ideas.

Yearbook staff (above) crowds around to look at some new ideas brought in by Michelle Brown.

Typing copy always takes more than one person as shown above. (Above right) Staff members confer with Co-editor Larry Toomey. Trying to decide which picture is a big problem for Jon Stapes, Tammy Huggins, Pam Rizzuti, and Mark Morgan (below right).

First semester photography editor, Clark Rasmussen (above) checks over possible pictures. Lori Norem, Tammi McKibben, George Shipman, Debbie Wren, Garry Hagar, Matt Allen, Joe Waldron, and Cindi Nevins (left) discuss finishing touches on a layout.



Sports co-editor Sue Fresco (left) designs a layout. Student Life co-editors Linda Close and Kathy Felice (above) make plans for the development of a layout, while Bob Dearth and Mark Morgan add suggestions.

Chuck Agan and Mark Morgan (left) put their thoughts together in writing a cutline. Jo Akkerman and Linda Schweiger (above) discuss picture size with photographer Mona Rios.

Student Council: a year of change

A year of ehanges deseribed Student Couneil this year. Highlighted by an all-sehool ski trip to Colorado, the eouneil year also was responsible for a Student Couneil homeroom and improved eonditions in the parking area.

Forty students traveled to Keystone, Colorado, along with Sponsor Judy Griffin, for a week of skiing and snow fun.

Student Couneil homeroom meetings were initiated, thus inereasing partieipation.

The parking situation was relieved in the new parking lot by putting up signs to prevent illegal parking. This eleared up the eongestion of ears and made it safer for students walking from the parking lot to sehool.

Lineoln students dominated Inter-eity by having three officers, Jon Zarley, Viee-president, Julie Connor, Seeretary, and Bruee Staples, Treasurer.

Student Council officers Kevin Ketzler, Chief Justice, Jim Crumb, President, Angie Klier, Secretary, Julie Connors, Vice-president, and not pictured Peter Brown, Treasurer.

Student Council members (left and above) listen attentively at one of the meetings.

Cinderella at the sock hop

The drama department presented their final production for the year, the traditional tale of "Cinderella" turned into a 50s fairy tale. The days of sock hops, pony tails, and the "Fonz," were relived in this unique rendition.

Cinderella was portrayed by Michelle Berard and the Prince by Jack Pulliam. Laura Schissel was seen as the Fairy Godmother, and Ed McClure as the King. The ugly step-sisters were played by Joe Joyce and Bob Larson.

King and Queen (far above) are doing the twist at the sock hop. Ladies (left) are offended by the young gentleman's request for this dance. The lead singer in the prince's band, Dave Mills (above) shares a tune with a couple ladies. Godmother, Laura Shissel (above right) is upset at the mean rats trying to scare her sweet little mice around her feet.

Jack Pulliam the prince (above) begs the star Cinderella, Michelle Berard, to stay after midnight. Some of the members of the cast (left) gather for a group picture at the sock hop.

DECA: moving on to better and bigger things

The Distributive Education program at Lincoln offers classroom instruction, cooperative work experience, and DECA. This year's goal for DE members was to develop future leaders in marketing and distribution. The coordinator at Lincoln is Mr. Dan Murray. This year's activities consisted of button sales and candy sales to help pay for the Delegate Assembly, Area and State Leadership Conference and the 1975 Central Regional Leadership Conference; also the Chapter Development Conference, and The Employer-Employee Banquet. DECA also made plans to purchase a new button machine and the traditional gift for the school.

First year officers were: Pres. Dan Ferrari, Vice Pres. Joyce Janis, Sec. Pam Kline, Treas. Randy Bowlby, Hist. Gina Seuferer, Parl. Linda Macasa, Reporter, Tammie Jordan.

Second year DECA officers included: Pres. Tom McDonald, Vice Pres. Shon Swanson, Sec. Linda Jones, Treas. Julie Sterrett, Hist. Nanci Bennett, Parl. Nick Scavo, Reporters Nancy Curry and Brian Palmer.

Gina Seuferer shows customers wedding dresses at Stearns.

First row: Julie Sterrett, Teresa Walker, Shon Swanson, Kelly Gale, Linda Macasa, Chris Dingman. Second row: Sandie Siedel, Laurie Shineflew, Vera Rains, Craig Daniels, Terry Flatt, Tom Edwards. Third row: Bob Mark, Joyce Janis, Merlin Davis, Jim Smith, Brian Palmer, Brian Baumhover, Jack Wilson, Tom McDonald. Julie Sterrett (left) rings up a sale at Walgreens on S.E. 14th.

First row: Tammie Jordan, Gina Seuferer, Sheri Twyman, Joni Penland, Sue Anderson, Ben Thompson, Kurt Potthoff, Russ Spaur. Second row: Rhonda Johnson, Bev Sites, Betty Wingfield, Mary Douglas, Patti Curtis, John Hubbs. Third row: John Rutan, Tim Myer, Dan Williams, Doug Aldridge, Doug Burt, Dave Robbinson.

Teresa Walker wraps a flower arrangement for a waiting customer at Boesens Florist, downtown.

Merlin Davis (Deca President, left) prepares a popcorn machine for delivery. Shon Swanson (above) writes out sales receipt at Wolfs downtown, as Tammy Jordon rings it up on the cash register in the background.

Vera Rains (left) works at the cash register for the day at Happy Family gifts on Fleur. At Stearns (above) Joni Penland makes change for a waiting customer.

Girls! Girls! Girls!

Girl's Club, which is open to all girls, sponsored several activities throughout the year for the student body.

To acquaint the new sophomore girls with Lincoln, the Girls Club organized a big sister, little sister get together. Big sisters took their little sisters to lunch and gave them a tour of the school.

To raise Halloween spirit the Girls Club had a party for preschoolers at the Park Avenue Presbyterian Day Care Center.

Music by Vision set the mood for this year's Sweetheart Dance, as the Man of the Year announcements highlighted the evening. Honored this year were: Chris Kern, senior; Kirby VanNausdle, junior; Jack Rush, sophomore.

Diane Heggen and Mike Caligiuri pause for a moment between songs.

Girls Club officers this year are (first row) Cindy Osborn historian, Meribeth Billings, treasurer, (second row) Peggy Houghtaling, vice-pesident, Michelle Brown, secretary, Liz Harbert, president.

Man of the year candidates this year are (first row) Sophomores Brian True, Jack Rush, and Brian Gaumer. (second row) Juniors Darrel Finley, Dan Norem, and Kirby VanNausdle. (third row) Seniors Chris Kern, Dennis Livingston, and Mike Caligiuri.

Senior Linda Close (above right) seats a boy at a Halloween party put on by Girls Club. Junior Meribeth Billings and Senior Linda Schweiger (above middle right) serve refreshments at the Halloween party. A new addition was added to Girls Club this year. The Advisory board was made up of three girls from each grade level. This year they were (below right, first row) Sophomores Betty Keopel, Beda Soliday, and Cris Doane. (second row) Juniors Kathy Palis, Tammy Houseman, and Debbie Carle. (third row) Seniors Linda Close, Linda Schweiger, and Nancy Link. Two girls (above) stop to chat about their flowers and the dance.

Clubs spark interest in foreign cultures

The Freneh, Latin, and Spanish Clubs set their goals early in the year, giving top priority to eaeh eountry's eulture. The clubs encourage interest in the three eountries and their languages. The elubs held various activities in aeeordanee to the desires of the members.

Cercle Franeais, the French Club, is sponsored by Mrs. Erma Bevington. The aetivities of the year ineluded a formal initiation, the showing of a Freneh movie, a Christmas potluek, a Valentine party, and in Mareh, attendanee at a French play at Drake. The elub presidents for 1975-76 were Diane Benoit and Pam Cross.

The Latin Club started the year with a bake sale to raise money for future aetivities. The club purehased T-shirts and eelebrated the Ides of Mareh. Late in the year, the elub had a family pienie and went to Cedar Rapids for a Latin Club Convention.

French Club members Diane Benoit, Beth Rohm, and Pam Cross, along with Sponsor Erma Bevington, display their Valentine cake.

The Latin Club, sponsored by Mrs. Kay Kirkhoff, gather together for their annual Valentine Party.

Spanish Club President Joyce McCoy and Sponsor Mrs. Creagh crown Valentine Queen Marta Perez and King Andy Hovey (above). Spanish Club members socialize at the Valentine Party (right).

The Spanish Club shows off their new T-shirts.

The Spanish Club, under the leadership of President Joyee McCoy and Sponsor Mrs. Creagh, began the year's aetivities with the purehasing of T-shirts and a stationery sale. The elub's parties and projeets ineluded a Halloween eostume party, a Christmas party, and a Valentine party. In Oetober, the elub members attended the Language Day at Central College. The elub's final aetivity was a farewell dinner for the seniors and exehange students.

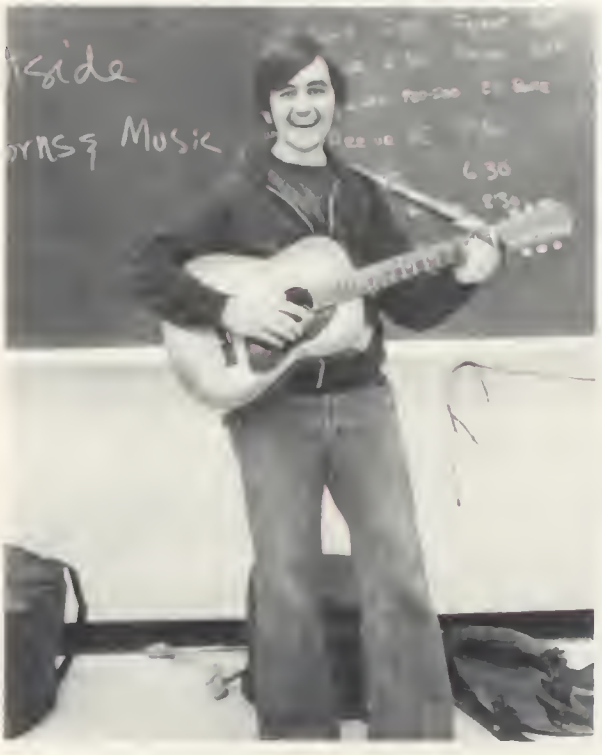
Four LHS resolutions accepted at model UN

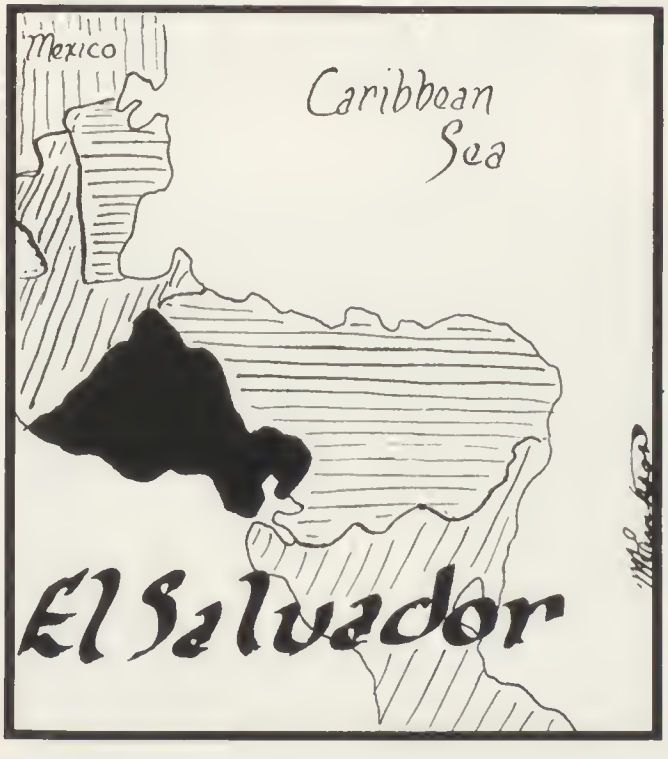
United Nations Club consisted of ten members this year. Their activities began with the 1975 Governor's Youth Conference Day at the state Capitol. Sponsored by Mr. Jerry Chiaramonte, meetings were held to prepare for the model United Nations at U. N. I. The club attended the model UN, representing Canada. The club sent in their resolutions stating their country's beliefs on pertinent international topics. Four of the club's resolutions were expected by the Secretary-General to be considered by the model UN. This is the largest number ever accepted from Lincoln.

U N Club members (above) include Senior Marc Ward, Juniors Julie Guess, Lori Zarley, Diane Benoit, Senior Sara Clark, and Junior Laura Douglas.

Sponsor Jerry Chiaramonte (above left) listens attentively at the Governor's Day Convention. U N Club members participate at the Governor's Day Convention: (above center) Lori Zarley and Buff McBride, (above right) Laura Douglas and Rose King, (right) Sara Clark.

Foreign Exchange students find welcome





Pamos Portsos (far above left) plays his guitar. Pamos is from Serres, in northern Greece. Pamos also likes to play the clarinet. He will return to Greece in August. Marta Perez (above right) from Santa Ana, El Salvador, is a member of the Spanish Club. Marta has been to six states including sightseeing in Iowa. She will return to Central America in July. Maps by Senior Mike Erickson.

Dorian Art gathers tomorrow's artists

First row: L. Benda, L. Conrath. Second row: G. Machlan, K. Marvin, L. Oppenheim, C. Hoff, N. Link, J. Enslow, L. Blunck, R. Karnes, T. McKibben, K. Thede, . Finch, M. Sirianni. Third row: G. Hagar, L. Bentele, K. Culp, J. Balducki, C. Tibboel, M. Lammers, M. Millard, G. Nagle, R. McDougall, R. Porter, C. McBee, M. Erickson, S. Parks, B. George, E. MacBride, M. Casper. Not pictured: K. Egenberger, T. Umdenstock, J. Wiltsie.

The Dorian Art Club adds mueh color to Lineoln. If any deeorating needs to be done for Christmas time, dances, school programs or plays, the Dorian Art members do their share.

This year the elub has participated in various exhibits. Dorian Art Club members have purehased original art paintings for Lineoln High School. These various paintings are exhibited in the art elasses, library, and eounseling eenter. The members have paid for these paintings through their club dues, and various fund raising projects such as BLH.

Dorian Art is headed this year by Seniors Jan Enslow, president; Laura Blunk, secretary; Tracy Umdenstoek, treasurer; and Mike Erickson, historian.

Mike Erickson (right) with help from other art students, decorates school for Christmas season.

Dorian Art members Mike Erickson, Kathy Marvin (left), decorate the gym for the Homecoming dance. Kathy Thede (above) stops to smile at the camera while decorating the halls for the Christmas season.

Dorian Art members (left) prepare Christmas decorations for the art room. Junior Leslie Benda (above) receives one of the ten gold keys awarded to Lincoln at the Scholastic Art Contest.

Members of Dorian Art (left) show paintings purchased by past Dorian Art clubs. Every year the club purchases paintings for the school.

Debate: creating interest in speech

Members of the Debate Club (seated), Diane Baker, Mary Gruis, Nevin Bruce, Denise Harrison. (standing) Craig Bittick, Terry Finton, Sue Tucaloro, Cris Masiello, Deanna Reetz, Debbie DeYoung, Brian Jarnagin, Mike Miller, Miss Pierce.

The Debate and Forensics Club was kept busy this year preparing for the tournaments they attended throughout the year.

The Club belongs to three organizations: Iowa High School Forensic League, Iowa High School Speech Association and the National Forensic League. Sponsor Mary Jo Pierce commented, "The club is very proud to become a charter member of the NFL this year." Becoming a charter member of the NFL, gives the club more voting power in league decisions and also makes the club eligible to send more people to National competition.

Mary Gruis (above) reads an oral interpretation of prose and poetry.

Students donate time for service

Many students volunteer their time to work in various offices at school. These offices include the nurse's office, counselor's office, main office, library, and the student center.

Tasks performed include such duties as picking up absent slips, running switch board, helping locate students and teachers, answering the phone and taking messages, checking students in and out in the nurse's office, and checking books out in the library.

Helpers in the counselors' office (above right, seated) Mrs. Bjork. (standing) Margie Cromer, Jeri Noah, Mary Hudson, Sue Marshall, Mildred Gillson, Sue Byers, Miss Anderson, Mendy Wessels, Holly Bell and Julie Christian. Library helpers (below left, first row) Chris Masiello, Kim Kirchner, Debbie Daniels. (second row) Miss Cole, Linda Roth, Kathy Sarasio, Nannette Bonanno, Ingrid Stundins, Laura Stundins, Laura Smith, Mrs. Willey, Miss Holt.

Patty Young (above) mans the reception room in the counselors' office. The office staff (right, first row) Kurt Potthoff, Connie Caligiuri, Ed Russo, and Kathy Murphy. (second row) Kent Whitmore, Tom Edwards, Heidi Webb, Teri Prothero and Kathy Forbes.

Co-op emphasizes office skills

Office Education or Co-op, is career and cooperative training. Students are enrolled in a two-hour block devoted to clerical practice, typing, business machines, and business problems.

In the afternoon students receive on-the-job experience; they also receive school credit and are paid for their work.

Officers are President Sheryl Olsen, Vice President Jean Morris, Secretary Sheryl Darrah and Treasurer Valerie Lacona. The club's advisor is Mrs. Jane Sayers.

Dawn Messinger, Diane Reeves, and Debbie Crasper attended the State Leadership conference for Offic Education on March 25-26. This trip was funded by profits from a jewelry sale.

Co-op (above) includes: (seated) DyAnn Carroll, Patty Johnson. (first row, standing) Joline Gardner, Jean Morris, Diana Reeves, Karen Myers, Nancy Horn, Teresa Burriola, Cheryl Fargo. (second row) Sheryl Olson, Dawn Messinger, Sheryl Darrah, Valerie Lacona, Helena Hillman, Debbie Crapser.

Four of the Co-op members work at junior highs: Dianne Reeves (above left) at Kurtz, Teresa Burrliola and Dianne Carol at Weeks, and Debbie Crapser (above) at Brody.

William Hutchison (above left) pours the batter at the annual faculty pancake breakfast. Seniors Laura Blunk and Pam Mercer (above) enjoy a few stacks before continuing usual Saturday activities.

Teachers flip flap-jacks

Lowell Reed and Robert VanderLinden (above) show tremendous flapjack flipping skill.

The faculty's annual pancake breakfast was held March 6 in the school cafeteria. Each year funds are raised by teachers for the schools general treasury. This money is then distributed to various school activities in need of financial assistance.

The breakfast patrons were served milk, coffee, pancakes, and sausage. "Scrumpdelicious," commented Junior Lesley Seibert and "Dynomite," said Junior Vicki VanCleve.

Camera Club learns new techniques

The Camera Club, headed by President Riehard Conkling and Viee-president Riehard Douglas, was very aetive this year. With the help of Sponsor Mr. Allen Ewers, members learned developing, printing, and good picture-taking teehniques.

Club aetivities from this year included a "Shoot-a-Rama" at Easter Lake and Ewing Park and entering the Seholastie Photograph Contest. Cris Conner reeeived an honorable mention.

The Camera Club members (above) this year were Rick Douglas, Cris Conner, Rick Cockling. Camera Club members (left), Rick Douglas and Rick Cockling display developing techniques.

Hospitality Club, always there with a smile

The Usher and Hospitality elub is not a elub as sueh with officers, dues, ete. It is a loose group of willing souls who, on the spur of the moment, gave of their time and energy to help out as ushers and/or "hospies." They gave their serviees at sueh sehool events as the opening of adult edueation and Lineoln's open house.

Dorothy Oakman (left above) reads instructions to the club. The members of the Hospitality and Usher Club are pictured above.

Math Club goes to Nebraska

Math Club members (above at table) David Green, Richard Callahan, John Hoffman, Dave Robbins. Standing, Mr. Thomas Rowley, Dale Anderson, Steve Isaacson, Mike Clark, Diane Benoit, NorRae Merkel, Mary Miller, Lori Zarley, Paul Holmes, Mr. Gary Bagby, Tom Briggs. Mr. Thomas Rowley (right) demonstrates the computer terminal.

Interest in computers sparked the organization of the Computer Club, sponsored by Thomas Rowley and Allen Ewers. Members of the club were given instruction at Drake and learned how to do their own computer programming.

A main event of the Math Club, sponsored by Elbert Jennings and Gary Bagby, was traveling to Omaha, Nebraska, for the Math Field Day at Creighton University.

Letterwinners at Lincoln High

There were approximately 150 letterwinners this year, representing all sports: boys swimming, girls swimming, football, boys basketball, girls basketball, wrestling, boys track, girls track, boys cross country, girls cross country, tennis, golf, baseball, softball and gymnastics.

Peers show concern for fellow students

Seniors Colleen Fitzgerald, Jeri Noah, and Rose Amodeo discuss the events of an earlier meeting.

Peer Counseling, a newly active organization this year, attempted to make life at school a bit easier for new students by showing them the best routes to their classes, introducing them to teachers and students, and by simply being friendly. Peer Counselors also befriended the lonely students and those who had a difficult time adjusting to student life, such as the Vietnamese students.

Training for the Peer Counselors began in Mrs. Robbins' Communications class. Early in the year, the students attended a two day workshop with guidance directors from Heartland Educational Agency. Throughout the year, Peer Counselors held meetings to discuss problems or suggestions.

The Peer Counselors, sponsored by Alice Anderson, gave a presentation at the teachers' In-Service Day session at Hoover High School in February.

During April, several of the Peer Counselors gave a presentation of their program at the American Personnel and Guidance Association Convention held in Chicago.

(Left) Mrs. Robbins shares a favorite book with counselors Cindi Nevins, Matt Allen, and Ray Hutt. (Above) the Peer Counselors for 1975-76 are Colleen Fitzgerald, Rose Amodeo, Cindi Nevins, (back row) Ray Hutt, Jeri Noah, and Matt Allen. Not pictured, Laurie Arendt.

Experience is gained through volunteering

Volunteer Service Club members this year are (standing) Tim Roney, Mrs. Robbins, Karleen Eilbert, Richard Jennings. (sitting) Debbie Wren, Doug Kennedy, Ray Hutt, Kathy Anderson, Nancy Myers. (not pictured) Rose Amodeo, Sara Leu, Carla Niffenegger, Anne Williams, Michelle Marasco, Debbie Porter, Debbie Snyder, Carol Roth, Jodi Gillium, Kathy Murphy.

Once a month Volunteer Services meets in the classroom for a seminar. Members (above and far above right) listen to Mr. Dick Davis from United Way to get information about places where they can volunteer their services.

The Volunteer Serviees program, headed by Mrs. Rae Gene Robbins, eonsisted of a one-semester elass, a seeond semester of field work, and an extra-eurrieular elub.

The first semester involved learning eommunieation skills and a short lab to prepare the students for their volunteer experienee.

The students worked outside of sehool during the seeond semester at various loeations. Students volunteered their afternoons at Smouse, Howe, Van Meter, and Washington Sehools, Commonwealth Rest Home and La Petite Day Care Center.

Aetivities for the 'Care Club' ineluded a student exehange with Newton and North Polk, parties for elementary elasses, and visits to rest homes. The elub's main projeet this year was raising money to buy a kiln for Commonwealth Rest Home.

Mermaids shoot for the stars

The theme for Mermaids was "Signs of the Stars," held March 11-13. The group was sponsored by Mrs. Jean Frazier.

The opening number, including all members, was 2001: A Space Odessy. Probates, newest members of Mermaids, performed a routine to "The Lion Sleeps Tonight." Special solo by President Beth Cabanis to a popular hit by the Doobie Brothers.

Special performanees in the show were Vickie Van Cleve doing a dance to "Long Train Running," the boys swim team performing to the "Lonely Bull," and members of the talk show interviewing the gods of Greek Mythology.

Mermaid officers (right) Kim Abbott, Liz Harbert, Beth Cabanis and Leslie Benda. The girls performed to the theme from "Mash".

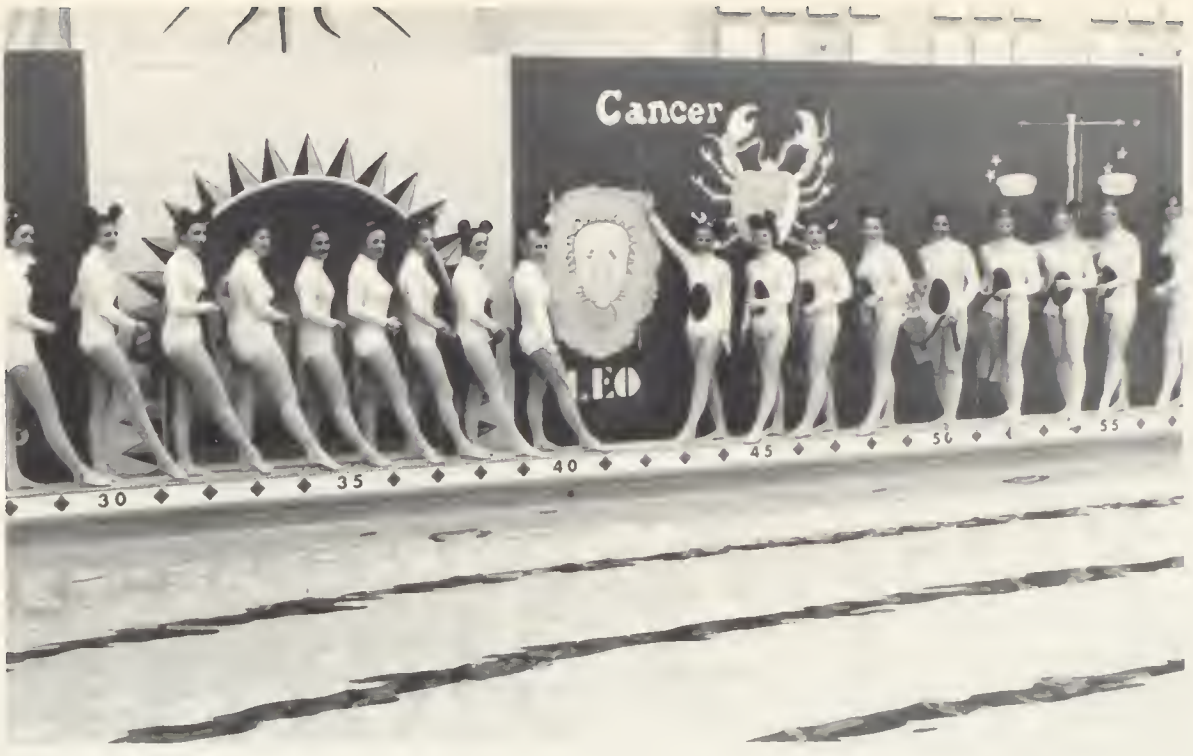
Mermaids (above, first row) K. Abbott, N. Link, L. Oppenheim, L. Seibert, K. Erickson, P. Tursi, K. Joss, K. Palis, S. Tillinghast, V. Felice, D. Speridan, C. Ciccio, B. George, B. Thoermer. (second row) S. Finch, L. Harbert, L. Benda, C. Osborn, B. Soliday, L. Potthoff, B. Toomey, K. Felice, P. Mulcahy, A. Bridgeford, A. Amend, M. Casber, J. Drew and P. O'Connor.

Narrators Jon Zarley, Les Bruner, Nate Runkel and Jeff Gabler (above) rehearse for the show. President Beth Cabanis (right) poses before her solo.

Floaters (above) include Lesley Seibert, Kym Erickson, Liz Harbert, Pam Mulcahy, Amy Amend, Nancy Link, Cindy Osborn and Belinda Toomey.

Seniors (above) are: Kim Ahhott, Kathy Feliee, Liz Harbert, Nancy Link, Michelle Casber, and Beth Cabanis. Pam Mulcahy, Kym Erickson, (not pictured, Tammy Caudill) pose (above right) before their trio "Valley of the Dolls." Juniors (right) include Anna Bridgeford, Paula Tursi, Amy Amend, Leslie Benda, Barbie George, Pam Muleahy, and Kym Erickson.

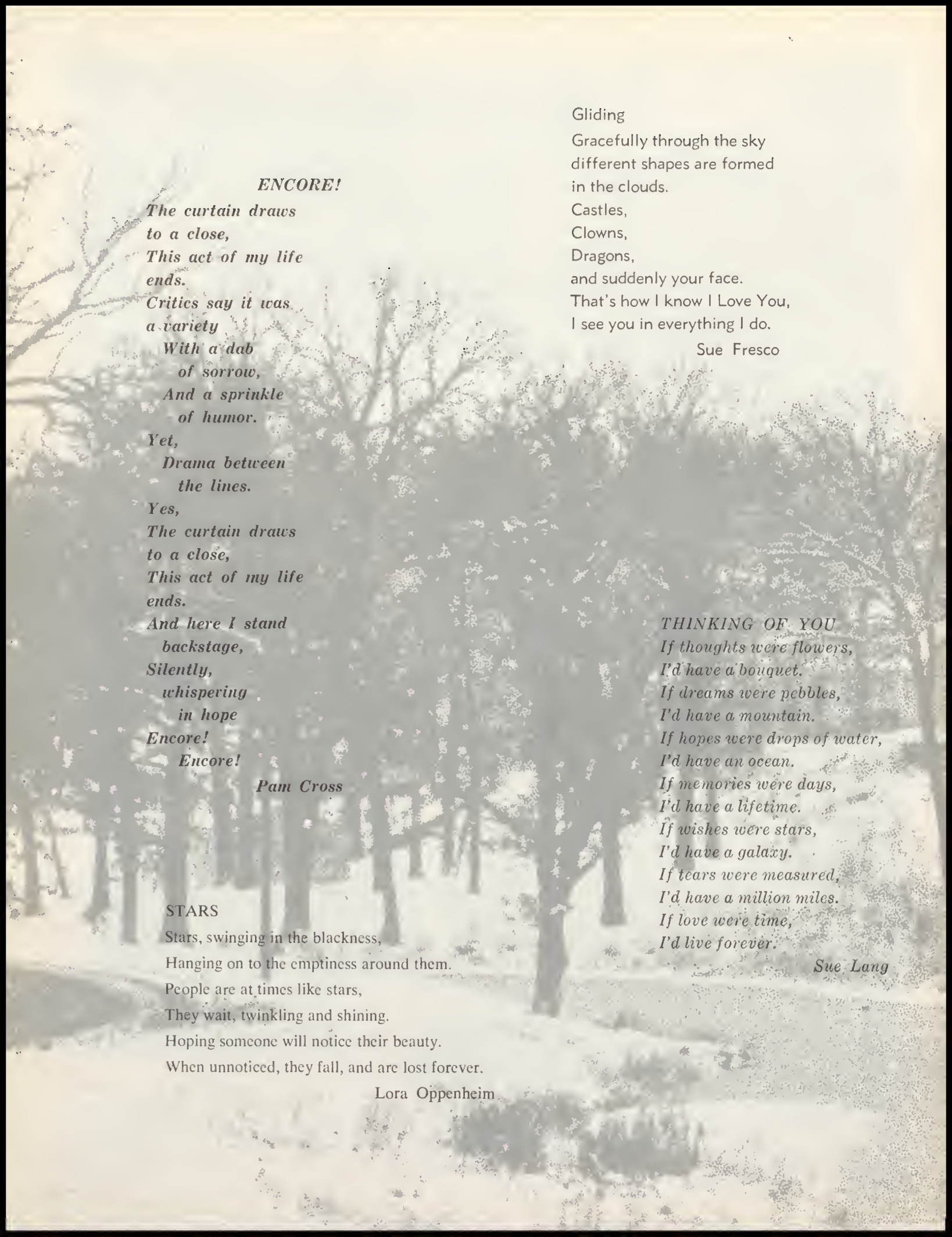
A-Group (above) includes: (first row) Leslie Benda, Beda Soliday, Beth Cabanis. (second row) Michelle Casber, Sue Tillinghast, and Liz Harbert. Leslie Benda and Liz Harbert (right) pose before their duet "Imagine."



The probates, the newest members, are pictured above: Beth Thoermer, Kathy Felice, Vickie Felice, Kathy Palis, Beda Soliday, Kim Joss, Lora Oppenheim, Lesley Seibert, Cindy Osborn, Sherrie Finch, Paula O'Connor, Belinda Toomey, Dana Speridan, Cassie Ciccio, Leigh Potthoff, Nancy Link, Julie Drew, and Sue Tillinghast.

B-Group (above, first row) Kathy Palis, and Lora Oppenheim. (second row) Paula O'Connor, Julie Drew, and Cassie Ciccio.

Anna Bridgeford and Paula Tursi (above) pose before their duet to "Wake Up Sunshine."



ENCORE!

The curtain draws
to a close,
This act of my life
ends.
Critics say it was
a variety
With a dab
of sorrow,
And a sprinkle
of humor.
Yet,
Drama between
the lines.
Yes,
The curtain draws
to a close,
This act of my life
ends.
And here I stand
backstage,
Silently,
whispering
in hope
Encore!
Encore!

Pam Cross

Gliding

Gracefully through the sky
different shapes are formed
in the clouds.
Castles,
Clowns,
Dragons,
and suddenly your face.
That's how I know I Love You,
I see you in everything I do.

Sue Fresco

THINKING OF YOU

If thoughts were flowers,
I'd have a bouquet.
If dreams were pebbles,
I'd have a mountain.
If hopes were drops of water,
I'd have an ocean.
If memories were days,
I'd have a lifetime.
If wishes were stars,
I'd have a galaxy.
If tears were measured,
I'd have a million miles.
If love were time,
I'd live forever.

Sue Lang

STARS

Stars, swinging in the blackness,
Hanging on to the emptiness around them.
People are at times like stars,
They wait, twinkling and shining.
Hoping someone will notice their beauty.
When unnoticed, they fall, and are lost forever.

Lora Oppenheim

SYMBOLS

I saw a man, floating on a flower,
in the middle of the sea.

With all the soil of an island
piled on him.

And I asked him,
"Why is the dirt not under
Yourself and the flower,
supporting the both of you?"

To which he confidently replied,
"The dirt is too precious underfoot,
the sea would wash it away.
Without it, the flower would die.

Nate Runkel

SILHOUETTE

The skeleton of an aged tree,
majestically stands on the deserted hill..
His gnarled branches creak and
groan,
alive,
in the whispering wind.
Ancient as the earth,
time means little to him.
He has seen bone-chilling winters,
fiery summers,
all of the grief of man.
In his age he knows the days
are timed,
the stars for him are few.
Stretching twisted fingers, he touches his
life-long friends.
The endless sky,
entwining weeds and
cool, lifegiving ground.
On the hill, the tree still stands,
giving thanks for life,
illuminated by the moon.

Cathy Wheeler

Create in me a song.
Show me the scales to follow,
Teach me the notes to sing.
Give me the wisdom to learn the rhythm,
But please don't write the words.
Let me find them through experience,
And beauty and lessons you've taught me.
Most of all, let me write my words
through love.
For I believe I can create my own story,
With you directing the tune.

Meribeth Billings

FEELINGS

Afraid to reveal themselves,
they stay trapped inside.

Searching for the open pathways,
they slip and fall.

Defeated
and
Disappointed, they
return to their closed seclusion.

Grasping for Breath

Their dream of freedom
becomes nothing more than a Cold

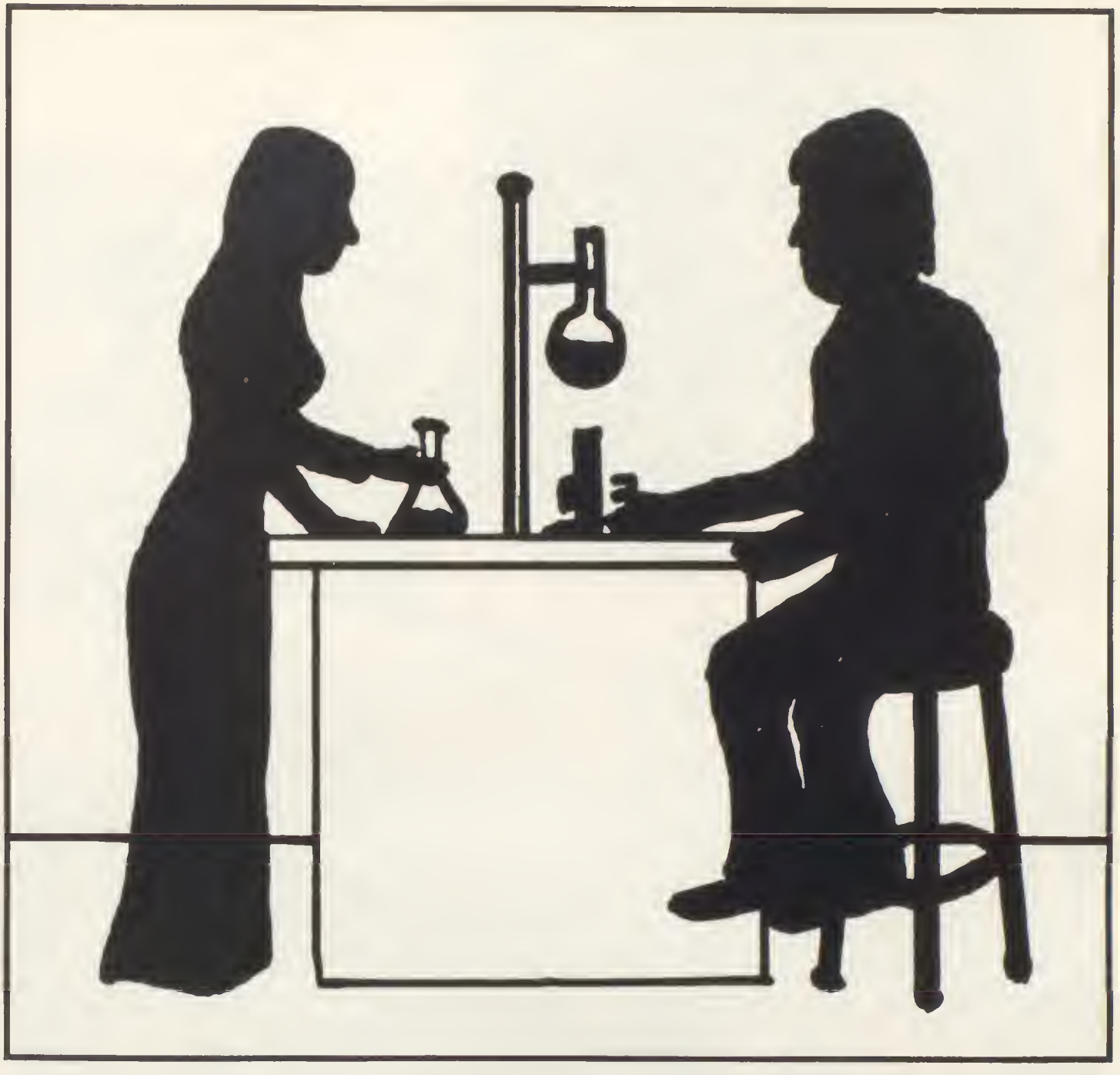
Heartbeat,

Ticking

Away

Kathy Palis

paraphrase
12/9
Dickinson



Forming a More Perfect Union...

Administration runs largest school smoothly

An air of rebuilding, reconstructing, and remodeling pervaded Lincoln this year. Overseeing many of the year's changes were Mr. Melvin Bowen, Principal, Mr. Robert Wilson, Mr. Earl Brott, and Mr. James Fitzsimmons.

The building of new additions and the painting of the rooms caused only mild interruptions this year. The administration managed to overcome these handicaps to keep Lincoln running smoothly. "I have appreciated the co-operation from the craftsmen and they have worked closely with the administration in the performance of their duties," commented Mr. Bowen.

Mr. Robert Wilson, acting as Vice-Principal and Senior Advisor, concerned himself with the activities of the graduating class. Mr. Earl Brott devoted himself to advising the juniors. Helping the new sophomores with many of their problems was Mr. James Fitzsimmons. Mr. Bowen and the advisors counseled students, talked with parents, met with the school board, attended athletic events and maintained the academic atmosphere.

Principal Melvin Bowen and office staff Annette Wright, Alette Shull, Kathleen Shiffer, and Shirley Garland are "shocked" at the color of Richard Babers "mood ring." Mr. Bowen (below left) cheers along with the student body at pep assembly.

SCHOOL BOARD (seated) Peter J. Cunningham, secretary; Nolden I. Gentry, Dr. George G. Caudill, president; and Dwight M. Davis, superintendent of schools. (Standing) Merle F. Schlampp, Mrs. Jack Spevak, Dr. John E. McCaw, Dr. Ora E. Niffenegger, vice president; and Mrs. Betty Grundberg.

Senior Advisor Robert Wilson (above right) ponders a question as Principal Melvin Bowen awaits an answer. James Fitzsimmons (left) answers one of many phone calls.

(Above Left) Senior Advisor Robert Wilson discusses upcoming senior events with Linda Schweiger. (Left) Sophomore Advisor Earl Brott outlines the attendance procedure to Don Funaro. Secretary Mrs. Shirley Garland (above) checks out new intercom system.

Counselors offer helpful, guiding hand

The guidance department, in conjunction with the library department is establishing a Career Information Center. This will be a Multi-Media career center. The primary function of the C.I.C. is to provide a centralized facility for a variety of current career, occupational, and personal development material which will serve as resources for students and staff members.

"The counseling door is open to you. We can't tell you what to do, but we can guide you to information so you can decide for yourself. We can't give you course credit, but we can help you select courses that may be more suited to your objectives. We want you to become the person you want to be," commented Miss Alice Anderson, as she described the primary objective of the counselors.

(Top Left) Maxine Scott discusses program card problems with Junior 'Sue Byers. Richard Malliet discusses athletic problems with Senior Bruce Staples. (Above) Alice Anderson gives a tour of school to foreign visitors.

Junior George Shipman looks worried as Dennis Peacock talks to parents. John Jarvis (above) looks up in a minute of thought and Ethyle Cummins talks to concerned parent on the phone.

Staff workers keep on the move

Staff workers, first row above: Zeno Dutton, Sam Ellis, Bob Dennis, Dave Rees, and Frank Funaro. Second row: Chuck McClellend, Mike Newell, Dale Collins, George Shade, Kenneth Richie, and Dick Collins.
Charlene Bjork answers phone in the counselors office as Alice Bowling, nurse, starts everyday with a smile.

Many staff workers with a great variety of duties are needed to keep the school running smoothly and efficiently.

The responsibility of our Cafeteria Ladies was to prepare and serve the students and teachers grade A lunches. The ladies begin preparing the noon lunches at 8:00 each morning. They remain at work until 3:00 each afternoon cleaning up after serving 2300 meals a day.

Our Custodial Staff help to keep our school clean and attractive. These people have been especially busy because of the construction work and painting being done around the school.

Our nurse, Mrs. Bowling, starts her day bright and early with a rush of students that will be leaving classes for appointments during the day. Helping the students with problems, both physical and emotional, giving first aid, getting emergency cases to the doctor, and recognizing contagious diseases are part of her daily tasks.

Mrs. Ada Mae (Chappie) Fehrs, bookkeeper, starts selling school supplies and making change for students. She keeps accounts and fines on books, chairs, and other items belonging to the school. She makes change five times a day for Student Center, writes checks out for school expenses and keeps books for a number of clubs. She also keeps books for admission to all athletic events.

Cafeteria servers (above): Marianne Sloem, Sharon Montgomery, Ester Patten, Joyce Hendrix, Sharlene Norem, Linda Anderson, Beulah Curry, Mary Cook, Joan Bates, Wilma McCauley, Maxine Tyler, Barbara Scavo, Lorraine Johnson, Mary Heller, Annie Street, Marian Van Alstine, and Mary Jones. Ada Mae Fehrs (left) puts finishing touch on assorting money.

Library: a peaceful place to ponder

The Library's new Media Center opened for business this year. New equipment is provided for taping, for viewing filmstrips, and for listening to records. The Library's book collection grew bigger and better, making a total of 17,980 books, 110 current magazines and thousands of back issues for reading and research.

"Our aim is to provide materials and aid for students while they are at Lincoln and to help equip them to enter an ever-changing world," commented Miss Lillian Cole and Miss Helen Holt, librarians. They are assisted by Mary Jane Willey, library clerk.

Mary Jane Willey works with new equipment in the new media center.

Lillian Cole (above) looks through reference books for information. (Above right) Seniors Mike Erickson, Kelsey Koons, Stephanie Schissel, and Bill Pascuzzi study for mid-term final exams. Helen Holt (right) looks through cards for overdue books.

Students learn traditions of other countries

Erna Bevington (above) explains a French assignment to her class. Maria Creagh reads over students' Spanish work.

The foreign language department offers four years' study of Spanish and French, and three years' study of Latin and Russian.

Students receive training in speaking, understanding, reading, and writing the language of their choice. At the same time they are gaining tolerance and an understanding of a culture other than their own.

English grammar is clarified as the student relates it to the structure of the second language, and the student's English vocabulary is increased as he learns the words of another country.

In the first two years of study, the fundamentals of the language are stressed. After that, the students go into more depth, reading some great literature, studying civilization and even writing skits to perform in class. Activities are varied and interesting.

"Many disciplines needed for success in the business world are learned and practiced in foreign language classes: attention to detail, productivity on a day-to-day basis, application of general and specific rules, individual responsibility, retention of much material, and respect for that which is new and different," according to Erna Bevington, department head.

Foreign Language Department (left) Kathryn Kirkhoff, Erna Bevington, and Maria Creagh. Kathryn Kirkoff (above) discusses Latin cultures with class.

English offers many elective choices

Students are offered twenty options which cover a wide spectrum. The courses include those to improve a student's writing skills; courses that help him improve his reading speed, comprehension, and ability to analyze; also courses which stress oral activities. Tenth grade students take a basic English course that emphasizes fundamental skills and introduces the electives that are available to the juniors and seniors. Some courses are definitely college preparatory in nature, while others are helpful for students who plan to enter the job market immediately upon graduation. At any rate, there are English courses to meet every need, every interest, and every type of preparation that a student might want. The English program challenges pupils with its diversity of offerings.

English Department: (back row) Diane Weir, Dorothy Oakman, Marilyn Groth, Bill Hutchison, Mary Jane Carlson, Harold Swihart, Denis Hildreth. (middle row) Kathy Myers, Gerald Jaehnel, and (front row) Lillian Hildreth, Gretchen Kauffman, Leigh Lussia, and Mary Jo Pierce.

Mary Jo Pierce (above left) seems a little amused at her speech class. (above center) Diane Weir conducts Railsplitter business over the telephone as James Wickam (above right) sees humor in paper written by English student.

Carol Harms (above) shouts instructions to drama student. RaeGene Robbins (right) shows Christmas spirit, and Marilyn Groth, below) shares a light moment with students.

Paul Dupey reads during his free time. Bill Hutchison (below) gets into the middle of classroom discussion. Kathy Myers has her hands full with Juniors Kevin Randleman and Bob Marcum during individual reading.

Students make it on their own

Woodworking, auto mechanics, metal shop, and mechanical drawing were offered in the industrial arts program this year. The courses are designed to develop vocational skills that will be of use in making career decisions.

Woodworking offered beginning and advanced courses. The auto shop course taught maintenance and repair of cars. Welding shop safety and the use of hand tools were stressed in metal shop. Drafting classes concentrated on the basic procedures of mechanical drawing.

"In woodworking we try to develop knowledge, skills, and attitudes relating to opportunities in the woodworking industry," said Mr. Wren, Wood Shop.

Burt Johnson (above) helps Steve Ponzeline with mechanical drawing project. Industrial Arts department (left to right) Robert Wren, Burt Johnson, Douglas Wenslay, Paul Hess and Don Gillis.

Robert Wren demonstrates to Woodworking class how to use new equipment properly (left). Douglas Wenslay helps students place metal correctly for cutting. (Above) Don Gillis listens as Jim Hakarson tunes an engine.

Timing plus talent brings Fine Arts up

Music Department: Carol Stewart, Dennis Dowell, Richard Baber, and Sandra Tatge.

The fine arts department, provides students with creative outlets, music and art. The music department is composed of the band and vocal music department, with both of these areas involving various areas of specialization. The band, Swing Choir, Concert Choir give many performances at junior highs in the Lincoln area, including winter and spring concerts.

Art department provides many electives for varying degrees of talent. Beginners may take art Fundamentals 1 and advance to Drawing and Painting 3 or Crafts 3. Advanced Students go into the Dorian Art Club, which decorates the halls at Christmas and other special holidays. Artists entered the Scholastic Art Contest for the first time in ten years, and brought back 10 Gold Key awards.

Senior Jean Davidson works with classmates on Art Project and Robin Hochstatter (above) gets paints ready for Art work. Art Department: Donna Whiteaker, Donna Yeast and Dale McLean. Dennis Dowell, band director, participates in "the 76 Band Board Election."

Experimenting yields right answer

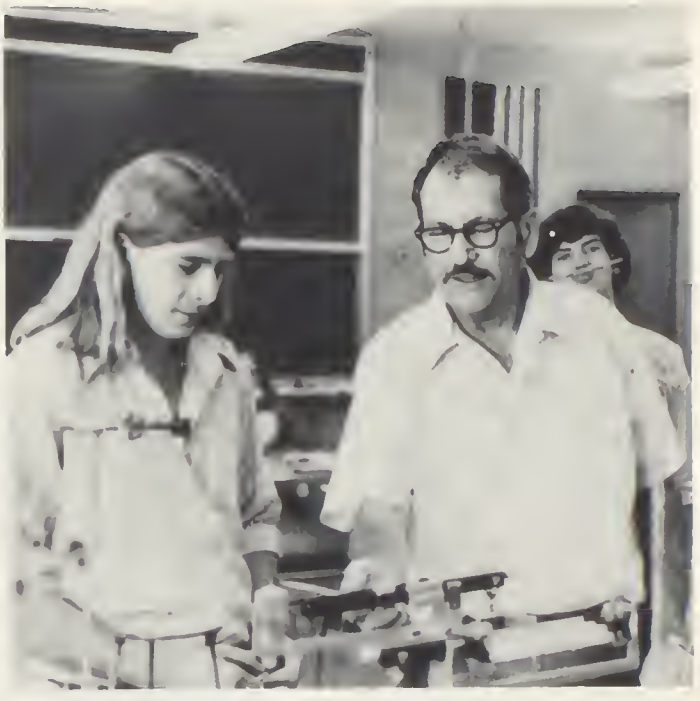
The seienee department offers a large variety of courses, the best faeilities in the eity, and the greatest number of teaehers to interested students. The most popular subjeets are Biology, Eeology, Zoology, Conservation, Botany, and Physies. The popularity of these classes tend to show more interest in our environment. Study in sueh eourses often goes beyond the elassroom through field trips.

For thc college bound student, the seience department offers Chemistry, Physiology, three types of Physics eourses, Eleetricity, and Eleetronies. These are intended to give the student a firm foundation in the seienee field. Next year a new elass will be added to the already large science eleetives, Electronics 2 which will deal with transistor and integrated eireuits.

Mr. Alan Ewers, head of seience department, commented that, "every student should be enrolled in a seienee elass during his stay at Lineoln." He also added, "We are very happy to see as many as possible enrolled in seienee elasses every year."

Science Department: (Left to right) Alan Ewers, Wendell Stone, Hugh Kent, Judy Griffin, Ace Hendricks, Edward Kern, Edward Kent, Thomas Rowley, Jerry Ferrell, and Herbert McCaw.

Jerry Ferrell (above) helps biology students with experiment and Edward Kern (right) takes time to explain the new Fifty Phase microscope that he has been waiting for, for six years.



Above: Mr. Herbert McCaw reveals the fine art of dissecting a raccoon in front of an advanced zoology class. Above right: Wendell Stone helps Junior Mike Villrillo, as Senior John Crouch takes note.

Mrs. Judy Griffin (above left) lectures Ecology class on environmental reports. Mr. Thomas Rowley (above right) sets up electronic circuit board for Senior Don Treanor. Mr. Alan Ewers (left) listens as students read experimental findings. Mr. Hugh Kent (above) points out correct answer to bewildered biology students.

Studying the past to better the future

A wide range of courses were offered in the social science department. Sophomores were required to take Geography in an Urban Age or United States History, while seniors were required to take classes in Government and Economics.

Other classes offered in the social science department were as follows: World History, Psychology, Russian History, International Religion, Anthropology, Sociology, Afro-American History, Revolution, Social Reform, Twentieth Century Europe, Asian Studies, Emerging Nations of the World, and Latin American Studies.

Psychology and Sociology classes conducted various surveys which expressed the views of many students. The information uncovered in these surveys was used for publication in the Des Moines Register and Tribune.

Social Science Department (back row) Carl Van Tuyl, Albert Testa, Don Cole, Gordon Blenderman, Dave Ortale, Cecil Rhoads, Virginia Zinger, and Bill Gilbert. (Front row) Rose Smith, Jerry Chiaramonte, Jerry Hickey, Don Ceynar, and Gary Gabel.

"I'll do it," Jerry Chiaramonte (above) uses a little psychology on senior Marc Ward during Homecoming festivities. "Who said that?" asks Albert Testa (left) as he watches his history class during a test.

(Above right) Coach John Carle stresses the power of spirit at pep assemblies. (Above) Mr. Don Williams reads over sophomore history assignment.

Mr. Don Ceynar (above left) poses a thought provoking question to psychology students. (Above middle) Mrs. Virginia Zinger listens to students during class. Mr. Bill Gilbert thinks a minute to help answer students' questions.

Mr. Jerry Hickey (left) helps Tim Olson and Jeff Ball on sociology report. (Above) Mr. Dave Ortale checks on students' progress on U.S. History assignment.

Learning to cope with business world

The Business Education Department focuses upon development of students' job skills for the future. The department followed the same general format as in previous years. Courses offered include Typing, Data Processing, Business Arithmetic, Business Law, Shorthand, and Accounting.

The skills attained by the students enrolled in these courses aid them in securing positions in business and industry. The knowledge obtained in these areas may determine whether the student goes to college or directly into the business world. The department provides students with career ideas and often several permanent job placements.

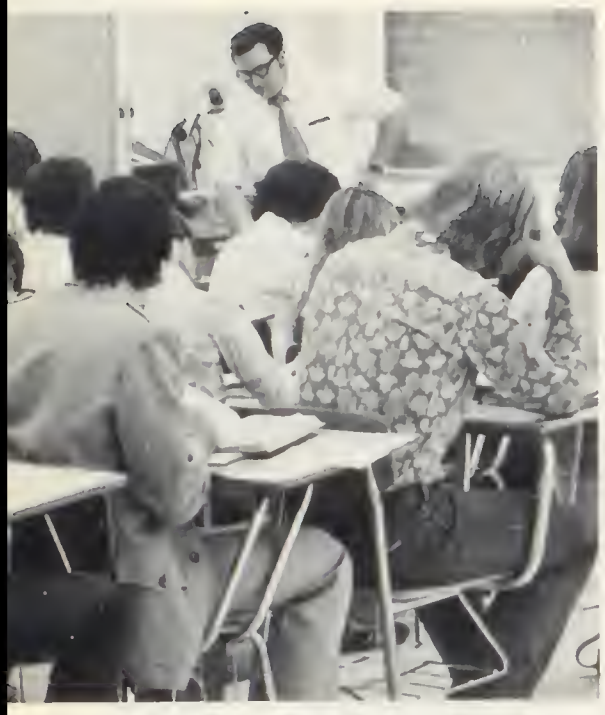
Two programs offered by the department are Distributive Education (DECA) and Executive Internship. DECA places the student in a job. The student is released early and earns credit while he works. In the Executive Internship Program, the student is gone all day and also earns credit while learning. Both programs provide practical business experience.

Business Education Department (back row) Jerry Atkinson, Jerry Gates, Wanda Nelson, Clara Day, Kathryn Kirkhoff, Sally Fisher, and Dan Murray. (Front row) Jane Sayers, Jayne Abarr, Joan Hall, Richard McMahon and Gene Rogers.

Mary Jane Carlson (left) pauses a moment while checking tests. (above) Don Murray and Wanda Nelson explain up-coming event for Career Exploration.

Jerry Atkinson (above left) looks over students bookkeeping totals as Richard McMahon gives extra help to Sophomore Kim Heaberlin.

Miss Joan Hall (above left) goes over typing assignment with Sophomore Laura Riggles and Mrs. Clara Day (right) answers Debbie DeYoung's question on assignment. Mrs. Sally Fisher (below left) helps Senior Sue Marshall with bookkeeping assignment and (right) Mrs. Alica Else goes over time writings with Junior Wendy Jones.



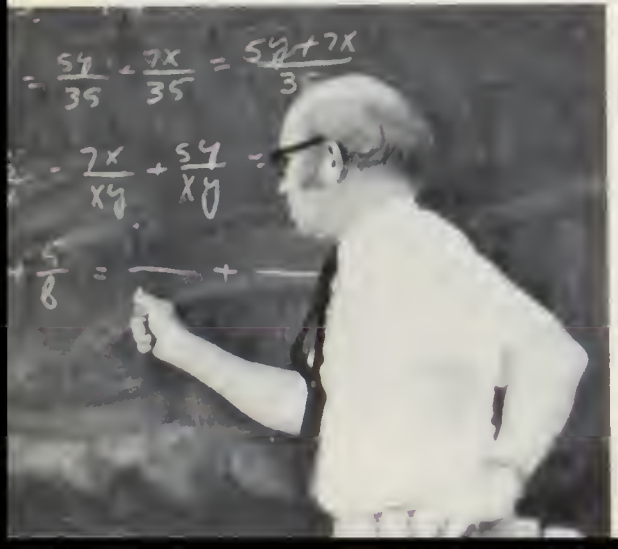
Math classes added to new wing

With the completion of the new wing, many math classes have been moved. A large field of math classes is offered to Lincoln students; they may choose General Math, Algebra I, Geometry, Algebra II, College Math, or Calculus.

Students again had the opportunity to complete their studies in a math lab rather than in a conventional classroom situation. Students enrolled in math lab had the chance to work at their own rate.

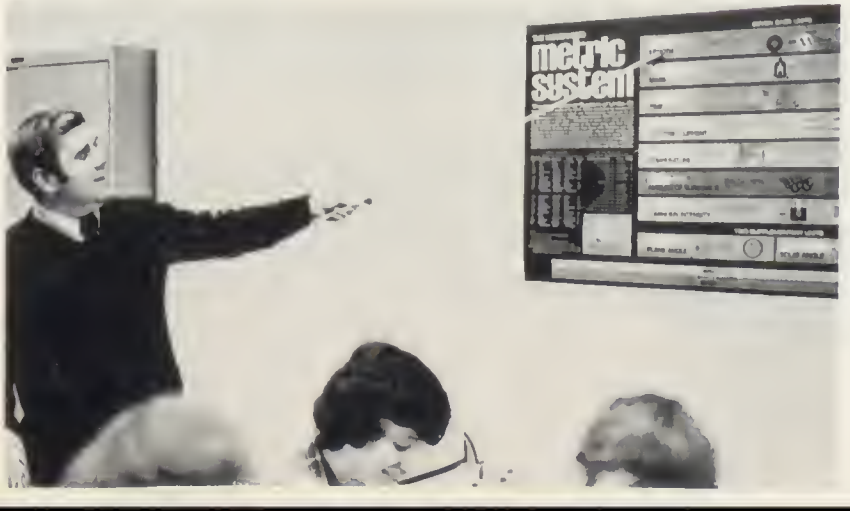
During the year, math students had an opportunity to go to the computer center.

Omnicron Kappa (math club) completed its activities for the year. The club members prepared for the Creighton University Mathematics Field Day and the Annual Mathematics Test.



Gary Bagby (top left) keeps watchful eyes on students during test. (Top right) Math Department: (backrow) Philip Martin, Lowell Reed, and Elbert Jennings; (front row) Edgar Eckey, Vernon Bly, Lowell Dougherty and Gary Bagby. (Left) Vernon Bly points out correct answer to test problem. Math Lab students (above) work on their own during class time.

(Above) Lowell Reed explains an Algebra II problem to Junior Karen Hammer. (Above right) Philip Martin looks over Sophomore Janet Carter's geometry work.



Edgar Eckey (above left) points out a mistake on Steve Briles paper. Above right, Jim Stevens watches Lowell Dougherty correct his daily assignment. (Left) Gary Bagby points out the finer points of the metric system.

Students drive faculty . . . around

Larry Hayes (above) explains to class the different instruments used on the simulators. Drivers Education Department (left to right) Robert Case, Larry Hayes, Floyd Constant, Scott McAdam, Bob Leonard, and Ronald Baeth.

With the ever-increasing number of automobiles on the road each year, it is necessary for new drivers to know more than just the basic fundamentals of safe driving.

Knowledge of the car, perceptive and defensive driving are being stressed in this year's drivers' education classes.

Successful completion of this course not only instills a sense of confidence in the new driver, but also enables the 16-year-old to obtain his driver's license and in some instances, means a considerable reduction in insurance premiums.

This year's classes were taught by Ronald Baeth, Robert Case, Floyd Constant, Larry Hayes, Robert Leonard, Scott McAdam, and I. R. Wildman.

Irvin R. Wildman (left) peels off the backing of another sticker to add to the front of his podium. (Above) Drivers education student checks the speedometer as he approaches a police radar unit.

Home economics adds new dimension

Anne Borgen points the direction to the front door to an invited visitor.

Skills necessary for living healthfully and happily on a moderate income are being stressed in this year's home economies classes.

The home economies classes are happy to see more boys interested in cooking and "child development". Currently there are no boys enrolled in sewing.

The young men and women of today are more realistic than those in past years. They realize that sometime in the future they must be able to prepare a nutritious meal instead of depending on the old faithful TV dinner.

Other courses offered in this department inelude Home Furnishings and Clothing and Textiles, which are taught by Mrs. Phillis Garnant, Ann Borgen, Janice Roxberg, and Patriea Sehartz.

"Good question teacher," senior Jim Crumb ponders a question asked by Patricia Schwartz. Janice Roxberg (above right) demonstrates cutting procedures to junior Jeanne Wren. Phyllis Garnat watches John Martinez and Vic Scagilione as they attempt to conquer a recipe.

Co-ed gym: a new experience

Co-ed volleyball, badminton, and swimming were added to the girls' and boys' physical education program this year. Co-ed gym was designed to allow young men and women of today to work together to achieve a common goal.

The individual sports program for the girls consisted of tennis, golf, archery, and gymnastics.

The boys' regular program consisted of basketball, softball, football, swimming, and track. As in past years, extra-curricular activities were available for all.

Physical Education Department (above) Jean Frazier and Linda Ritland. (back row) Hugh Drake, Tom Cady, Robert Locker, and Robert VanderLinden. (right) Hugh Drake winds up to deliver a serve. (below) Coaches get together to have picture taken. Linda Ritland (left) prepares to return "birdie" in badminton game.

Students search for better understanding

The Work Study Program is a program for students who have a learning problem. As sophomores, they spend the whole day in a classroom situation. During their junior and senior years, they spend the morning in classes and during the afternoon they are at a training center or on a job. During the three years, the students receive all the required courses.

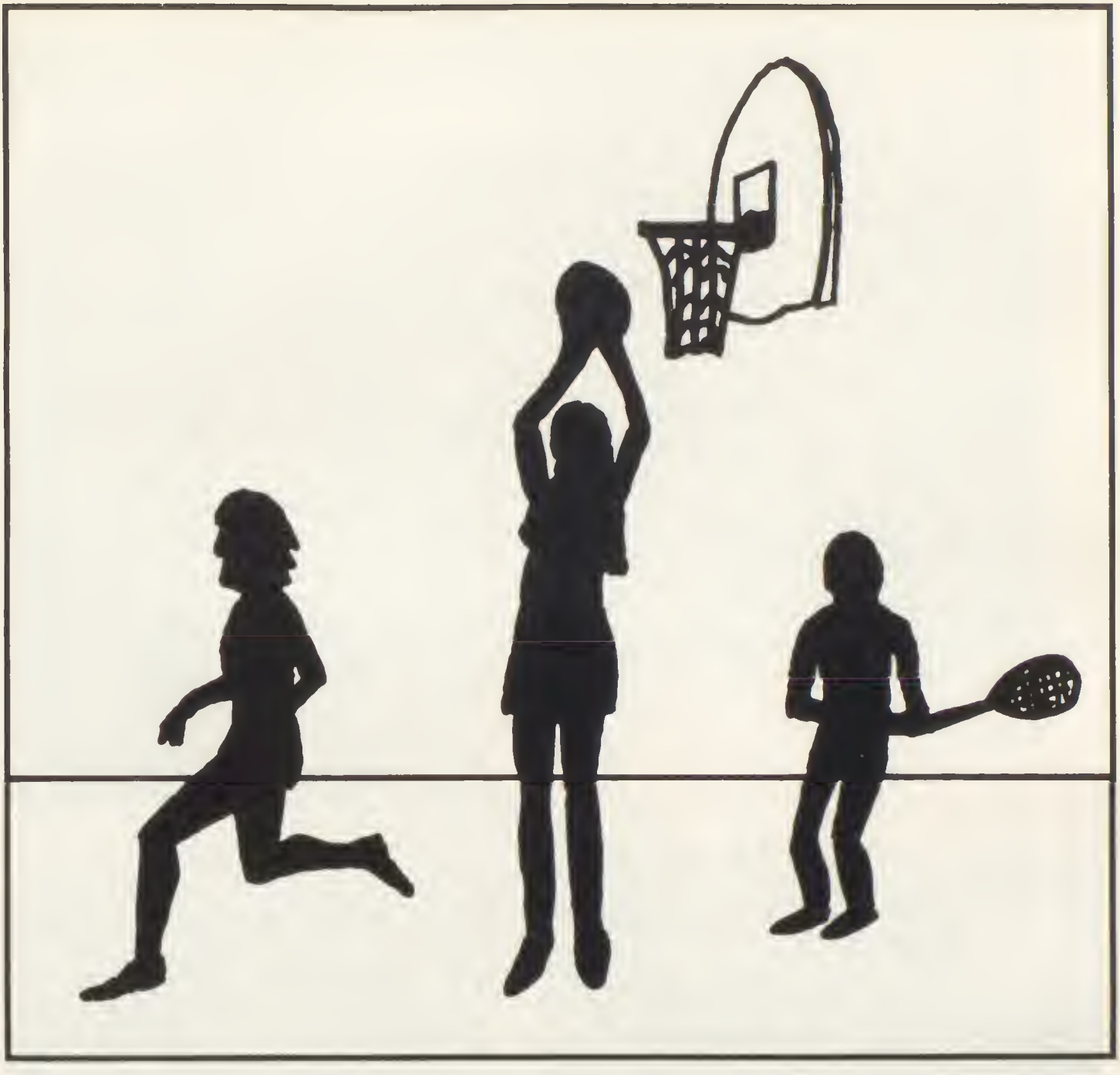
During the year they have gone on field trips to various places. A few of these outings included a trip to the Freedom Train and an exhibit of the metric system at North High School. Afterwards they came back to the classroom and measured everything in it. Each student then drew up a floor plan for his room; they picked the best plan and rearranged the room accordingly.

Barbara Shepherd helps Sophomore Mark Scigliano (left) on history report. Ron Gary (above) helps Sophomore Jim Booker with concepts of English.

Student center, where students find fun

Wanda Weberg and John Hickman check attendance as Senior Ron Porter plays a game of fuss ball in student center.

LINC
LINCOLN



Winning Freedom...

Cindermen win Metro Championship

Lincoln, with very strong finishes in almost every event, won the Metro Championship over Dowling and Tech.

The team started out the season by winning the Marshalltown Invitational, and continued to show great strength. The outstanding individuals for Lincoln were Barry Lowe winning the two-mile and anchoring the winning mile medley relay; Clark Rasmussen placing second in the 220, 440, and long jump; Doug Speicher winning the high jump; and Mark Morgan winning the discus.

At Districts, Lincoln meet tough competition from Ames and Tech. Ames took first, Tech second and Lincoln placed third. Lincoln had many outstanding performances and qualified four relays and four individuals for state.

The state meet which was held at Drake had many great performances. Lincoln captured 11th place and also set some school records. Barry Lowe took fourth in the two mile run for a school record and he also anchored the Mile Medley relay, which took sixth place. Doug Speicher went 6' 4" in the high jump setting a school record but he didn't place in the meet. The Mile Relay team, which included Rich Gasperi, Steve Nicholson, Roger Hart, and Clark Rasmussen, blazed to third place for another school record. Rasmussen also ran in the 440 yd. dash and placed fourth with a time of 49.6 which tied the school record. Bob Speed vaulted 12 feet but didn't place in the State. The 880 and the 440 yd. relay teams both ran in the state meet, but didn't qualify for the finals. In the preliminaries of the 880 yd. relay, the unit set another school record with the time of 131.9.

All Stater Barry Lowe (above) opened the Metro meet with an uncontested victory in the 2 mile run and came from behind anchoring the winning medley relay.

Conference champ Doug Speicker (above) set the school high jump record at 6' 4". Mark Morgan (right), outstanding discus thrower for 1975, won discus in the Metro meet with a throw of 143' 9".

Cindermen take their victory lap after winning the 1975 Metro Championship.

Returning Lettermen: (First Row) Jan Enslow, John Crouch; (Second Row) Larry Toomey, Richard Gasperi, Roger Hart, Steve Drew, Dale Smith; (Third Row) Coach Bob Vander Linden, Clark Rasmussen, Mark Morgan, Bob States, Bob Dearth, John Rutan, Kurt Jones. Not pictured: Jim Bixler, Chuck Funaro, Doug Harvey. Standout Clark Rasmussen (right) runs hurdles to finish fourth at Indoor State Federation Meet.

Pitching depth aids Rails

Lincoln rails ended the season tied for third in the Metro with a 7-7 record, 14-10 overall. Highlighting the season was the championship at the Saydel Invitational as many players took honors. First team honors were given to Chuck Agan for pitcher and Mark Morgan for shortstop. Second team honors were given to Doug Fouts for centerfield and Mike Nixon for third base. Agan was also named most valuable player.

Several players earned All-Metro recognition including Chuck Agan for first team pitcher and Jim Lankford for first team second baseman. Doug Fouts was named second team centerfielder. Shortstop Mark Morgan, third baseman Mike Nixon, first baseman Rick Kaili and pitcher Rick Parsons all received honorable mention.

Returning lettermen for next season will be Seniors Chuck Agan, Rick Kaili, Mark Morgan, and Jon Stapes.

Varsity baseball players proudly hold up the trophy won for placing first at the Saydel Tournament.

Coach Bob Locker (above) signals important strategy. Jon Stapes (left) takes a mean cut to spark a powerful Railsplitter offense.

Mark Morgan (above) makes perfect tag, preventing East player from advancing to second base. Chuck Agan (left) displays the form which enabled him to build a 7-2 pitching record.

Varsity Baseball: (First Row) Rich Callanhan, Kevin Livingood, Rick Kaili, Mark Morgan, Dave Green, Mike Nixon, Jon Stapes, Doug Fouts and Coach Locker. (Second Row) Bob Dennis, Rick Parsons, Chuck Agan, Bill Truitt, Jeff Johnson, Jim Bell, Scott Blunck and Jim Lankford.

Junior Varsity finishes season 15-6

The 1975 Junior Varsity baseball team gained experience for the upcoming season by posting a 15-6 overall record. Jerry Ellston and Bob Umdenstock led the team in hitting with averages of .368 and .363 respectively. Jerry Ellston headed the pitching staff with a record of five wins and four losses.

Commenting on the season, first year coach Dennis Deardon said, "If I had to sum up the team's achievements in two words they would be hustle and determination. Because of their unwillingness to give up they were able to come from behind in late innings to win several ball games. I had a lot of fine ball players this year and I think many of them will help the Varsity club this coming summer. This squad showed a lot of pride throughout the season; something that has been a foundation for Lincoln athletics for many years."

Showing determination pitcher Joe Joyce (below) lets loose with a fast ball. Mark Kellner (right) puts down a perfect bunt to enable Chuck Funaro to come home and score a very important run.

Bob Umdenstock shows great form and style as he smashes an oncoming pitch.

All-City teams claim 7 Lincolners

Junior Debbie Snyder (above) anxiously awaits an oncoming pitch.

The girls Softball team finished 3rd in the Metro Conference for the 1975 season. The battle for the Metro championship was very close between Hoover, Dowling, and Lincoln, with Hoover winning the title. In order to clinch 3rd place, the team compiled a Metro record of 9-5. The Softball team's overall record was 14-12 as Lincoln met tough competition from out of town teams.

The varsity squad was well balanced in numbers of seniors, juniors, and sophomores, which shows a good outlook for next year. The team was not only balanced, but contained many outstanding players.

Many of the players on the team received Metro honors. Pitcher Brenda Rice was picked first team All Metro and catcher Debbie Snyder was picked second team All Metro. Other players who received honorable mention were Kathy Myers, Kathy Lukehart, Kay Gable, Shelia Cherry, and Cheryle Fargo.

Varsity Softball team: (Second row) Coach Larry Hayes, Cheryl Fargo, Brenda Rice, Rhonda Rice, Sheila Cherry, Debbie Snyder, Coach Jerry Atkinson. (First row) Pam Cross, Kay Gable, Kathy Lukehart, Kathy Myers.

Cheryl Fargo (above) makes a good cut at an oncoming pitch. Junior Sheila Cherry (right) waits at shortstop for Junior Brenda Rice to pitch the ball. Junior Kim Agan (below) smashes the ball with Junior Jody DeCarlo looking on.

After hitting the ball, Pam Cross is determined to beat out the throw to first base.

JV Softball has winning season

Junior Varsity: (Second row) Coach Jerry Atkinson, Debbie Cross, Donna Ferguson, Leigh Baker, Cindy Pontious, Cathy Sarasio, Debbie Siebert. (First row) Jeri Burdick, Dee Munyon, Kim Agan, Teri Dale, Jody DeCarlo.

Sophomore Mary Marturello (left) is ready to bunt the ball. The team (above) is anxiously watching the batter.

Girls JV Softball finished a winning season with a record of 11 wins, four losses and two ties. Well-balanced performances by many of the players contributed to the success of the team. "The team showed good fielding and hitting but the greatest asset was their determination and effort," commented Coach Atkinson. The Coach is expecting a fine season in 1976 because of the number of outstanding players returning, plus the addition of some fine junior high girls.

Swimmers complete successful year

The girls varsity swimming team closed out a very successful year with an 8-4 overall record and broke ten varsity swimming records. The team placed fourth in the Tiger Tanker Relays held at Valley, took third in district competition and placed fourteenth in the state meet.

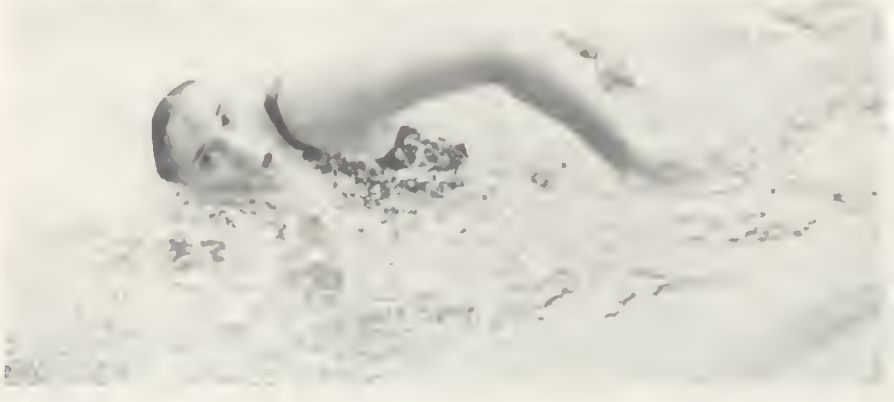
Qualifying for the state meet were Junior Beda Soliday, 200 individual medley and 100 butterfly, Sophomore Debbie Judish, diving, Junior Mary Neff and Freshman Teri Champ, 100 backstroke and Sophomore Tammy Randleman, 500 freestyle. The medley relay team consisting of Junior Mary Neff, Freshman Emily Edwards, Soliday and Junior Leigh Potthoff qualified, as did the freestyle relay team composed of Randleman, Sophomore Kay Kissel, Potthoff, and Senior Lori Sackett. Judish finished the season placing fourth in diving, while Soliday placed fifth in the 100 butterfly.

"It was a super season," commented Coach Tom Cady. "Four teams who were in the top six in the state were the only losses. The future looks good for our girls. We lose only three varsity swimmers from the whole team."

Sophomore Beth Thoermer (above right) shows winning breaststroke form. Sophomore Beda Soliday (right) finishes race in the 100 butterfly.

Coach Tom Cady (above) ponders strategy during meet. Sophomore Debbie Judish (right) completes dive on her way to first place.

(First row) Sally Green, Laura Kammeier, Karla Fisher, Terry Champ, Marla Hall, Terry Cole, Susan Vandervelde; (Second row) Mary Heggen, Kay Kissell, Kim Pennington, Betty Koepl, Kelly Lundgren; (Third row) Assistant Coach Jim Hickman, Linda Roth, Tammy Randleman, Leigh Potthoff, Beda Soliday, Dana Speridan, Cassey Cioccio, Beth Thoermer, Debbie Judish, Coach Tom Cady; (Fourth row) Manager Gayle Garnett, Carol Roth, Mary Neff, Beth Fritz, Lori Sackett, Diane Heggen, Mary Jean Blaisdell, Ingrid Stundins, Manager Bridget O'Keefe. (Not pictured) Emily Edwards, Carol Augsburger, Jackie Burdick, Brigett Soliday, Tracy Lynch.



Sophomore Debbie Judish (above) prepares for dive in important meet. Junior Tammi Randleman (above left) streaks to finish in the 100 yard freestyle setting a school record. Team (left) rests during break in meet.

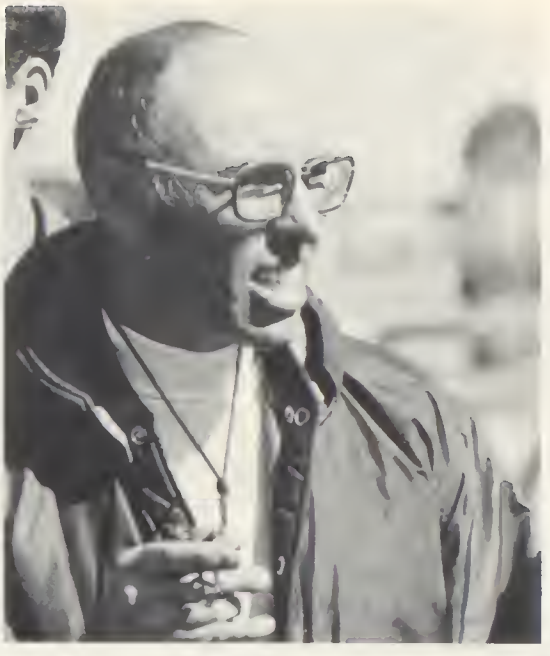
Cross Country team gains experience

The Cross Country Team got off to a slow start with a 10th place finish in the Ames Invitational at Ames. After falling to Dowling, 15-45, the Harriers attained seventh place at the Hoover Invitational. The Cross Country Team showed some improvement placing second in a triangular with East and North. The Harriers came back with a promising fifth place in the Marshalltown Invitational. Lincoln pulled a sixth place in the Metro beating out Tech and North but came back strong in the Urbandale Invitational achieving sixth place with Larry Toomey finishing 15th and Bob Dearth finishing 20th. The Harriers closed the season with a 15th place in the state meet.

"The boys ran average this year," commented Coach Bennett. "There were a few injuries and the team was young. I feel they could have done a little better if Senior Bob Dearth hadn't been hurt in the last half of the season."

Boys Cross Country Team: (first row) John Conkling, Larry Toomey, Dave Prall, (second row) Dale Smith, Joe Gazzo, Kent Smith, Bob Dearth, and Alan Atwell.

Sophomores Steve Gonzales and John Conkling (above) take the lead against the East runners. Sophomore Dave Prall (left) has an exhausted look, after running a tough two miles.



Coach Bennett (above) looks on very seriously as he watches his team compete. Alan Atwell (left) fights his way through pack to finish high.

Joe Gazzo and Dale Smith (left) strongly contest with number one rated Dowling. Co-captains Bob Dearth and Larry Toomey (above) congratulate each other after their race. At the Augustine Invitational (below) Lincoln runners get set for start.

Girls cross country places second in Metro

Coach Phil Martin guided the girls Cross Country team through their third year of competition with a duel record of seven wins and three losses.

The girls had a very sueeessful season. They placed seventh, fourth, and ninth respeetively in the Ames, Marshalltown and Urbandale Invitational meets. In the District meet, Lineoln placed fourth out of 28 teams which qualified them for the State meet. Lineoln was the only metro school to qualify for the State meet.

Captain Cathy Sagrillo finished 49th in the State meet, with a time of 12:42. Darey Boyd was the next Lineoln finisher at 69th, followed by Linda Weberg, Chris Fargolls, and Joan ViVone, finishing 113, 119 and 198 respeetively. All the girls finished in the top 18 runners in the city.

The girls did an outstanding job to finish up the season, and Coaeh Martin feels that the team should be even stronger next year.

Lincoln runners (above) get off to a good start.

Senior Captain, Cathy Sagrillo, (above) easily glides to a victory. Sophomore Joan Walker (right) runs hard to help Lincoln to a second place finish in the Metro.

Sophomore Chris Frankels (above) outstrides Dowling opponents. Junior Darcy Boyd (left) shows the form which enabled her to finish fifth in the Metro.

All alone, Linda Weberg (above) approaches finish. At Hoover Invitational, Cathy Sagrillo (left) fights her way through the pack. Senior Cindy Edwards (below) shows determination.

Girls Cross Country Team: (first row) Linda Weberg, Cathy Sagrillo, Cindy Edwards, (second row) Coach Phil Martin, Darci Boyd, Chris Frankels, and Joan Walker.

Young offense powers Rails . . . 6-2

The surprising Rails were able to gather six wins against only two losses this year. Coach Cecil Rhoads considered this year to be a rebuilding season since only six lettermen returned from last year's team.

The team started the season by stunning eighth rated Marshalltown, 14-12. This was a definite indication of the good year ahead. Lincoln was able to pile up five consecutive victories before a loss. Their victims included Hoover, 12-7, North, 26-14, Tech, 35-22, and a Homecoming victory over East 27-7. The two losses came at the hands of Metro champions Dowling and to a fired up Valley.

The Rails landed Chuck Agan to the all-state first team and placed three players to the all-metro team: Chuck Agan, Jim Bell and Roger Hart. Jeff Connor, Jan Enslow, Doug Long and Bob Umdenstock received second team honors. Honorable Mention players were Mark Morgan and Jon Stapes.

Quarterback Doug Long (right) checks formation of offensive line, while calling out signals against East in the Homecoming game.

Senior Clark Rasmussen (above) is piled up after acqu ing needed yardage against Hoover.

Offensive Football Squad: (First Row) Mark Morgan, Jeff Connor, Jack Rush, Chuck Agan, Paul Walker, Leon Fisher, Jack Pulliam. (Second Row) Roger Hart, Doug Long, Tim O'Hara, Bob Umdenstock.

(Left) Bob Umdenstock (20), after receiving pitchout from Quarterback Doug Long (15), prepares to turn the corner with Tim O'Hara (31) leading the way. Doug Long (above) prepares to throw a pass as he looks down field to his receivers.

Defensive Football Squad: (First Row) Jan Enslow, Chuck Lacona, Larry Daniels, Kevin Randleman, Jim Bell. (Second Row) Larry Wykoff, Chuck Agan. (Third Row) Jon Stapes, Bob Umdenstock. (Fourth Row) Joe Joyce, Roger Hart.

Mike Anderson (above) brings down opponent for a loss. Coaches Rhoads, Drake and Hendricks express different feelings as they observe the team in action.

Lincoln's Defense (above) surrounds East High ball carrier. Lincoln Defenders (left to right) are Jon Stapes, Mike Anderson, Larry Wykoff, Jan Enslow. Head Coach Cecil Rhoads (left) watches anxiously as team fights on.

Lincoln's Clark Rasmussen (above) dives for important touchdown against conference foe Hoover. Lincoln (below) attempts to stop a kickoff return against Roosevelt.

Defensive players Larry Daniels (54), Chuck Agan (53), and Larry Wykoff (60) look on as Roger Hart makes crucial tackle. Scoring a fieldgoal, Mark Morgan (above) with Joe Joyce (11) holding, adds another three points to Lincoln's score.

Coach Drake's "Roothogs" (right) warm up before a big game. Senior Clark Rasmussen (below) covers loose ball to sustain a Railsplitter drive.

JV finishes even with 3-3 record

J. V. Football Team: (First Row) Joe Joyce, Craig Matzke, Howard Newell, Richard Dickey, Dave Rickert, Dave Olson, Kevin Parker, Mike Cox, Melvin Manning, Kenney Bennett, Kevin Ketzler, Mike Anderson. (Second Row) Kurt Hart, John Benton, Dave Halter, Mark Kellner, Rick Richards, Steve Dean, Jeff Ball, Steve Drew, Jeff Judge, Bob Clock, Rod McKelweed. (Third Row) Ray Finley, Doug Brown, Dave Goerndt, Chuck Funaro, Rich Davenport, Kurt Jones, Randy Cook, Mike Brookshaw, Mark Edwards, Jack Pulliam, Steve Heisler, and Ron Wheeler.

The Junior Varsity team finished their season with a 3-3 record. A powerful offensive attack was relied on throughout the season.

Quarterback Joe Joyce found passing targets in Juniors Jack Pulliam and Ron Wheeler. Steve Heisler was the leading ground gainer with 263 yards and a 3.8 yard average. Rich Dickey provided powerful running up the middle. The line play was provided mainly by Juniors Dave Rickert, Rick Richards, Kirk Jones, Bob Clock and Kevin Parker.

Commenting on the season Coach Ace Hendricks said that one of the bright spots in the season was when the defense had seven pass intereceptions against non-conference Ankeny.

Offensive line (left) prepare to start drive in Ankeny game. Junior Chuck Funaro (23) (above left) is able to gain good yardage as Mike Cox (61) and Mike Anderson (54) are ready to block any opposing players. Junior Jack Pullium (above) slides across goal line for seven points.

Sophomores build experience for '76 season

The 1975 Sophomore football team, coached by Dave Ortale and Tim Barker, finished the season with a 2-5 record. The Little Rails' victories came at the expense of rival teams Tech 8-6 and a Homecoming victory over East 28-12.

Strong leadership for this year's team came from Mark Austin, Larry Berry, Chuck Fargo, Brian Gaumer and Jim Judge.

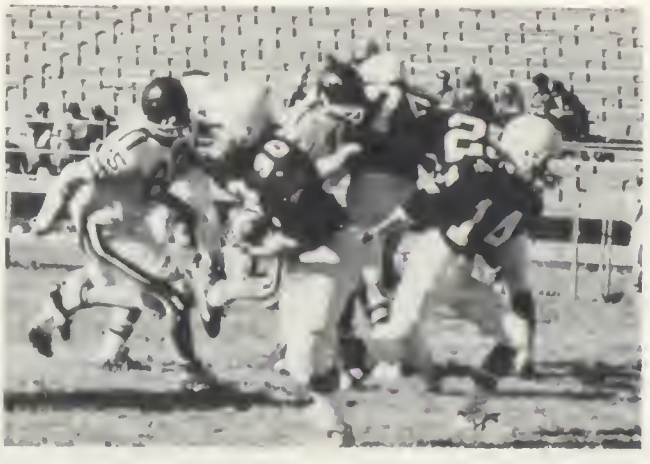
Commenting on the season, Coach Ortale said, "Although the record did not indicate a successful win-lose season, there were several good football players on the squad who will become excellent varsity material!"

Sophomore Jeff Bixler (left) runs around right end to gain yardage. Monty Davis (above) shows determination on a fourth down situation.

Sophomore Football Team: (first row) Coach Ortale, D. Summy (manager), L. Lammers, B. White, K. Hibbs, R. Tomlinson, B. Durbin, J. Wheeldon, B. Purscell, J. Hendricks, K. Houseman, J. Bixler, D. Richards, R. Shumaker, Coach Doug Brodie. (second row) S. Wallace, L. Berry, J. Pulliam, B. Baumer, M. Austin, D. Funaro, K. Ball, R. Lawler, M. Davis, C. Davis, C. Fargo, M. Ramey, M. Moore, J. Judge, T. Hauge, D. Sucky, P. Pitman. (third row) T. Phillips, F. Burgett, D. Vose, D. Detrich, D. St. John, C. Reed, L. Wykoff, M. Cochran, S. Walker, P. Frazier, J. Bixler, S. Briles, D. Crise, S. Smith, S. Fitch.

Freshmen finish successful with 5-2 record

Freshmen Football Team: (First Row) G. Caudill, T. Parks, J. Piper, M. Dales, B. Bates, M. Lloyd, M. Flatt, J. Short. (Second Row) B. Strohn, M. Phillips, J. Filipelli, M. Stevens, M. Smith, G. Dickey, T. Colosimo, R. Bristow, D. Palis, B. George. (Third Row) B. Thacker, S. Karnes, J. Bixler, T. Mack, C. Burson, D. Hetherington, R. Gillum, D. Dennis. (Fourth Row) S. Jones, M. Johnson, J. Squire, P. Fouge, D. Dales, R. Biondi, M. Smith, M. Berry, B. Aldini. (Fifth Row) R. Cummins, N. Link, T. Norton, T. Harvey, Coach Nowezeceski, Coach Oates, Coach Duede.



Freshman Gene Dickey (right) takes handoff and gains yardage. Offensive line (below) shows stance as learned in practice. Halfback Doug Hetherington (above) fights for touchdown against Roosevelt.

The Freshmen football team had a very good season this year. They finished with a 5-2 reeord showing great ability and poise.

There were many outstanding players on the team eommented Coaeh Duede. Quarterbaek Todd Parks ran for five touehdowns during the season. Fullbaek Gene Dickey was the all around player on the team. On defense Middle linebacker Bud Thaeker literally tore his opponents apart. The defensive squad was very tough not allowing a toueh-down in the first half for six games.

"The team was very eooperative and was very enthusiastie," eommented Coaeh Duede. "This I think was the strong point of our team."

Barbie George (above) uses originality and concentration as she performs her balance beam routine. In demonstrating an eagle, Senior Ronda Bochert (right) shows both courage and strength.

Gymnastics team has .500 season

The 1975-76 gymnastics team, coached by Linda Ritland and headed by Senior Tri-Captains Rhonda Borehert, Allison Peel and Karen Loeke, ended the year with a 5-5 season. The Metro Conference is the toughest in the state and the girls performed well against the tough competition. Captain Karen Locke qualified at districts to represent Lincoln in the regional meet on the trampoline and balance beam.

The letterwinners were: Freshman Marla Hall; Sophomores Kim Minshall, Debbie Judish, Kelley Solem; Juniors Michel Gasperi, Barbi George, Paula O'Conner, Ingrid Studins, Vicki Van Cleve, Michelle Warnes, Lori Zarley; Seniors Rhonda Borehert, Shelley Carpenter, Karen Locke, and Allison Peel.

Coach Linda Ritland states: "I was extremely proud of the performers of this squad. They have improved individually and as a team and have broken every school record. Each meet they put out 100% effort. Next year we will especially miss the leadership of our senior letter winners."

Senior Karen Locke (above) shows a fine execution of a daring leap in her balance beam routine. Grace and poise are both shown as Kim Minshall (above left) holds a pose during her floor exercise. Aerial awareness and mental discipline are all necessary as Michel Gasperi (left) demonstrates a front aerial.

Gymnastics Team: (First row) Ingrid Studins, Paula O'Connor, Shellie Carpenter, Kim Minshall, Vicki VanCleve, Marla Hall, and Lori Zarley. (Second row) Michelle Gasperi, Tammy Heck, Barbie George, Kelly Solem, Debbie Judish, Carla Fisher, and Robyn Blair. (Third row) Coach Linda Ritland, Manager Marsha Bishop, Rhonda Borhert, Allison Peele, Karen Locke, and Manager Karla Sheets.

While performing on the balance beam, Senior Allison Peel (above) needs both control and flexibility. Junior Vicki Van Cleve (left) shows poise and grace as she performs floor exercise.

Cagers claim 3rd straight Metro crown

For the third straight time and the fourth time in the last five years, the Rails have captured the Metro Crown.

Under the guidanee of Coaeh John Carle and the leadership of Captains Chris Kern and Dennis Livingston, the Rails were able to eompile a surprising 12-2 Conferenee reeord and a 15-4 overall reeord.

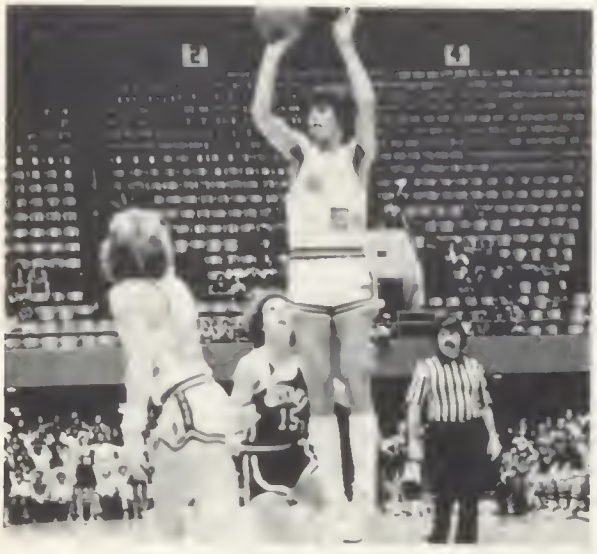
Other regulars were Chuek Agan, Mike Lantz, Graig Brown, Mike Caliguiri, Bob Umdenstoek, Darrel Finley and Kirby Van Nausdle.

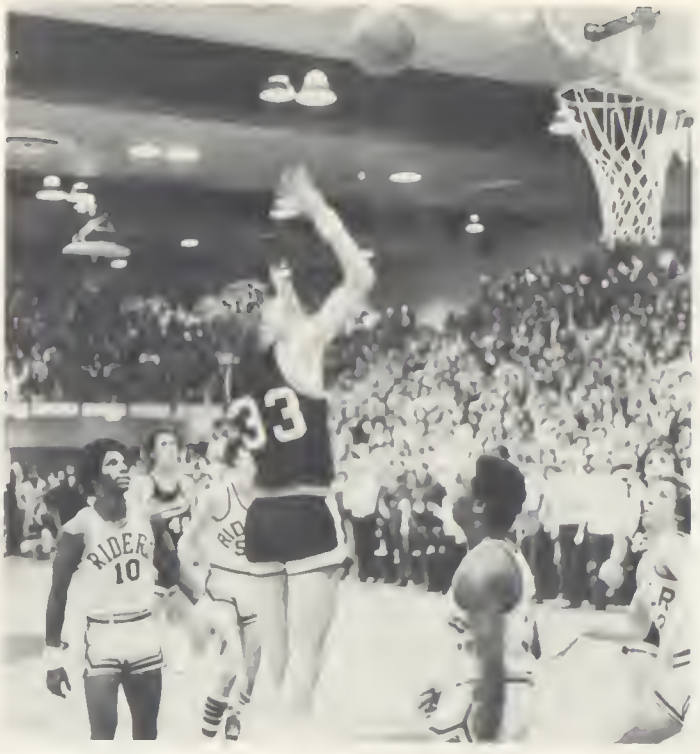
True to their spirit, the Rails finished first after being pieked to finish no higher than third.

The Rails were eliminated from post season play with a disappointing loss to Hoover in the first game of Distriet play at Vets by a seore of 58-54.

Next years team will have to overeome the loss of eight graduating seniors, ineluding first team all-Metro and all-State Chris Kern and first team all-Metro Dennis Livingston.

(above) Rails demonstrate good ball handling in warm up drills. Chuck Agan (below) fights for control of a tip as Darrel Finley and Dennis Livingston look on. Dennis Livingston (lower left) hits Darrel Finley with pass in game at Vets.





Mike Lantz (above) concentrates on a jumpshot against a Hoover opponent. Darrel Finley (above right) goes up for an easy two-point play in a tough game against Roosevelt.

Unidentified Lincoln fan (above) shows his spirit by making signs. Dennis Livingston (above right) sinks freethrow against Hoover. Darrel Finley (below) dribbles past Valley defender on fast break. Rail fans (below right) demonstrate the spirit that enabled the Rails to establish a 15-4 overall record, winning the Metro Championship outright.

Chris Kern (above) squeezes between the Roosevelt defenders for well deserved lay-up. Lincoln's Dennis Livingston (right) eludes Tech defenders for two points.

Mike Caliguri (above) goes high to make a lay-up in front of huge crowd as Chuck Agan looks on. Chris Kern (right) manages to control tip in tight contest against Hoover.

Boys Varsity Basketball team: (first row) Coach Dennis Deardon, Mike Caligiuri, Darrel Finley, Dennis Livingston, Kevin Swanson, Chris Kern, Mike Lance, Chuck Agan, Craig Brown, Bob Umdenstock, Coach John Carle, (second row) Bruce Staples, Brett Andrews, Neal Smith, Toby Cozad, Dan Cirksena, John Heath, Rick Kaili, Rich Powell, Brian McClurg.

Darrel Finley (above) puts in lay-up to help Lincoln move past Tech. Bob Umdenstock (right) skies on swishing jump shot.

Lincoln's Chuck Agan (above) gets an easy basket off a fast break against Tech. Dennis Livingston (above) shows good form on a jump-shot, as Mike Caligiuri looks on.

Unidentified Railsplitter fan (above) demonstrates enthusiasm at home game. Darrel Finley (below) goes over North defender for two points.

JV helps Varsity win Metro

With emphasis on playing good defense, learning offenses and getting playing experienee, this year's Junior Varsity basketball team had a sueeessful season. The season wasn't so suceessful in the terms of winning a lot of games, but in terms of aehieving their goals and having fun.

The JV was coaehed by Dennis Deardon with leadership eoming from Seniors Toby Cozad, Riek Kaili, and Dan Cirksena. Juniors ineluded Bob Cloek, Marvin Fisher, Tim Hollingsworth, Joe Joyce, Randy Karnes, Doug Long and Sophomore John Heath.

When asked to eomment on their season, one player said, "We played the JV games to have fun and to prepare ourselves for varsity aetion next year."

Dan Cirksena (top) jumps against Hoover opponent. Junior Joe Joyce (above) shoots a perfect jumpshot. Junior Tim Hollingsworth (above right) shows aggressive defense. Darrel Finley (right) fights through opponent defense.

Sophomores cruise to 11-7 season

Boys Sophomore Basketball Team: (First Row) Bart Warford, Brian True, Lance Rodriguez, Larry Berry, Tom Dusterhoft. (Second Row) Assistant Coach John King, Jeff Russo, Jim Vanande, Carl Mazzie, Doug Detrick, Greg Kline, Kirby Wilmore, Coach Jerry Schartner. (Third Row) Kent Smith, Larry Warren, Kelly McAninch, John Reischl, Craig Umphfleet, Joe Gazzo, and Stan Livingston. Not pictured Fred Trujillo.

The 1975-76 Sophomore Basketball team finished the season with a record of 11-7. The boy's placed fourth in the Metro with a 7-7 record. Led by Tom Dusterhoft's 233 points, the team set a sophomore field goal record of 41.9 per cent.

The most memorable game for the Little Rails was against Waterloo Central. Behind by 16 points the team came back during the second half to out-score Waterloo in the final 60 seconds.

"After getting off to a slow start, this team came on strong in the middle of the season and in one stretch, won nine out of ten games. They have been one of the hardest working and the most improved teams that I have ever coached," commented Coach Schartner.

Tom Dusterhoft (above) drives for two points against Valley.

Craig Umphleet (right) hauls down a rebound in heavy traffic. Larry Warren (above) blocks a North lay-up.

Carl Mazzie (right) takes an outside shot against North. Tom Dusterhoft (above) steals the ball from a Hoover foe.

Girls Varsity gains momentum

Girls Varsity basketball team ended the season with a 9-12 record. Although the team did not come out on top, practice, co-operation and hard work were evident to even the most casual sports fan, as he observed this team in action throughout the season.

The team's only experienced players this year were Kathy Murphy and Sheryl Olson, who was picked as first team All-Metro guard. Coach Phil Martin is looking forward to next year with great enthusiasm because of the return of nine experienced players.

According to Coach Martin, "Rhonda Rice and Sandy Lauqk, both sophomores, will play important roles in building the team if they continue to develop their potential between now and next season."

Coach Martin and team express different expressions as they watch the team in action.

Girls Varsity Basketball team: (first row) Chris Frangos, Lana Hedstrand, Kathy Murphy, Michelle Price. (second row) Julie Geronzin, Sheryl Olson, Kathy Forbes, Debbie Snyder. (third row) Assistant coach Mort Katz, Brenda Rice, Sandy Lauqk, Rhonda Rice, Shari Hutchison, Cindy Pontious, Debbie Porter, Coach Phil Martin. Not pictured, Darci Boyd.

Senior Sheryl Olson (above) gets rebound position against Valley opponent. Sophomore Sandy Lauqk (top) looks toward basket for possible shot. Rhonda Rice (left) shows great defense as she gets the rebound. Shari Hutchinson (below) drives toward basket for two more points.

Kathy Murphy (left) shoots free throw as Shari Hutchison awaits possible rebound. Cindy Pontious (above) sets pick for Lincoln's Sandy Lauqk in tough game against Valley.

Shari Hutchison (left) tries to elude Roosevelt defenders in order to score one of her many points. Debbie Porter (above) shows concentration while stealing pass in Valley game.

Sophomore girls spark to winning season

Girls Sophomore Basketball team (first row) Rhonda Emery, Joan Walker, Kim Hohenshell, and Donna Heiderschiedt. (second row) Charlinn Knight, Terri Leege, Diane McReynolds, Kim Lumadue, and Sherri Hildreth. (third row) Coach Jerry Atkinson, Janine Porter, Kathy Sarasio, Tracy Hutchison, Rhonda Meyers, Carol Krieg, and Manager Laura Studins.

This years girls sophomore basketball team, coached by Jerry Atkinson, completed the season with eight wins and six losses in Metro Conference play.

The teams starting forwards were Donna Heidersehiedt, Kim Lumadue, and Diane McReynolds. Lumadue lead all seoring with a season total of 414 points and a 23% average per game. Other eontributing forwards were Rhonda Emery, Rhonda Myers and Kathy Sarasio.

The guards that shared starting positions were Charlinn Knight, Carol Krieg, Terri Legee, Janine Porter, and Joan Walker. Guards Sheri Hildrith, Kim Hohenshell, and Traey Hutehison also eontributed to the team.

One of the highlights of the season was the vietory over the Metro Champs, Dowling. "The girls got off to a slow start but as the season eontinued, they grew into a very fine basketball team," eommented Coaeh Atkinson.

Sophomore Charlinn Knight (left) drives to the basket for another two points. Joan Walker and Carol Meyers apply pressure to Valley opponent.

LHS	Boys Sophomore Basketball	
64	Central Waterloo	60
76	Tech	91
46	East	71
71	Ottumwa	55
56	Dowling	64
60	Roosevelt	82
67	Valley	59
44	Hoover	56
92	Urbandale	38
74	North	42
74	Tech	50
75	Dowling	45
58	East	54
59	Roosevelt	61
75	Valley	64
62	Pella	57
31	Hoover	43
82	North	46

LHS	Boys Varsity Basketball	
110	Waterloo Central	71
97	Tech	74
106	East	60
61	Dowling	53
89	Ottumwa	60
114	Roosevelt	107
75	Valley	76
49	Hoover	45
85	North	64
89	Urbandale	73
95	Tech	51
101	East	84
65	Dowling	56
92	Roosevelt	89
91	Valley	75
61	Pella	68
55	Hoover	62
76	North	37
54	Hoover	58

LHS	Girls Varsity Gymnastics	
123.70	Hoover	137.80
151.95	Newton	141.10
139.25	Roosevelt	186.70
149.60	East	169.45
5th	Urbandale Invitational	
156.05	Marshalltown	108.55
153.45	Ankeny	100.55
155.25	Valley	149.10
155.20	Jefferson	126.85
155.20	Jefferson	126.85
156.20	Urbandale	161.80
160.15	Dowling	182.10

LHS	Boys Varsity Swimming
5th	Grinnell Invitational
1st	Boone
1st	North
2nd	Hoover
6th	Ames
2nd	Valley
1st	Dowling
2nd	Roosevelt
1st	Tech
2nd	Marshalltown
1st	East
4th	Metro
6th	District

LHS	Boys Varsity Football	
14	Marshalltown	12
12	Hoover	7
26	North	14
35	Tech	22
27	East	7
0	Dowling	34
28	Roosevelt	26
8	Valley	20

LHS	Boys Varsity Wrestling	
6	Indianola	49
7th	Saydel Tournament	
8	Marshalltown	48
10	East	47
34	North	15
26	Hoover	56
30	Creston	49
3rd	Knoxville Pin	
6	Valley	39
17	Newton	30
2	Dowling	50
29	Roosevelt	15
10th	Urbandale Tourn.	
58	Tech	20
4th	Lincoln Tournament	

LHS	Girls Varsity Basketball	
66	Ames	47
73	Indianola	65
65	Tech	66
53	Pella	52
75	East	56
65	Marshalltown	54
54	Dowling	61
56	North	39
73	Roosevelt	55
56	Hoover	61
55	Valley	76
51	Hoover	57
80	North	52
82	Tech	84
63	East	61
62	Dowling	71
54	Roosevelt	70
47	Valley	67
78	Roosevelt	65
69	Norwalk	79
56	Valley	95

LHS	Girls Varsity Softball	
4	Norwalk	3
Rainout	Urbandale	
10	Johnston	6
2	East	9
12	Tech	6
16	Roosevelt	1
8	Valley	3
6th	Urbandale Inv.	
4	Hoover	5
21	North	9
1	Ankeny	11
	Saydel Inv.	
5	Dowling	11
5	East	1
7	Tech	0
8	Roosevelt	9
6	Valley	5
10	Hoover	0
4	Interstate 35	9
1	Norwalk	5
4	Dowling	9
3rd	Metro Sectionals	

LHS Boys Varsity Cross Country	
10th	Ames Invitational
2nd	Dowling
7th	Hoover Invitational
2nd	Lincoln, North, East
5th	Marshalltown Invitational
3rd	Lincoln, Roosevelt, Valley
6th	Karpan Invitational
3rd	Lincoln, Hoover, Tech
9th	Augustine Invitational
2nd	Marshalltown
6th	Metro
6th	Urbandale Invitational
15th	State Meet

LHS	Girls Varsity Swimming
2nd	Hoover
1st	Grinnell
2nd	Valley
1st	S.E. Polk
2nd	Roosevelt
5th	Tiger Relays
1st	Dowling
1st	Tech
2nd	Ames
1st	North
1st	East
2nd	Marshalltown
1st	Newton
5th	District Meet

LHS	Girls Cross Country	
7th	Ames Invitational	
8th	Hoover Invitational	
4th	Marshalltown Inv.	
9th	Urbandale Inv.	
6th	Valley Invitational	
14	Johnston	23
14	S.E. Polk	22
29	Indianola	14
22	Dowling	14
10	East	29
11	Roosevelt	26
10	Valley	30
25	Hoover	11
13	S.E. Polk	23
10	Tech	29
2nd	Metro Conference	
4th	District	
17th	State Meet	

LHS Girls Sophomore Basketball		
44	Ames	65
31	Indianola	66
37	Pella	65
54	Tech	50
53	Marshalltown	58
46	East	54
42	North	30
37	Dowling	82
76	Hoover	61
49	Roosevelt	45
62	Valley	36
50	Hoover	59
57	North	33
64	Tech	43
55	Dowling	54
44	East	46
43	Roosevelt	45
45	Valley	57

LHS	Boys Varsity Baseball	
3	Urbandale	0
2	Ames	3
8	Ankeny	0
4	Boone	2
0	Hoover	4
5	Tech	4 (10 innings)
7	North	2
6	East	7
8	Roosevelt	2
2	Hoover	3
1	North	5
6	Tech	2
2	Dowling	0
4	S.E. Polk	3 (Saydel Tour.)
3	Dowling	2 (Saydel Tour.)
4	Nevada	1 (Champs)
10	East	13
5	Valley	0
4	Dowling	8
10	Roosevelt	2
1	Valley	2 (11 innings)
7	Nevada	0
5	Marshalltown	7
2	Urbandale	3 (District)

Inexperience plagues young hockey team

After bowing out of Metro Ice Hockey League in 1971 because of lack of participation, this year a new team was formed by Seniors Corky Hubbell, Jim Coughennower and Ed Corey. The hockey team competed against four other Metro teams at the Des Moines Ice Arena. As with all new teams, inexperience plagued the Icemen all season as they finished with one win and 15 losses. The team was coached and managed by two former hockey players, Jack Textor and John Webb.

Dave Mills (above) warms up the goalie before the game, as Don Treanor (left) and Brian Schnee (right) look on.

Hockey Team: (first row) Chris Ditzell, Don Treanor, Bob Strohn, Dennis Clair, Scott Blanchard, Corkey Hubbell, Jim Coughennower, Dave Mills. (Second row) Manager Jack Textor, Harry Kramer, Brian Leopold, Tim Pruinigar, Brian Schnee, Ed Corey, Jerry Ellston, John Marty, Coach John Webb. (Not pictured) Mike Housby and Wade Brantley.

Mike Housby (above) faces off against Webster City as Corky Hubbell sets up the defense. Number 13 Jim Coughennower (right) races for score as two Webster City players follow in close pursuit.

Harry Kramer (above) faces off in front of the Lincoln Bench as Brian Schnee (left) and Jerry Ellston (right) prepare a play. Bob Strohn (lower left) brings puck down between the Webster City defense. After scoring goal, the Lincoln offense (lower right) raise their sticks in celebration.

Grapplers show improvement

The 1976 Lincoln Grapplers finished their season with a 2-9 record. Coached by Larry Hayes, the wrestlers competed in the Knoxville Pin Tournament, placing third, with Jim Thacker and Kevin Parker placing first in their weight divisions.

Placing second in the Lincoln Invitational, wrestlers Scott Peers and Jeff Conners placed first while Kevin Foust and Tim O'Hara placed third. Capturing second place in their weight divisions in the sectional meet were Tim O'Hara and Kevin Foust.

With almost all underclassmen this past season, Coach Hayes predicts a more experienced and unified upcoming year.

Co-captain Tim O'Hara (above) begins to take opponent down with a doubleleg takedown.

Another grappler falls to the mat under the hands of Tim O'Hara (upper left). Co-captain Jim Thacker (left) pins another opponent as he finishes the season with the best won record for Lincoln. Kevin Foust, 98 pounder (above), over powers Marshalltown wrestler with strength and quickness.

Varsity Wrestling Team: (First row) Mark Romano, Harold Reeser, Kevin Foust, Mark Murphy, Dan Norem, Jeff Hendricks, Jim Thacker, Scott Peers, and Manager Debbie Wolk. (Second row) Coach Larry Hayes, Mark Ayala, Steve Heissler, Tim O'Hara, Jeff Judge, Kevin Parker, Jeff Conner, and Coach Don Williams.

Junior Mark Ayala (upper left) begins to break out of down position. Kevin Parker (left) trys to tuck and roll his opponent over. Coach Larry Hayes and Assistant Coach Don Williams watch over Lincoln wrestlers during one of the home meets.

Outstanding season for Junior Varsity

The 1975-76 Junior Varsity Wrestling team ended their season with a 7-4 record. Under the direction of Coach Don Williams, the JV wrestlers had a very outstanding season.

The highlight of the season was defeating Dowling High School with a score of 38-17. Most of the wrestlers on the team did well enough to receive letters.

Coach Don Williams stated, "Everyone on the JV wrestling team did such a great job, and to pick the best wrestler would be impossible."

JV Wrestling Team: (first row) Coach Don Williams, Pat Mitchell, Steve Golden, Randy Cole. (second row) Jerry Berry, Jeff Baird, Mike Coffey. (third row) Tim Houge, Jim Judge, Jack Rush and Dave Crise.

Junior Mark Ayala (below) attempts to put a move on his Marshalltown opponent. Performing in front of a home crowd. Junior Gary Edwards (below right) contemplates his opponents next move.

Polo members travel to Florida

Girls Waterpolo Team (first row) Kay Kissell, Cindy Shoemaker, Beda Soliday. (second row) Mary Jean Blaisdell, Tracy Mack, Michelle Price, Leigh Potthoff, Lisa Pointer. (third row) Mary Neff, Lori Sackett, Tami Houseman, Jeri Burdick, Robin Buckner, and Bridgette Soliday.

The water-polo team, coached by Tom Cady and Jim Hickman, made a trip to Florida. The boys intermixed their teams to form teams called "A" and "B" which played in various locations throughout the states enroute to Florida. The boys were also accompanied by the girls water-polo team.

Water-polo is played with a seven-man team with four seven-minute periods. The team consists of three forwards, three guards, and a goalie. The object of the game is to score as many goals as possible in the opposing team's goal.

Boys Water Polo Team. (first row) Ray Kinley, John Barthalmew, Karl Hartkmeyer, Ted Heggen, Mark Nicholson, Steve Teter. (second row) Jim Eidibo, John Deter, Steve Caron, Bill Judkins, Toby Kozad, Mark Walsh, Mike Bird, and Jay Squires. Not pictured, Dan Powell.

New coaches spark swim team for 75-76

With a new coaching staff, the boy's varsity swimming team ended another tough season. Coach Jim Hickman and Assistant Mark Hurley coached the Super Frogs to a 6-6 overall record and 4-3 in the Metro.

In the Metro meet held at North, Lincoln placed fourth as a team with some outstanding performances. Steve Jones, Steve Caron, Kevin Randleman, and Mike Bird made up the free relay team which placed fourth. Bird also swam the 100 breaststroke and the 50 freestyle, placing third and fifth respectively. Also placing well were Brad Burson, eighth in diving, and Steve Caron fifth in the 100 freestyle.

At Districts held in Ames, Lincoln placed sixth. Bird placed third in the 100 breaststroke and seventh in the 50 freestyle to qualify for the state meet.

The state meet which was held at Ames saw Junior Mike Bird place 23rd in the 50 freestyle, 15th in the 100 breaststroke.

Junior Kevin Randleman (above), who is nicknamed the "Tank", wins the butterfly against Dowling.

Boy's Varsity Swim Team: (first row) Ron Askland, John Deter, Mark Nicholson, Ted Heggen, Dan Barthalmew, Greg Brown, Kelly Harris. (Second row) Paul Woodfield, Mark Stout, Mark Walsh, Steve Caron, Steve Teter, Mike Bird, Kevin Randleman, Dan Powell, Steve Jones, Chris Burson. (Third row) Coach Jim Hickman, Kurt Harrison, Jay Squires, Pat Bussanmus, Rick Craig, Bill Judkins, Ray Kinley. (Fourth row) Lisa Howlett, Bridgett O'Keef, Brad Burson, Don Rodriguez, Chuck Rhodes, Tony Klucking, Assistant Mark Hurley.

Junior Steve Teter (top) shows good form as he finishes strongly in the breaststroke. Senior Dan Powell (left) makes last thrust as he finishes the individual medley. Sophomore Don Rodriquez (above) shows good form as he makes important dive.

Brad Burson (left) prepares for a difficult dive with great concentration. Coach Jim Hickman (above), in his first season at Lincoln, shows concern as he watches the team perform.

Take it to the limit; one more time

For boy's track, the season is really on the move. Coach Bob VanderLinden and Coach Hugh Drake have hopes of repeating another Metro Championship. The team's theme, "Take it to the limit, one more time," was originated by Coach Drake.

The Cindermen proved to be very tough at the Federation Meet at Lamoni, taking third place or better in almost every event. Rich Gasperi set a new state record in the 600-yard run and Clark Rasmussen captured two individual first places.

The mid season goals of the team are to qualify for the Drake Relays. The team is receiving a lot of help from sophomores and juniors.

"We've met tough competition from Dowling and Valley, but we'll be ready for them by the time the Metro meet is here," commented Coach VanderLinden. "Times are coming down, but there is still a lot of improvement needed. The whole team is really working hard and pushing for their second Metro Crown."

Senior Clark Rasmussen (above) anchors winning mile medley relay, setting the best time for an early season meet.

Mark Morgan (left) throws winning discus toss as he bids for another first in the Metro. Larry Toomey (above) tries to relax during the two mile run.

Varsity Track Team (first row) Larry Toomey, Kevin Lehman, Chuck Funaro, Randy Bredehoft, Jan Enslow, John Crouch, Rick Gasperi, Roger Hart, Steve Snook, Don St. John, Graig Page. (second row) Doug Harvey, Don Askland, Mike Manning, Jim Bixler, Bob Hammer, Mark Morgan, Jerry Wiand, Dale Smith, Tim Sanders, Clark Rasmussen, Bob Dearth. (third row) Joe Gazzo, John Rutan, Chuck Fargo, Jack Pulliam, Steve Drew, Curtis Hart, Dave Halter, Ron Wheeler, Dave Delmege, Allan Oatwell. (fourth row) Mike Cox, Bill Oliver, Leon Fisher, Mark O'Donnell, Larry Wykoff, Neal Smith, Kirk Jones.

Roger Hart (above left) wins open 440 as he leaves Dowling runner in the dust. Bob Dearth (left) leads mile in winning style. John Rutan (above) warms up for the shot put event.

Dave Delmege and Roger Hart (above) start in lanes for the open 440.

Rich Gasperi hands off to Clark Rasmussen (above left) during the mile medley relay. Don St. John and Rich Gasperi (left) blow opponents out of the blocks at the start of the 100 yard dash. Jan Enslow (ahove) takes the curve at the Ankeny Indoor.

Sophomores stride toward Varsity

Sophomore traek team: (first row) Chuek Reed, John Costanzo, Joe Gazzo, Alan Arwell, Tim Sanders, Greg Page, Don St. John, Rich Shoemaker, Chuek Fargo. (seeond row) Kent Smith, Jeff Bixler, Ken Houseman, Jeff Roberson, Jaek Rush, Steve Wallaee, Jim Briggs, Craig Wheeler. (third row) Steve Niekles, Dave Prall, and Tracy Murphy.

Steve Drew (left) strides out during two mile run. Jim Bixler (above) shows opponent the right way to hurdle at the Ankeny Indoor.

Girls show strength in Metro track

Girls track ended with a victory trophy at the Lammers Invitational, Colfax. The team finished fifth in Metro competition, sending two girls to state. Seven returning letterwinners proved to be the backbone of the team.

Returning letterwinners were Captains, Cathy Sagrillo and Linda Schweiger, Secretary-Treasurer, Sue Hickle; Juniors Darci Boyd, Julie Geronzin, Debbie Snyder, and Janice Walker.

With the guidance of Head Coach Dave Ortale, Assistants Jeff Robison and Phil Martin, the girls received more attention and instruction to become more informed and skilled in their events.

"The girls track team was a combination of experience and mostly youth. Many young hard-working sophomores contributed much to the team's effort," commented Coach Ortale.

"The future of girls track depends upon support from Lincoln girls. We simply need the girls to participate," said Coach Dave Ortale.

Girls Track Team (first row) Joan Walker, Linda Schweiger, Kris Frangos, Janice Walker, Sue Hickle, Linda Weberg, Luann Houseman, Kim Hohenshell, Dianne Dargitz, Kathy Sagrillo. (second row) Coach Robinson, Manager Kathy Scott, Manager Renee Wallace, Julie Geronzin, Tammi Rankleman, Debbie Snyder, Trudi McNeish, Julie Ferguson, Cindy Enslow, Donna Neidersheidt, Julie Jones, Fawn Burkett, Darci Boyd, Coach Ortale. (third row) Kelly Solem, Brenda Rice, Bridgett O'Keefe, Pam Conners, Sandy Laugh, Liz Noah, Beth Thoermer, Carla Graham.

Debbie Snyder (left) demonstrates concentration and form before throwing the discus.. Darci Boyd (above) shows winning form in the 220-yard dash as she defeats Dowling opponent.

Sophomore Linda Weberg and Senior Kathy Sagrillo (above) lead way past Dowling in the mile at home meet. Sophomore Kris Fraingo (left) demonstrates good form as she strides competition.

Senior Co-captains Linda Schweiger and Cathy Sagrillo (above) practice hand off before race. Coaches Dave Ortale, Jeff Robinson, and Phil Martin (left) discuss meet strategy. Junior Brenda Rice (above) outthrows opponent in shot put event.

Golf team on its way fore... ward!

Boy's Golf team: (first row) Dan Bartholomew, Brian Wright, Jeff Russo, Tim Hart, Larry Carlton, Gary McCoy, Bob Russell, Tim Johnston. (second row) Ed Corey, Jeff Barrett, Doug Long, Jeramy Johnson, Doug Tipping, Tim Brantley, Craig Umphleet, Dave Arrandale, Pat Curtis, Tim Ramsey. Not pictured, Marc Ward, Graig Brown, Brian Groves, and Kevin Ketzler.

Ed Corey (above) shows great form on practice swing. Doug Long (right) drives one down the fairway for considerable yardage.

Kevin Ketzler (above) shows form as he makes his par.

Norman Dudley (above) concentrates hard on important putt. Graig Brown (below) lines up putt for an important stroke.

Doug Tipping (above) practices swing before meet.

Boys tennis team in rebuilding year

Boys Tennis Team (first row) Dan Norem, Dan Gill, Andrew Leong, Mike Fisher, Ted Heggen, Tony Petosa, Tony Lucia, Tony Prieto, Jeff Wheeldon. (second row) Jon Zarley, Bruce Staples, Jeff McClintock, Carl Hotchkiss, Rod Bullard, Mike Owen, Tim Herbert, Rick Hazelton, Mark Marturello, Coach Van Why. (third row) Mike Briar, Mark Merkel, Doug Huggins, Rich VanPatten, Bruce Thomas, Dave Buckingham, John Evans.

Carl Hotchkiss (above) shows excellent forehand. Jon Zarley (center) charges the net to smash to ball. Jeff McClintock (far right) makes a good return volley. Rick Hazelton and Rod Bullard (right) warm up for a doubles match.

Girls tennis team gets off to swinging start

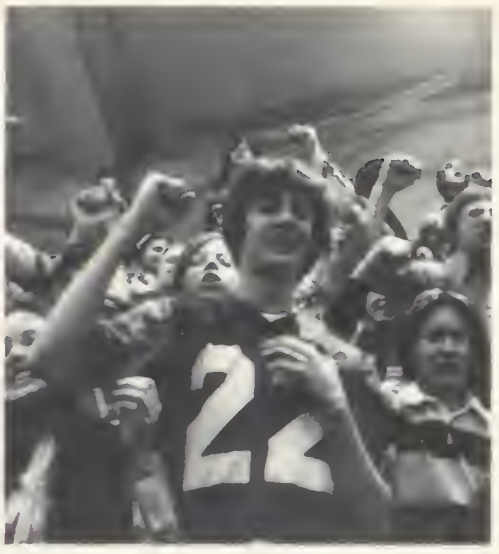
Girls Tennis Team (first row) Beth Fritz, Sue Roth, Sue Lang, Leslie Benda, Kathy Murphy, Carla Burt, Debbie Porter, Lori Zarley, Ingrid Stundins. (second row) Coach Van Why, Mary Heggen, Rene Scott, Sherri Volz, Mary Marturello, Theresa Filippelli, Diane Heggen, Mary Neff, Lorrie Conrath, Assistant Coach Shari Mortice. (third row) Sue Richards, Carrie Thoermer, Terrie Cole, Carolyn Williams, Lori Ahlberg, Jill Macey, Michelle Yakavitch.

Beth Fritz (above) makes a smashing forehand to an opponent.

Leslie Benda (above) shows great form in her serve. Kathy Murphy (above right) makes overhead smash. Debbie Porter (right) shows smooth winning style.

Shoe Sale
DRESS SHOES
CLARK TREKS
KEDS
CASUA SHOES
FA MOUS FOOTWE

Critical Years...



There's a shortness in your breathing as beads of sweat run down your face. Faces twist and turn in front of you, bodys lunge at you. There seems to be no end to the terrible things that await you. Relief flows through you as you spot the door that bears the number on your paper. Once inside the room your tension subsides knowing that you are in the right room and out of the halls.

To many, this was the first day of school, as 800 sophomores searched the halls looking for their rooms. The nervousness passed and sophomores became part of Lincoln. They showed their enthusiasm by being first in the SAT sales with 56.8%.

Sophomores spirit grows from September to March, as they gain more confidence.

Sophomores

Kim Ackelson
Bruce Ackilson
Carol Acuff
Sherry Acuff
Leslie Adams
Vicki Agan
Georgia Agans
Dennis Ahlberg
Joe Alessio
Graig Allen

Amy Aller
Monica Allison
Warner Allison
Keely Alton
Mika Amend
Dala Anderson
Robby Anderson
Louisa Andrus
Karen Antennucci
Elian Arendt

Jeff Arrandale
Rick Arrowood
Alan Atwell
Rhonda Babb
Dave Backstrom
Sharyl Baker
Kan Ball
Jack Ballard
Mark Baltzley
Bruce Barach

Vicky Barth
Dan Bartholomew
Fred Baumann
Linda Beeler
Mika Belken
Holly Bell
Patti Bennett
Tom Benoit
Laa Benshoof
Rick Bernard

Jarry Berry
Larry Berry
Jim Biggs
Cindy Bishop
Debby Bishop
Loren Bishop
Marsha Bishop
Graig Bittick
Jeff Bixler
Jerry Bixler

Dave Beurden
Tony Blair
Doug Blount
Cynthia Blumer
Nanette Bonanno
James Booker
Cathy Boyse
Norm Braceney
Tim Brantley
Bill Brauer

Dave Brockingham
Teresa Brockman
Thomas Briggs
Stephen Briley
Jean Briley
Gregory Brown
Laurie Brown
Tina Brown
Steve Brubaker
Randy Bruno

Carl Bunte
Randall Burgen
Farrall Burgett
Stan Burgett
Tina Burns
Tim Burris
Cindy A Byers
Cindy L Byers
Rick Byrd
Sheri Bush

Dale Calkins
Janet Calkins
Connie Caligiuri
Larry Carlton
Lori Carr
Brian Carroll
Dave Cart
Janet Carter
Julie Casebolt
Louie Castellano

Julie Christien
Cassie Cioccio
Chris Cioccio
Anne Clark
Mike Clark
Tammy Clerk
Todd Clark
Jerry Claton
Bill Clemons
Jean Comiskey

James Cole
Anthony Colosimo
Rosie Colosimo
Michelle Comegys
Richard Conkling
Curtis Cook
Wande Cook
Mary Cornwell
Bambi Cosner
Tammy Cosner

Prep Choir takes a break from hard rehearsal to crack a few jokes.

Mark Cosper
Joe Costenzo
De Ann Crasper
Janet Crewford
Shari Crigler
Dave Crise
Steve Cromer
Debbie Cross
Philip Cross
Steve Cross

Toni Crumb
Robert Curtis
Billie Daggett
Tim Dailey
Cheryl Daniels
Debbie Daniels
Diane Dargitz
Sherry Derr
Christy Dernell
Monty Daves

Joe Davis
Mary Davis
Chuck DeAngelis
Diane Deerden
Tonda Deneto
Mike Denny
John Deter
Douglas Detrick
Debbie DeYoung
David Dickey

Brian Dingmen
Kris Dingmen
Tami Dingman
Diane Dishmen
Kris Doane
Karen Docken
Bill Dodson
Linda Doerring
Tom Donnelly
Rick Dougles

Debbie Draper
Jim Draper
Cathy Drew
Julie Drew
Debbie Duckworth
Craig Duede
Marty Duffy
Pam Dunning
Bill Durbin
Tom Dusterhoft

Den Dyer
Karen Dyer
Janet Eldridge
Sue Ellingson
Elling Eidbo
Gary Elliott
Oran Ellis
Don Ellwanger
Rhonde Emery
Pam Enos

Cindy Enslow
Joni Erickson
Michelle Erickson
Mark Evans
Diane Ewing
Peggy Fairchild
Charles Fergo
Loretta Ferris
Gary Fatino
Sarah Feathers

Frank Fees
Terri Fees
Vicki Felice
Sherri Fennell
Terry Fenton
Julie Ferguson
Bill Fields
Doug Findley
Jim Findley
Debbie Fisher

Mike Fisher
Tami Fisher
Kathy Fitch
Penne Fitch
Steven Fitch
Mike Fitsimmons
Sean Fitzgereld
Jack Flatt
Craig Fleming
Paul Flickinger

Kathy Forbes
Karla Foust
Kris Franges
Julie Fraser
Pat Fraser
Barb Frederick
Sue Fucelore
Don Funero
Tessie Funaro
Toni Fusaro

Kay Gable
Ronny Gale
Christina Gelven
Terri Gamble
Peggy Gaskill

Nancy Gates
Kelly Gathercole
Mery Gauldin
Brian Gaumer
Joe Gazzo

Terrsa Genochio
Terri Ghee
Joe Gedler
Cheryl Gillispie
Jo Gillispie

Marcia Gillum
Kyle Goerndt
Kim Goode
Margaret Goodling
Kathy Gomez

Steven Gonalez
Diane Gordon
Craig Greeve
Carla Graham
William Graham

Chris Green
Vicki Griffin
Avis Grove
Brian Groves
Brad Gruwell
Jack Guthrie
Tom Guthrie
John Haag
Sarah Hamilton
Sherri Hamman

Tim Hannam
Craig Hanson
Jim Hanson
Randy Harder
Dana Harrison
Tim Hart
Karla Hartkemeyer
Karen Haskins
Tim Hawxby
Kim Heaberlin

Drill team initiate Cindy Shoemaker becomes mouseketteer for a day.

"This bicentennial year should be a great happening for our people. With all the events this year, everybody will have a chance to observe the good and the bad sides of the United States in all aspects of history. Enjoy this 200th birthday of America, for it's a chance of a lifetime."

"We the people of the United States have had a lot of hardships and good times. And I'm glad we made our stars and stripes forever. Happy 200th Birthday USA."

John Hoffman
Kim Hohenshell
Kelli Holder
Chuck Hope
Kevin Horner
Mary Horton

Chuck Hotchkiss
Tim Houge
Kanny Housemen
Lu Ann Housemen
Mike Hously
Teresa Howell

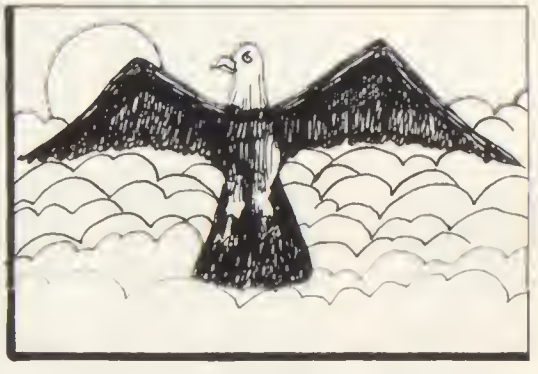
Steve Howlett
Sue Howlett
Mary Hudson
Scott Hudson
Tracy Hutchison
Bill Huxford

Jill Irving
Joni Izzonlenie
Doug Jeckson
Cindy Janssen
Brian Japnagin
Lori Jarngin

Doug Johannesen
David Johns
Gary Johnson
Jeff Johnson
John Johnson
Linda Johnson

"I believe it's a good thing, because of the fact that it will lift the spirit of the U.S. and I believe that it is needed very badly. I think we should be very thankful to live in the U.S. and have all that we have today.

I believe the Lord has really blessed us and our country, the United States."



Mark Johnson
Mike Johnson
Paul Johnson
Debbie Johnston
Cindy Jones
Dave Jones

Ted Jones
Carla Jorgensen
Jim Judge
Debbie Judish
Bill Judkins
Brende Kein

Adella Kennedy
Dan Kent
Tim Kernes
Rhonda Kilgore
David Kirchbaum
Kathy Kirchbeum

Doug Kisler
Kay Kissell
Rondelle Klimowski
Greg Kline
Mary Kline
Paul Kline

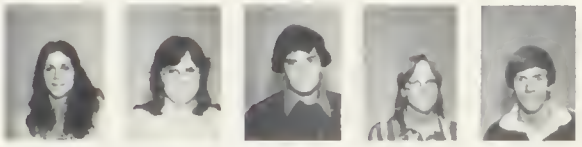
Kevin Kliseres
Tony Klucking
Melisse Kneuer
Charlene Knight
Betty Koeppl
Pete Kozo

"I think that the celebration for our 200th birthday is great! After all, how many 200th Birthdays does a country have?"

"The bicentennial year should be important to everyone. It means that freedom for America will be 200 years old, in our time of life."

Gary Kremer
Carol Krieg
Kim Kroll
Jerri Kutchen
Halen Kuzela

Vanessa Lacon
Debbie La Fon
Loran Lammers
Nancy Lane
David Lange



Ceroline Larson
Elaine Larson
Sandy Laugk
Rick Lawler
Terri Leege

Andrew Leong
Gary Leopold
Polly Leto
Don Lewellin
Connie Lingle

Robert Lipper
Stan Livingston
Nancy Lockwood
Patty Lagunes
Judy Lohr

Steve Lorenz
Dewne Lecey
Linde Lovell
Tony Lucia
Kelly Lundgren
Jemie Magnusxen
Teresa Mahoney
Merk Maldonado
Charles Manning
Roberte Marshell

Lori Lynch
Randy Lyons
Judy Macasa
Lucretia Medison
Terry Magnani
John Martindale
John Martinez
Merk Marturello
Mary Merturello
Chris Maselllo

Mimest Laura Schissel shows more sophomore involvement as she performs in mime show.

Craig Mason
Kathy Matelone
Jimm Matteson
Carl Mazzie
Kelly McAninch

Brad McAninch
Mike McCleen
Debi McCleery
Ed McClure
Gary McCoy

Glenda McCoy
Tanya McDonald
Randy McNear
Diane McReynolds
Jaff McWherter

Lorraine Meek
Terry Meisters
Bill Mendenhall
Sue Meredith
Mark Merkel

Dan Merrifield
Rene Meyrat
Kathy Michalski
Donna Miller
Tami Miller

Each Fall we come,
Very new and quite numb,
Anxious, unsure, lost.
We're the Sophs!
Sure we're over eager
And perhaps a bit
Too full of vigor
But listen here—
We've something to give this year!
Our gifts are not large or small,
They're not short or tall,
They're nothing extra-ordinary
Quite to the contrary . . .
A gift of time
A good thought
Each loyal, strong, or weak . . .
They'll never be recorded
But . . .
They add to that unspoken knowledge
That
Our
Lincoln
Is
Unique!

Beth Rohm

Regina Zavalla may look like a new student teacher getting to know her students, but she's really acting out a skit in drama class.

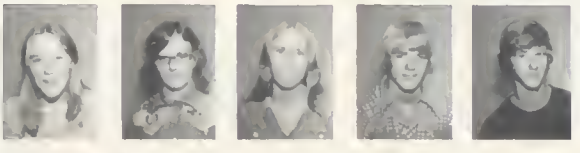
Margie Mills
Michael Mills
Pat Mitchell
Mary Mitchell
Tim Moden

Deanne Mohr
Mary Molka
Mark Monroe
Rich Montgomery
Roger Montgomery

Brad Moore
Cheryl Moore
Joan Moore
Mike Moore
Kathi Moris

Fiora Montanaro
Mark Motsinger
Sue Mullins
Rick Mundy
Dennis Munyon

Mark Murphy
Mark Murray
Vicki Murrell
Rany Mutchler
Susia Muto



Rhinda Myers
Janice Nash
Denise Nation
Randy Navin
Clayton Nelson

Jo Dee Nelson
Kim Nelson
John Newell
Martin Newell
Connie Newton
Kim Nichols
Rick Nichols
Kelly Nicholson
Terry Nicholson
Pauline Nicoletto

Vincent Nicolina
Julie Niffenegger
Terry Nittler
Liz Nosh
Chris Noble
Mary Nucaro
Trudy Northway
Tammy Norton
John O'Donnell
Doreen O'Hara

Debbie Oliver
Jon Olson
Pam Osborne
Mika Owen
Greg Page
Jarry Page
Kathy Palmer
Sam Pane
Rusty Parkins
Lorna Paton

Barbara Pavley
Kim Pennington
Greg Perkins
Jeff Perkins
Kathy Phillips
Ted Phillips
Jeff Piper
Paul Pittman
Mick Pollock
Jarry Polsch

Larry Polson
Janine Porter
Leigh Potthoff
Angela Powers
Dave Prall
Tim Preuninger
Nancy Price
Vicki Prothero
Jeff Proudfoot
Jerry Pulium

Brian Purcell
Tammy Ragan
Mika Ramey
Cindy Ramsey
Cathy Rand
Tammy Randleman
Chuck Reed
Ron Reed
Deanna Reetz
Dan Reeves

Michelle Reider
Linda Reihson
Bill Raints
John Raischl
Kan Raisman
Merk Remsburg
Bruce Rice
Rhonda Rice
David Richards
Kim Richards

Sophomores add strength to Lincoln's athletic teams. They demonstrate their abilities in tight situations and help pull the team through. They help to make Lincoln the best there is.

Kavin Richardson
Tammy Riewar
Sendy Riley
Cheri Ritchart
Kim Rivera
Louia Rivera

Charles Roads
Dave Robbins
Nick Robbins
Jeff Robertson
Candy Robinson
Tarry Robinson

Don Rodriguez
Lance Rodriguez
Phillip Rogers
Beth Rohm
Rick Romeo
Bob Ross

Peggy Ross
Bill Rote
Michalla Rote
Linda Roth
Steve Roth
Patty Routh

Sharyl Routh
Susan Ruby
Jeck Rush
Lori Rush
Tim Rushing
Bob Russell

Roy Russell
Ed Russo
Jaff Russo
Korrin Sabol
Gara Secco
Jana Saltzman

Laha Salyers
Jeff Sample
Jim Sanders
Lynda Sapp
Kathy Sarasio
Diane Sarnecki

Tom Sawyer
Vic Scaglione
LaAnn Scalise
John Scanlon
Angie Scavo
Anthony Schaffer

April Scharton
Laura Schissel
Vickie Schulz
Dino Sciachitano
Ronnie Scott
Debbie Seeber

Gloria Seers
Pam Seger
Shawn Shannon
Joe Sheehan
Karla Sheets
Tim Shelton

Lynn Sheppard
Dan Sheridan
Randy Shermaker
Chuck Shockley
Cindy Shoemaker
Duane Siece

Sophomores Say...

"I was glad to be here, it was kind of scary at first, but I didn't have any problems and soon made lots of new friends."
Teresa Howell

Hillarg Sinopoli
Becky Smith
Kent Smith
Steve Smith
Tawana Smith
Sandra Snook

"At first it was hectic; then I got myself straightened out. After I got to know where I was going, it was okay. I like it."
Terri Clark

Kelly Solem
Beda Soliday
Rosemary Spad
Kally Sparks
Melissa Sparks
Rendy Speur

"It seemed so big and I was sure I'd never learn my way around. I was lost at **orientation** for about an hour and a half and ended up in the janitor's room!"
Rhonda Kilgore

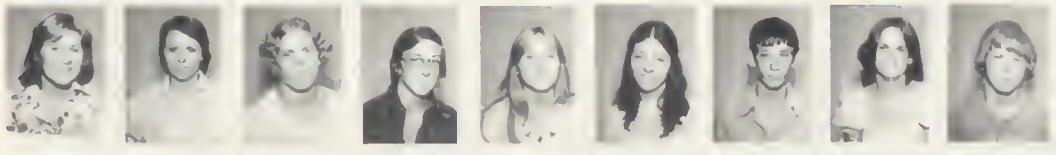
Dena Speriden
Merk Squire
Julie Staecker
Jeff Stanley
Julie Stanley
Mary Stark

"I was so scared I cried during the summer. I like it and I'm not afraid cause I found all my classes."
Michelle Erickson

Russell Stete
Terry Staude
Don St. John
Paula Steinbach
Art Stepp
Jim Stevens

Paul Stevens
John Stewerd
Bill Stotts
Perian Stresser
Jerry Stretton
Lerry Stretton

Steve Street
Vangie Stuck
Mary Stumpenhorst
Laura Studins
Doug Suchy
Ken Sufke
Doug Summy
Steve Summy
Marty Sutherland



Gina Sweckhammer
Cindy Swertz
Joel Swenson
Rich Tassin
Christina Taylor
Barbara Thecker
Jerry Thecker
Judy Thecker
Tom Theil

Beth Theormer
Bruce Thomes
Chris Tomes
Jim Thomes
Wes Thompson
Michael Thorne
Ron Thorne
Beth Thorton
Ron Tomlinson

Sherry Trissel
Brian True
Fred Trujillo
Jon Tucker
Patti Tursi
Jeff Tyler
Craig Umphlect
James Venende
Jeff Vender Werff

Rich Van Petten
Polli Van Velzen
Lloyd Van Zuuk
Fracoe Vaught
Kim Volz
Doug Vose
Cindy Vulcano
Franz Wegner
Scott Wegner

Joan Welker
Kay Walker
Steve Welker
Steve Wallace
Tammi Wallace
Kanny Walters
Andy Ward
Bart Warford
Larry Warren

A tradition at Lincoln is being upheld by Brian Groves (above) with toothbrush in hand, as he cleans the Lincoln Emblem. Rick Douglas (right) feels it an honor to pose with the bust of Lincoln. Both learn how strong tradition is at Lincoln.

Don Watt
Lynn Webb
Bill Weber
Lyndy Weberg
Christy Weeks
Jill Welch
Kirk Welch
Mindi Wessels
Don West
Jaff Wheeldon

Craig Wheeler
Beckey Whentzel
Kyle White
Larry White
Lee White
Robert White
Paul Whitefield
Laura Whitehead
Harold Wilkerson
Christine Williams

Judy Williams
Kim Williams
Paul Williams
Kirby Wilmore
Nancy Wilson
Gaylord Winship
Daryl Wion
Kevin Wolinski
Loretta Worley
Eddie Worthington

Brian Wright
Karol Wright
Lee Wykoff
Lori Wyant
Michelle Yakovich
Doug Young
Sande Young
Regina Zavacka
Kevin Zimmerman
Mark Scigliano

John Heath
Christine Heck
Lana Hedstrand
Ted Heggen
Randy Heglin
Donna Heiderscheidt
Vicki Heitland
Jerry Henderson
Jeff Hendricks
Cindy Henkle

Tim Herbert
Deanna Hess
Kim Hesser
Cliff Heuton
Rusty Hibser
Kelly Hicks
Jim Hickman
Sherri Hildreth
Doug Hilgside
Roberta Hinck

ONE OF THE RAILSPLITTERS
LINCOLN
LINCOLN
42
LINCOLN
24
31

Junior year seems to be the easiest of all three years of high school. They have learned what is expected and are preparing themselves for their last year of high school. The juniors this year have become more involved than in past years. They proved this every day with their participation in sports, student council, drama, drill team, band and many other organizations. Tradition will be the key word next year as these juniors become seniors.

Vickie Holman and Larry Trillinjure (above) sleeping on the way home from the Florida band trip.

Juniors

Keith Adams
Pam Adams
Lori Ahlberg
Mari Albright
Branda Allen
Kim Allen
Cathy Allison
Alberto Alverez
Amy Amend
David Amend

Rosa Amodeo
Denise Anderson
Jim Anderson
Kathy Anderson
Mika Anderson
Susan Anderson
Brat Andrews
Kim Andrews
Troy Arrandale
Ron Askland

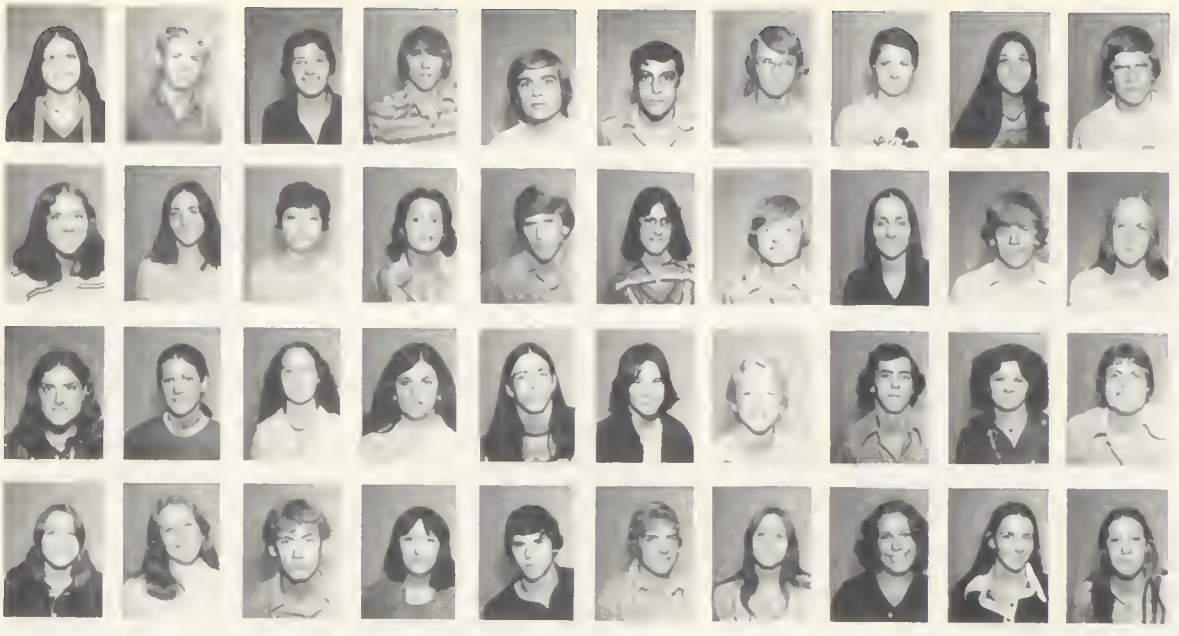
Mark Ayala
Dabbie Baber
Roland Baber
Marge Beckstrom
Lauri Bahl
Bob Baier
Jaff Baird
Jari Balducki
Susan Barfield
Carrie Beardsley

Mike Beauchamp
Cheryl Beck
Darlene Beck
Carmen Beckett
Debbie Belieu
Vicy Beliau
Leslie Benda
Pam Benefiel
Kenny Bennett
Diane Benoit

Lori Bentela
John Benton
Michelle Berard
Maribeth Billings
Rick Bingham
Mika Bird
Renee Birdsall
Debbie Blades
Toni Blades
Leanna Blair

Mary Blaisdell
Rusty Bonjour
Nancy Borcherding
Kelly Bowers
Randy Bowlby
Darci Boyd
Darla Bradford
Debbie Breheny
Anna Bridgford
Fawn Brokett

Kelly Brown
Navin Bruce
Mike Bruckshaw
Robin Buckner
Kris Bullington
Roy Bunting
Jari Burdick
Jeannine Burks
Karla Burnett
Linda Burriola



Monica Burriola
Brad Burson
Carie Burt
Doug Burt
John Burton
Pet Bussanmas
Gery Byers
Sue Byers
Cathy Celuzzi
Dan Campbell

Gina Compopiano
Terrie Cannon
Sarah Cardomon
Debi Carle
Stephen Ceron
Yvonne Carpino
Tracy Carroll
Rechel Carson
Alan Cart
Barbara Cart

Tina Casebolt
Tammy Caudill
Lynne Chadwick
Kayla Chennon
Clay Chapmen
Mark Chapmen
Sheila Cherry
Dennis Cleir
Carrie Clark
Jeff Clark

Jenny Cley
Tammy Clifford
Bob Clock
Tammy Coan
Mike Coffey
Randy Cole
Kathy Colegrove
Kathrina Colosimo
Rosemary Colosimo
Connie Comegys

John Conkling
Robert Conley
Debbie Conlin
Chris Conner

Pamela Conner
Steve Conner
Randy Cook
Kevin Copic

Lori Conreth
Mike Cox
Rick Craig
Dennis Crepser

Brenda Crewford
Amber Creveling
Terri Cronin
Billie Jo Cropp

Philip Crum
Karen Culp
Ed Curry
David Curtis

Patty Curtis
Tom Daggett
Doreen Dailey
Theresa Dale

Richard Davenport
Steve Davidson
Beverly Davis
Dawn Davis

Mary Davis
Steve Deen
Jody DeCerlo
Paul Deeds

Doug Harvey and Kathy Marvin (above) enjoy junior varsity football game.

Pem Dennis
Mervin Denny
Kent Dickerson
Richard Dickey

Linde Dobbins
Kevin Dingmen
Dennis Dissinger
Kevin Dougles

Mary Dougles
Tammy Dougles
Laura Douglass
Mark Dresselhuys

David Drew
Lorrie Dudley
Charlie Eeton
Mark Edwerds

Sharlynn Edwerds
Kent Egenberger
Deva Eggers
Karleen Eilbert

Becki Elgin
Michael Elfritz
Lorrie Ellsworth
Jerry Elston

Mark Morrison (above) is the "fig" at the Swing Choir Show.

Russell Emery
Eileen Erickson
Jody Erickson
Kym Erickson
Brigette Estermenn
John Evens
Allison Ezell
Jeff Fagerlend
Kim Fairley
Larry Fatino

Donna Ferguson
Danny Ferreri
Tenya Ferreri
Dom Filipelli
Chari Finch
Darrell Finley
Leon Fischer
Marvin Fisher
Steve Fisher
Kevin Fleming

Goldine Foremen
Irene Foremen
Robert Foremen
Cathy Fosneugh
Nancy Foster
Doug Foust
Kevin Foust
Carol Fraser
Ruth Ann Francois
Carolyn Free

Dennis Frye
Chuck Funero
Tom Geble
Tim Gerber
Kelly Gele
Renne Gercie
Michel Gasperi
Creig Getes
Selinde Gethercole
Mark Gatliff

Dan Gatto
Steve Gauldin
Frank Gaulke
Barbi George
Julie Geronzin
Hugh Gieseke
Dan Gill
Jodi Gilliem
Mildred Gillson
Pam Gray

Mary Gruis
Julie Guess
Rick Gustin
Mary Guthrie
Duane Hacker
Gary Hager
Elizabeth Hall
Steve Hall
David Halter
Karen Hammer

Robert Hammer
Lesa Hansen
Carol Hardman
Jennifer Herkness
Denise Herrison
Curt Hart
Karl Hartkemeyer
Mika Hartzer
Andreu Harvey
Doug Harvey

Tammy Harvey
Rick Hazelton
Tammy Heck
Dienne Heggen
Steve Heisler
Sam Helfenstein
Kevin Hesser
David Heuton
Brian Hild
Larry Hill

Cindy Hoff
Lisa Hollett
Tim Hollingsworth
Vicki Holman
Nancy Horn
Tammy Houseman
Judy Hunt
Shari Hutchison
Carla Irving
Theresa Irving

Steven Isaacson
Dennis Jantz
Paul Johns
Gary Johnson
Joyce Johnson
Pam Johnson
Pam Johnson
Jeremy Johnston
Carolyn Jones
Julie Jones

Kirk Jones
Wendy Jones
Tami Jorden
Kim Joss
Joe Joyce
Jeff Judge
Dawn Judish
Randy Karnes
Mark Killner
Lorna Kennedy

Renee Kent
Mark Kingkede
Mary Kingkede
Ray Kinley
Kim Kirchner
Susan Kirschbeum
Debe Kissell
Frank Klier
Joyce Kline
Dave Knight

Bob Larson (above) gives a little smile to a yearbook photographer.

Harry Kremer II
Debbie Lacey
Patricia Ledurini
Jeck Laird

Michelle Lammers
Larry Lane
Mark Lane
Sue Lane

Sue Lang
Bob Larson
Rustin Larson
Ken Lau

Becky Laughlin
Bobby Lee
Kevin Lehmen
Brian Leopold

Brenda Lett
Randy Lett
Mike Lewellen
Risa Lewellen

Kim Lipper
Lloyd Lieser
Lisa Lively
Philip Lockwood

Jackie Lohr
Doug Long
Hilda Long
Diane Lujan
Tom Machie
Cindra Mechir
Glenis Mechlen
Tracy Mack
Jill Macy
Mike Manning

Lu Ann Mapel
Michell Maresco
Robert Mercum
Janice Martin
Theresa Martinez
Kathy Marvin
Craig Metzke
Diane Maxwell
Debbie McAdoo
Chris McBee

Buff McBride
Jack McChurch
Dave McCleery
David McConnell
Melodie McCool
Sharon McCullough
Marcia McDaniel
Michael McDonough
Rod McElwee
Matt McGinnis

Joni McKern
Sterle McMurrey
Trudi McNeish
Roy McSwain
Patty McVey
Sharon Meek
Pete Melcher
Jim Meyer
Kelly Meyer
Rick Meyer

Trina Meyer
Robin Micheel
Steve Mick
Mike Millard
Donna Miller
Lynne Miller
Mery Miller
Mike Miller
Pam Miller
Paula Miller

Teresa Miller
Cindy Minnich
Alan Mohr
Judy Morgen
Sharon Morris
Sue Morris
Mark Morrison
Debbie Motsinger
Pam Mulcahy
Paula Mundy

Jean Trafford, Debbie Carle, and Paula Tursi await to play their part in basketball skit.

Dave Munsell
Dee Munyen
Kathy Murphy
Karen Myers
Nancy Meyers

Rhonda Myers
Tim Myers
Dave Navin
Sheri Nees
Mery Neff

Lori Nelson
Howard Newell
Mark Nicholson
Carla Niffenegger
Joe Nixon

Dan Norem
Paula O'Connor
Mark O'Donnell
Kathy Ogle
Tim O'Hara

Bridgett O'Keefe
Bill Olwer
Dave Olson
Dennis Olson
Tim Olson

Lori Oppenheim
Chris Osborn
Cindy Osborn
Kathy Osterholt
Tammy Pake

Kathy Palis
Mike Palmer
Lori Pangburn
Kevin Parker
Linda Patten

Jola Patycki
Joan Paulson
Cindy Pawley
Joni Penlend
Don Perry

Bruce E. Peterson
Bruce P. Peterson
Larry Phillips
Chris Piper
Lisa Pointer

Bart Polson
Cindy Pontious
Steve Ponzelino
Julie Poore
Debbie Porter

Kurt Potthoff
Richard Powell
Michelle Price
Linda Priest
Sandy Proheska

Michelle Berard (above) disects a beaver with Mr. McCaw in advanced zoology.

Gina Prusis
Randy Prymek
Jack Pulliam
Sheila Puls
Walter Rendell
Kevin Randleman
Jim Reed
Rick Reed
Harold Reeser
Don Reeves

Gwen Reeves
Lisa Reihson
Julie Reierson
Chris Riccelli
Rhonda Rice
Rick Richards
Dave Rickert
Laura Riggle
Audrey Rivera
Jim Rivera

Craig Robb
David Robinson
James Robinson
Karen Rogers
Phil Ronan
Larry Roth
Susie Roth
Chris Roush
Connie Rote
Jeff Roy

Lavon Ruble
Mike Ruby
Jeff Ruggles
Scott Runyon
Dave Rushing
Chery Russo
Judy Russo
John Ruten
Marlow Samuelson
Rodney Saylor

Frank Sceghone
Becky Schmaltz
Steve Schnoebelen
Lori Schroder
Mark Schroder
Jodie Schuler
Bob Schute
Jody Skoop
Diane Seeber
Elera Seger

Lesley Seibert
Gina Seuferer
Randy Shannon
Jerry Sheets
Connie Shingledecker
Dave Shipley
George Shipman
Rick Siron
Chip Sloen
Belinda Sly

Evanna Small
Neal Smith
Steve Snook
Cindy Snyder
Debbie Snyder
Brigette Solidey
Rick Soroka
Kim Spagnole
Russ Speur
Dave Spencer

Randy Spieker
Mike Stafford
Diane Steele
Kim Stephens
Richard Stephens
Mona Stevenson
Mary Steward
Kathy Stover
Julia Stratton
Jan Street

Chris Streeter
Paul Stuber
Steve Stuck
Ingrid Stundins
Carolyn Sullivan
Chris Sullivan
Kevin Swanson
Carla Swenson
Dave Swigart
Debbie Swigart

Tom Sztukowski
Luke Tapscott
Diane Taylor
Richard Taylor
Todd Taylor
Steve Teter
John Tew
Mike Tew
Sarah Tew
Kathy Thede

Cindy Thomas
Sandi Thomas
Shirley Thomas
Ben Thompson
Dave Thompson
Jack Thompson
Merle Thompson
Pam Thompson
Carla Tibboel
Sue Tillinghest

Michelle Tinlin
Doug Tipping
Belinda Toomey
Jean Trafford
Taresa Trimble
Debbie Truitt
Tarasa Trujillo
Larry Trullinger
Joe Tursi
Paula Tursi

Jeff Utterback
Vicki Van Cleve
Mark Van De Pol
Kirby Van Nausdle
Betty Vasey
Jerry Waldon
Wally Wachter
Radona Wetrous
Ann Weberg
Eugene Wheeler

Ron Wheeler
Sue Whisler
Rebecca White
Tammi White
Joyce Whitfield
Alan Whitletch
Jerry Wiand
Anne Williams
Denny Williams
Phil Williams

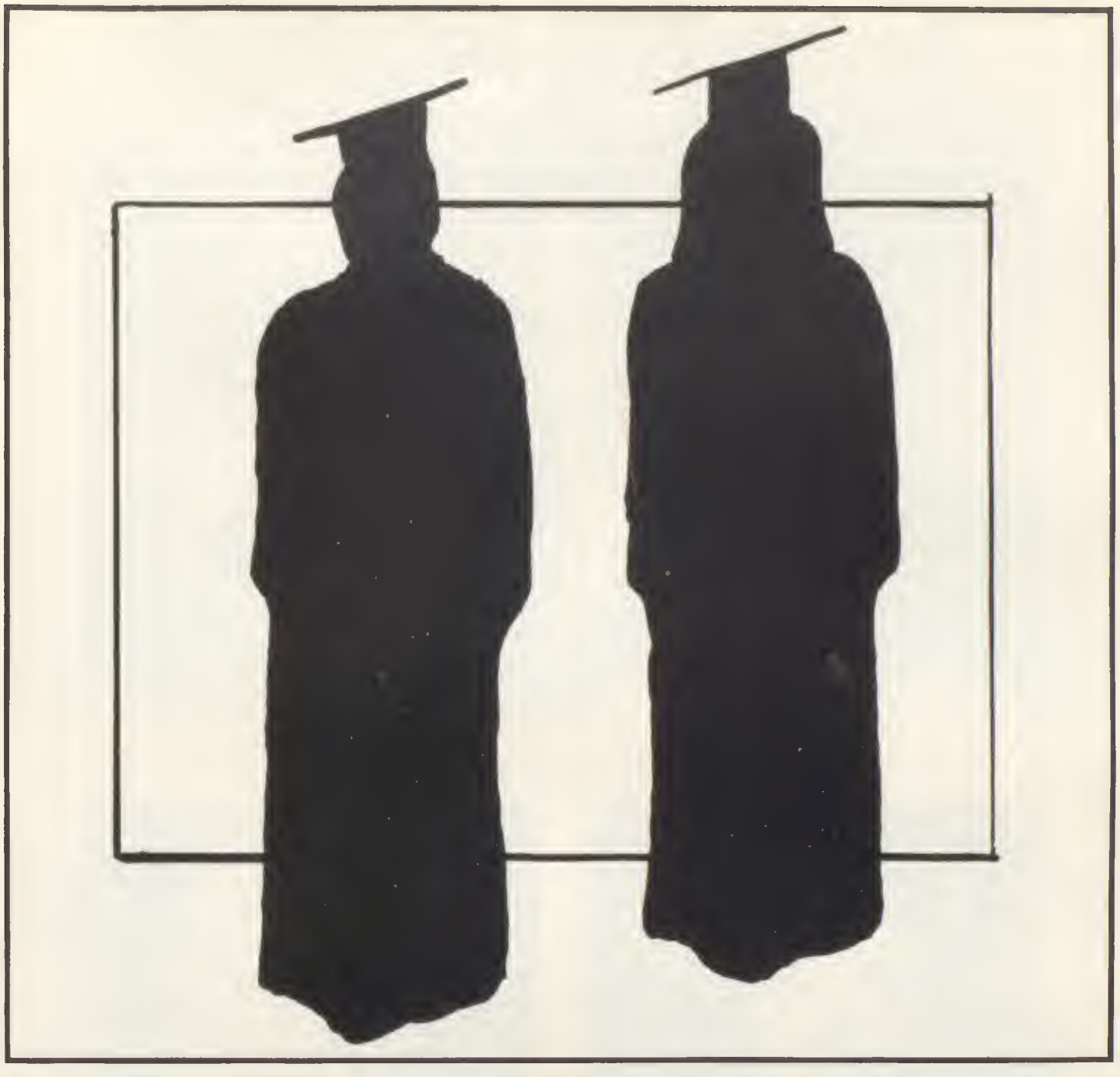
Terrie Williams
Dena Wilson
Bruce Wilson
Scott Wilson
Carey Wimer

Batty Wingfield
Dabbie Winne
Connie Whitmer
Debbie Wolk
Shalley Woods

Jaff Worthington
Jaannie Wren
Randy Wright
Minda Wyant
Larry Wykoff

Gary Young
Lori Zarley
Todd Zelinsky
Dean Zanor
Kally Zimmerman

Wendy Jones and Linda Dobbins (left) clown around after performing in Iowa City.



Declaring Independence...

1976 Class Officers

President: Jon Zarley

Vice President: Jeff Gabler

Secretary: Michelle Brown

Treasurer: Laura Blunck

76 Senior Board Members

First row: Susan Hickle, Diana Reeves, Pam Rizzuti, Dawn Messinger. Second row: Teri Harper, Michelle Brown, Linda Schwieger, Wendy Morton, Anita Dyer, NorRae Merkel. Third row: Kevin Livengood, Larry Toomey, K. C. Textor, Dave Green, Jeff Barrett, John Crouch. Not pictured: Vicki Woods, Mary Ann Aller, Kelly Carter, Willis Van Zee, Kim Jones, Jenifer Wiltsie, Nancy Smith, Rose King, Teresa Punelli and Kelly Croft.

On May 23, the class of 76 declared their independence. Headed by Advisor Robert Wilson and Class President Jon Zarley the seniors sponsored an array of activities which began with Senior Sign. The theme, "The Spirit of 76" was originated by Nancy Link and Laura Blunek. Seniors worked long and hard on the sign which was brought to Lincoln at 5 a.m. Homecoming morning.

Preparing for graduation, using the theme "The End is the beginning," the seniors gathered in the Green Room on May 6 at the Hilton Inn for their Senior Banquet.

The group Red Pony performed at the Prom which was held at the Riviera Ballroom on May 15.

On May 21, Class Day was held in the boys gym before the entire student body, parents, and guests.

Commencement, which was the climax of the year, was May 23 at Vets Auditorium.

Kim Abbott
Pam Adams
Danny Adamson
Chuck Agan
Earl Agan

Jo Ellen Akkerman
Emi Albright
Matt Allen
Mary Ann Aller
Rose Amodeo

Terri Anderson
Kay Andrews
Richard Andrus
Laurie Arendt
Ray Armel

Kathryn Ashbaugh
Steven Ashbaugh
Marge Backstrom
Mike Backstrom
Linda Bainter

Diane Baker
Jeff Ball
Jeff Barrett
Bill Barth
Cris Bason

Judy Belken
Carole Bell
Jim Bell
Nanci Bennett
Scott Bittick

Jack Blackford
Laura Blunck
Bonnie Bobzien
Rene Bonjour
David Booker

Rhonda Borchert
Debbi Boudewyn
Wade Brantley
Pam Brauer
Tracey Brauer

Randy Bredehof
Adrian Briggs
Mark Brightman
Cindy Brokens
Carla Brown

Doug Brown
Graig Brown
Marcia Brown
Michelle Brown
Les Bruner

Rod Bullard
JoEllen Bunn
Doyle Bunting
Laura Jean Burks
Jerry Burns

Teresa Burriola
Doug Burt
Mary M. Bussanmas
Lindsey Butcher
Rich Butler

Beth Cabanis
Rich Callahan
Mike Caligiuri
Ken Calkins
Cathy Caluzzi

Robert Carey
Shelley Carpenter
Theresa Carruthers
Dyann Carroll
Kelly Carter

Michelle Casber
Sheryl Caudill
Greg Chamberlin
Dee Christy
Dan Cirksena

Sarah Clark
Pam Clay
Linda Close
Scott Coen
Jeff Conner

Julie Conner
Rebecca Cook
Sharon Cook
Sue Coon
Penny Cosner

Jim Coughennower
Barbara Countryman
Ed Corey
John Courtney
Toby Cozad

Pat Craig
Sandy Crane
Debbie Crapser
Jackie Crise
Kelly Croft

Margery Cromer
Lori Cronin
Kimberly Cropp
Pamela Cross
John Crouch

Jim Crumb
Jeff Crusan
Nancy Curry
Ron Dales
Craig Daniels

Larry Daniels
Sheryl Darrah
Cathy Davidson
Jean Davidson
Merlin Davis

Bob Dearth
Chuck DeFino
Dave Delmege
Lee Ann DeReus
Chris Dingman

Kevin T. Dingman
Tim Dorsett
Mary Douglas
Loretta Downard
Steve Drew

Norman Dudley
Diane Dunham
Anita Dyer
Cindy Edwards
Jill Eikenberry

Journalism students enroute to Ames Journalism Workshop include, clockwise from top, Angie Klier, Michelle Brown, Sue Fresco, Dave Mills, Kathy Felice, Sue Richards and Teri Harper.

Tracy Elder
Jan Enslow

Bonnie Erickson
Michael Erickson

Tina Faith
Cheryl Fargo

Scott Farris
Kathy Felice
Theresa Filippelli
Jody Fitch
Mike Fogue

Beth Fritz
Colleen Fitzgerald
Renee Fitzgerald
Roger Fleener
Terry Flatt

Carolyn Free
Becky Freeman
Sue Fresco
Jeff Gabler
Gayle Garnett

Richard Gasperi
Ted Gentosi
Debbie George
Debbie Ghee
Karen Gibson

Dave Gilge
Ken Gilge
Roxanne Gillum
David Goerndt
Diane Good

Robertta Graham
Kimberly Gray
Dave Green
Dennis Green
Terry Green

Sheila Griffin
Dave Griffith
Jim Griffith
Debbie Griffiths
Linda Groves

Alan Guzman
Tim Halverson
Carla Hand
James Hanrahan
Carol Hansell

Liz Harbert
Monica Harper
Teri Harper
Bob Harris
Roger Hart

Julie Hartman
Judy Hartzer
John Harvey
Kraig Haskett
Teresa Heathcote

Tammy Heck
Karen Heggen
Dennis Heldenbrand
David Allen Heldt
Liz Heller

Sandy Heller
Heidi Henderson
Shari Hessong
Susan Hickle
Helena Hillman

Julie Hitchcock
Elizabeth Hoch
Robin Hochstatter
Dave Hollinrake
Paul Holmes

Sue Hormel
Carl Hotchkiss
Peggy Houghtaling
Joan Howlett
Corky Hubbell

Tammy Huggins
Linda Hutt
Joyce Janis
Ron Jahnke
Sherry Jeffries

Richard Jennings
Paul Jilg
Patty Johnson
Randy Johnson
Sharon Johnson

Linda C. Jones
Kim Jones
Steve Jones
Tim Jordan
Jeri Jorgensen

Rick Kaili
Mary Kennedy
Carole Kent
Chris Kern
Kevin Ketzler

Jim King
Rose King

Debbie Kirschbaum
Sonia Kissel

Angie Klier
Pam Kline

Ray Schlicher, Dave Mills, and Mark Alfonso make a rendezvous in the parking lot.

Melody Knauer
Linda Knight
Kelsey Koons
Bill Krahl
Kelly Kramer

Kim Kramer
Karol Kratz
Steve Kuntz
Chuck Lacona
LouAnn Lacona

Valerie Lacona
Vicky Lair
Jeff Lang
Mike Lantz
Gladys Larson

Joanne Leach
Debra Lee
James Leege
Andrea Leto
Nancy Link

Sheila Lipovac
Kevin Livengood
Dennis Livingston
Karen Locke
Ken Lukenbill

Linda Macasa
Tom Maldonado
Rick Maly
Melvin Manning
Reva Mapel

Bob Mark
Richard Marshall
Sue Marshall
Albert Martin
Vicki Matteson

Bob Mauro
Debbie McAdoo
Kelly McAninch
Jack McChurch
Harry McClelland

Jeff McClintock
Jonette McClung
Brian McClurg
Melodie McCool
Betty McDonald

Craig McDonald
Tom McDonald
Gary McDonough
Robin McDougall
Tammi McKibben

Starla McMurray
Susan McVey
Mike McWilliams
Tracie Mehl
Bob Mendenhall

Pam Mercer
Leonard Meredith
NorRae Merkel
Dawn Messinger
Mike Mettille

Jennie Meyer
Lynette Mifford
Dan Miller
Donna Miller
Pam Miller

Andy Mills
Dave Mills
Kimberlee Ann Minard
Sherri Mohler
Mike Montis

Carolyn Moore
Dianne Moore
Sheryl Moore
Mark Morgan
Scott Morlan

Larree Moro
Wendy Morton
Jean Morris
Kris Morris
Russell Morris

Mary Munyon
Sue Murphy
Kathy Myers
Doug Nation
James Nelson

Cindi Nevins
Jackie Nittler
Jeri Noah
Cindy Noble
Lori Norem

Sheryl Olson
Barry O'Neel
Roger Parlee
Scott Parks
Paul Pasutti

Bill Pascuzzi
Russ Pebbles
Allison Peel
Scott Peers
Marta Perez

Don Perry
Doug Phillips
Ron Porter
Dan Powell
Debra Proudfit

Teresa Punelli
Vera Rains
Walter Randell
Mary Read
Ken Reed

Donovan W. Reetz
Diana Reeves
Rose Reider
Debbie Reynolds
Marsh Reynolds

Richard Rice
Kim Russell
Sue Richards
Sue Ridenour
Pam Riley

Mona Rios
Pam Rizzuti
Jim Roberts
Kathy Roby
Donna Rogers

Carol Roth
Annette Roy
Nate Runkel
Lori Sackett
Gail Sage

Cathleen Sagrillo
Kathy Samuelson
Thomas A. Sanders
Marc Sapp
Mike Sarnecki

Teresa Soroka
Barbara Saville
Bill Scarpino
Nick Scavo
Margaret Scheftner

Mark Scheftner
Stephanie Schissel
Ray Schlicher
Linda Schweiger
Michael Sedars

Jason Seger
Janie Severino
Peggy Shaw
Patty Shelton
Ed Shipley

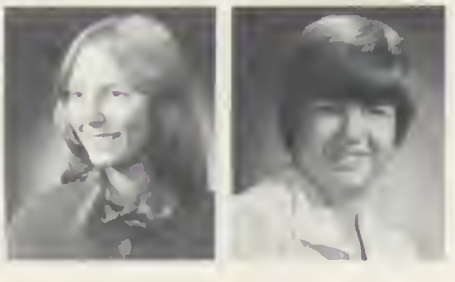
Elizabeth Shirley
Vicki Short
Sandy Siedel
Stacey Siepmann
Janet Silcott

Rita Singleton
Marianne Sirianni
Jody Skoog
Janice Slaton
Joan Slaton

Flaggettes for the Powder Puff game are, bottom row; left to right, Gene Smith, Mike Lantz, Dennis Livingston, Chris Kern. Middle row; John Crouch, Norman Dudley, Bill Scarpino. Top Row; Randy Stotts, Mike Caliguiri.

Dale Smith
Gene Smith

James Smith
Joy Smith



Kim Smith
Laura Smith

Mark Smith
Nancy Smith
Ray Smith
Jeff Snyder
Donna Speicher

Marty Sperry
Sue Stafford
Jill Stanley
Jon Stapes
Bruce Staples

Bob State
Linda Stepp
Julie Sterrett
Mona Stevenson
Diane Stocker

Kenneth Stoner
Randy Stotts
Danette Street
David Stringer
Vicki Stringham

Jill Stroud
Janice Stump
Chris Sullivan
Shauna Swanson
Jeanette Sztukowski

Tom Sztukowski
Nancy Taggart
Allan Test
Jim Thacker
Carrie Thoermer

Paul Thurmond
Cindy Timmons
Barb Toncar
Larry Toomey
Don Treanor

Jean Tursi
Tracy Umdenstock
Janice Vandervelde
Willis Vanzee
Cindy Virden

Ken Virden
Joe Waldron
Doug Walker
Mary Ellen Walker
Teresa Walker

Kathy Walsmith
Marc Ward
Terry Ware
Patty Watson
Sharon Watson

Kim Watts
Jo Ellen Webley
Craig West
Catherine Wheeler
Kent Whitmore

Jack Wilson
Jenifer Wiltsie
Debbie Winne
Shelley Woods
Vicki Woods

Ron Woolson
Debbie Wren
Gene Wright
Tom Yates
Phil Yetter

Arlene Young
Darlene Young
Patty Young
Jon Zarley
Mark Cochran

Seniors not pictured

Lorraine Ahlberg
Mark Alfonso
Clifford Baker
Brian Baumhover
Cheryl Beck
Daniel Benshoff
Vincent Berardi
Roderick Best
Richard Burchard
Christine Cardamon
Dennis Chrisinger
Terry Chumbley
Thomas Cooper
Roy Cosner
William Findley
Patrick Fusaro
Gayle Gale
Rodney Garber
Joline Gardner
Debra Genovese
Kent Goble
Kevin Goode
Nancy Goodwin
Loretta Griffin
William Griffin
Cindy Groves
Kevin Heglin
Mitchell Henry
Michael Hoffman
Joyce Janis
Curtis Kemp
Douglas Kennedy
Mark Kingkade
Joe Kline
James Lanning
Bryan Larson
Larry Lloyd
Harley Maize
Bradley McCoy
Joyce McCoy
Ronald McNeeley
Trudy McNeish
Deborah Michalski
Michele Mulstay
Paula Mundy
Ronald Murchison
George Nagla
George Nash
William Oxford
Brian Palmer
Mary Peterson
Richard Pogue
Terri Prothero
Jerry Ragan
Clark Rasmussen
Berry Reeves
Jakie Richardson
Vickie Riche
Timothy Roney
Kevin Rosendahl
Sheryl Rounds
Kimberly Russell
Timothy Sater
Donald Scanlon
Michael Sigmund
Mary Sinclair
Mary Soroka
Christopher Speirs
Gregory Stanley
Terry Stratton
Kent Textor
Kevin Turk
Joseph Vulcano
Rodger Weikum
Ronald Weston
Carol Wise
Kimberly Wolfley
Rickie Woodyard

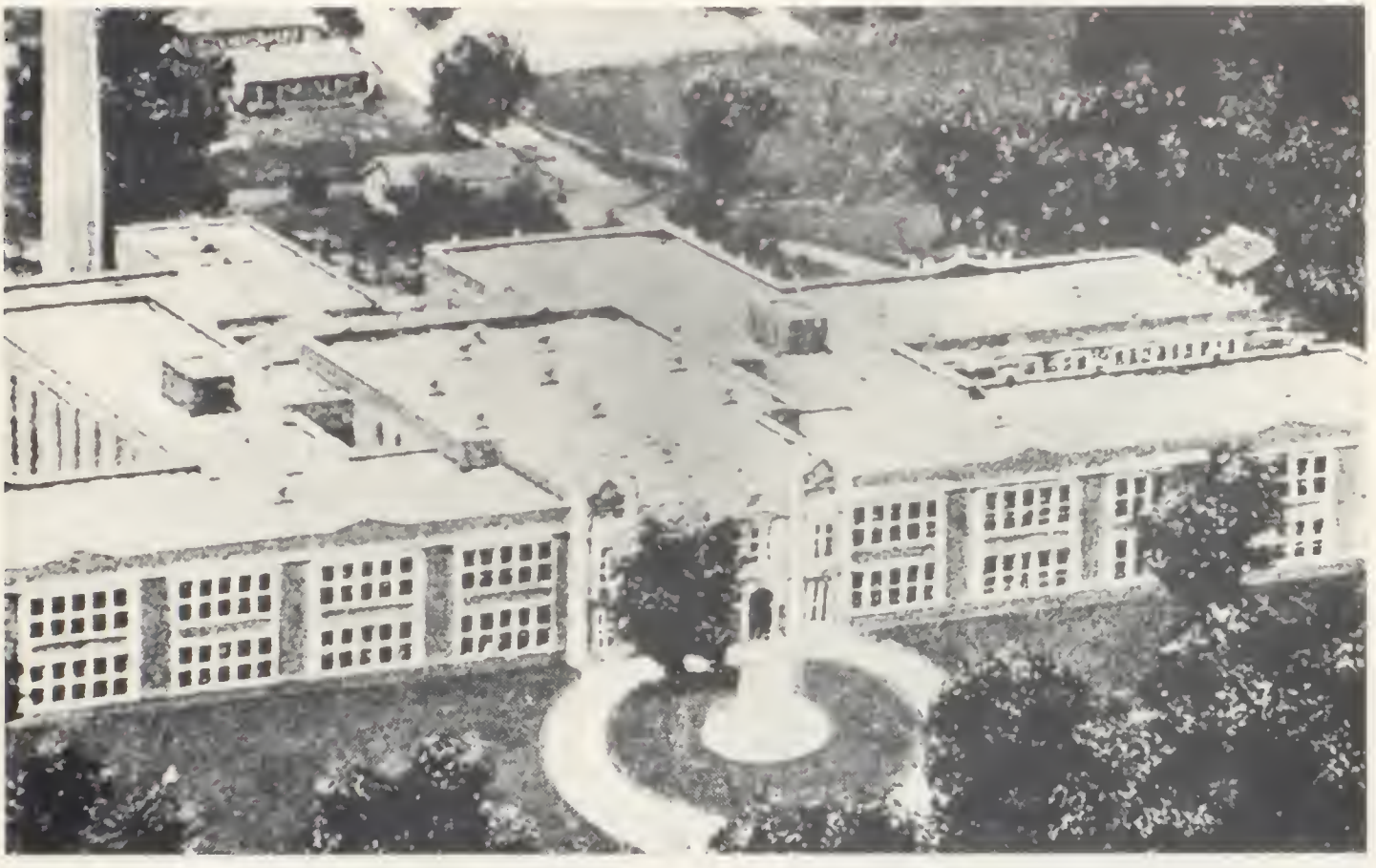
In Memory Of...

Gigi Wilson Kean
1957-1975

Rainbow slides
and starry stairs,
Lighted nights
and cotton candy clouds
surround the world
above.
Believe, my friends,
that though life is sweet,
my world is just
as grand.
I live as strong
as ever,
in a world of smiles
and love.
But I won't forget you,
as you won't me.
We shall both live on
and on.
We shall guide each other
through all tomorrows
and treasure each
yesterday.
Believe in me, friends,
for though I'm not here
I'll be ready to greet you,
with open arms,
as you're climbing
heaven's star-steps
to the sky.

Cindi Nevins

We've watched you grow, Lincoln High



Dear Lincoln,

I would just like to thank you for these past three years. I know I haven't always been faithful to you but I would like to apologize for that.

Lincoln, I hope I have given you a part of myself because you will always be a part of me. And, oh yes, I will miss you greatly.

Sincerely,

The Senior Class

Lincoln High (top) aerial view, as it appeared in 1924.

Top 3 per cent

Diane Kay Baker
Pamela G. Cross
Mary K. Felice
Jeffrey Robert Gabler
David Warner Green
Robin S. Hoehsetter
David Leo Hollinrake
Christopher Kern
Kevin W. Livingood
Nor Rae Jean Merkel
Nathan Jan Runkel
Peggy Lucille Shaw
Bruce Harron Staples
Paul H. Thurmond
Phillip Yetter
Jonathan Zarley

Top 15 per cent

Jo Akkerman
Emi Albright
Mary Aller
James Bell
Laura Blunk
Randall Bredehoft
Mark Brightman
Graig Brown
Gregory Chamberlain
Sarah Clark
Linda Close
Julie Conner
Barbara Countryman
John Crouch
Sheryl Darrah
Bobby Lee Dearth
Tracy Ann Elder
Jan Enslow
Cheryl Fargo
Gayle Garnett
Linda Groves
Roger Hart
Teresa Heathcote
Paul Holmes
Peggy E. Houghtaling
Sheryl Jeffries
Kevin Ketzler
Rose M. King
Melody Knauer
Kelsey Koons
Steven Kuntz
Valerie Laeona
Michael Lantz
Robin E. McDougall
Tammie McKibben
Susan McVey
Tracy Mehl
Pamela Mercer
Dawn Messenger
Dianne Moore
Sheryl Moore
Laree Moro
Jean M. Morris
Russell Morris
Cynthia Nevins
Sheryl Olson
Scott Parks
Marta Perez
Daniel Powell
Debra Proudfit
Diana M. Reeves
Pamela Rizzuti
Cathleen Sagrillo
Stephanie Schissel
Michael Sedars
Raymond Smith
Diana Stocker
Thomas Sztukowski
Allan Test
Donald Treanor
Tracy Umdenstock
Janice Vander Velde
Kathy Walsmith
Patricia Watson
Catherine Wheeler
Arlene Young
Darlene Young

FAREWELL

Dear Abe,
There is more to you
than what meets
the eye.
You are an institution,
a feeling,
a hope.
Within your walls,
you hold many memories.
You've seen success
and failure.
You've witnessed disappointment
and shared dreams.
You're felt the sting of hate
and the triumph of love.
You have experienced death
and conquered life.
Now, after many years,
here am I
at your threshold,
on my way out,
on my way in;
into a world
which can become only
what I make of it.

I will carry through life
all that you have taught me;
the knowledge of
your institution,
the feelings of loyalty
and of determination
and hope.
The hope that will
guide me through
the dark woods and
over rocky roads.
These things I will keep
with me,
but probably take for granted,
until someday,
when my children's
children
drag out this
brittle, yellowed yearbook,
and I am explaining
why we wore our hair that way,
I will remember,
just for a moment,
and thank you,
to myself,
for all that you've given me.

Cindi Nevins

Discovering a New World

Published by:

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Cindi Nevins
Larry Toomey

Lay-out Editors:
Sue Hickle
Nancy Link

Section Editors:

We The People:
Linda Close
Kathy Felice

Forming a More Perfect Union:
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Mike Sedars

Winning Freedom:
Bob Dearth
Sue Fresco

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JoEllen Ackerman
Marsh Reynolds
Pam Rizzuti

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Des Moines Tribune

From left to right: Julie Conner, Groig Brown, Cothy Sogrillo.

As o port of Younkers firm belief in the young people of todoy, o progrom is offered eoch yeor for the Des Moines oreo schools . . . TEEN BOARD for junior ond senior girls ond ADVISORY BOARD for junior ond senior boys. These young people, selected to represent their schools, ore chosen for leadership qualities, high scholostic stondings, personol recommendotions from school odministrotors ond evoluation from members of the retiring boards, plus their interest ond obility in retail ond fashion. They porticipote in speciol foshion shows during the yeor, give tolks in their schools ond to other groups on good grooming, publish o monthly newsletter ond work in vorious junior departments eoch Soturdoy. Ycunkers solutes the representotives from LINCOLN HIGH SCHOOL for a job very well done.

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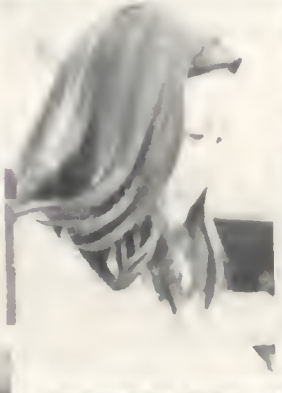
Homeroom 125
Van Tuyl

Bye Bye



Railsplitter Bands

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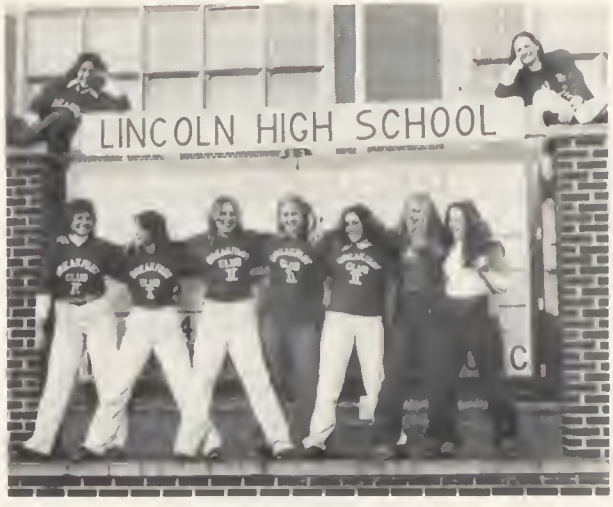

L. to R.: 'Tessie' Burriala, 'Ja Ja' Akkerman, 'Harpa' Harper, 'Swig' Schweiger, 'L&M' Macasa, 'Ragu' Cannar, 'Space' Umdenstock, 'Decay Jay' Smith, 'Lizard' Harbert. Not pictured: 'Caudle' Caudill, 'Brawnie' Brawn.

Mr. Bert Johnson

Homeroom 25

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"Our new society" believes that everybody is doing the best they can.

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HOMEROOM 236

Canned Goods Drive Champs

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SENIOR H. R. 219

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Not pictured: Terry Chumbley

R. D. K.

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Henry. Thanks a lot, Dad.

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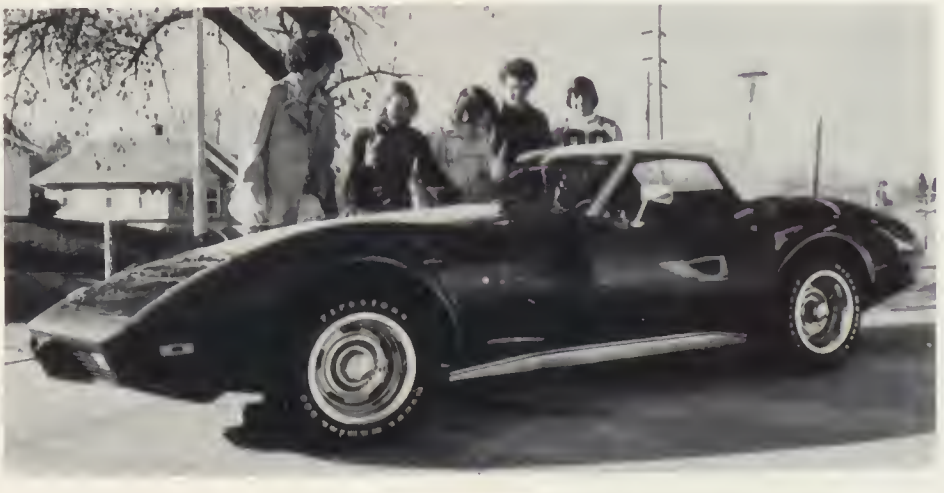

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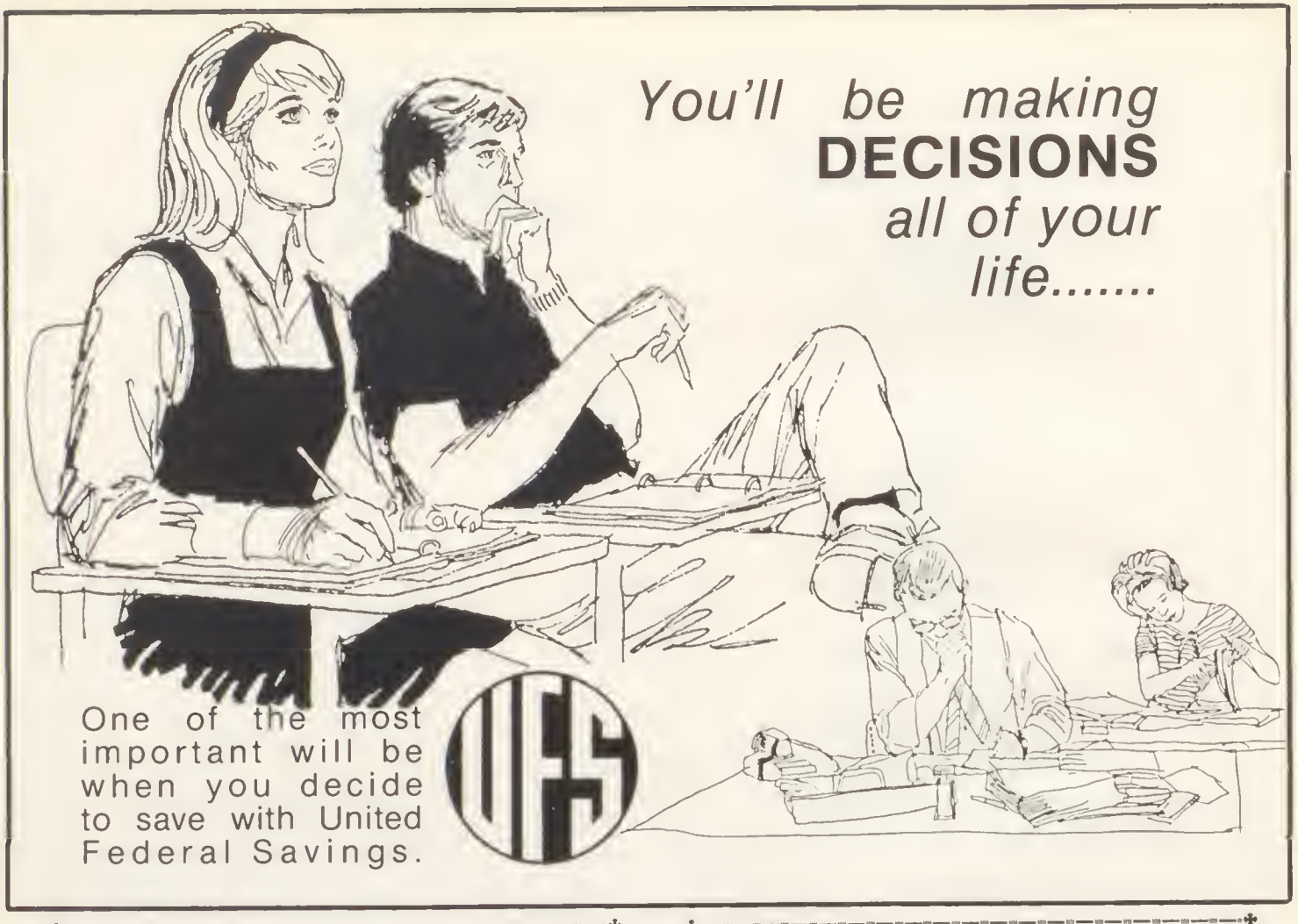
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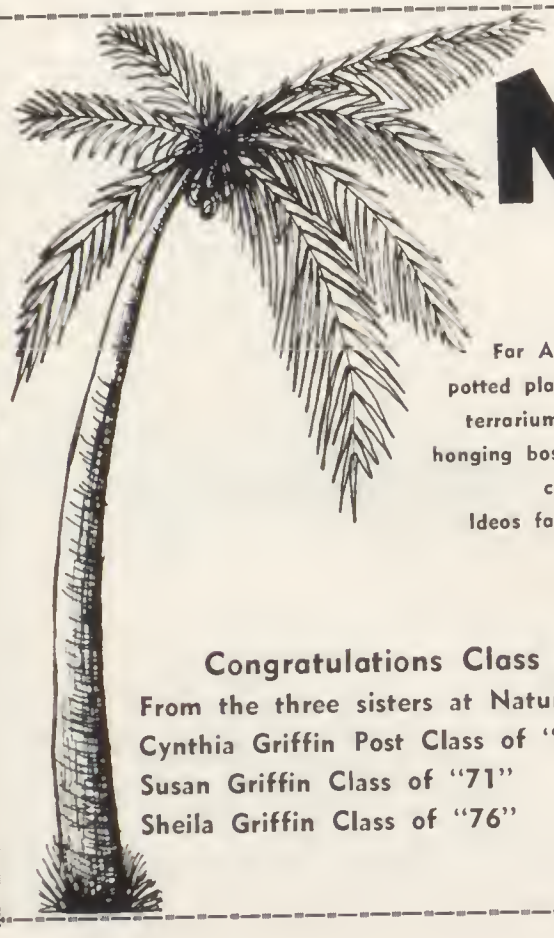

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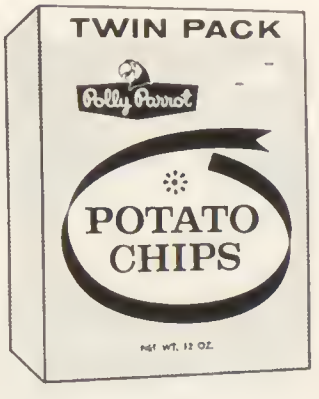

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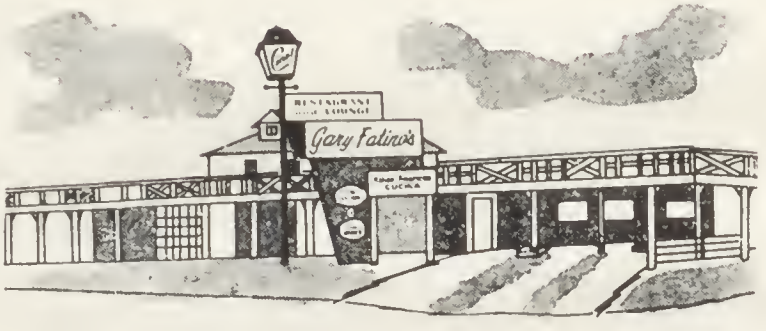

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